

# Only 48 days left . . .

. . . until the onset of the gray, glum, gloppy days we know as a Northwest winter.

Still, if we can't hit our beloved beaches, mountains, and forest trails, we can stretch our minds with a pair – maybe more – of free adult exploration groups at OUUF.

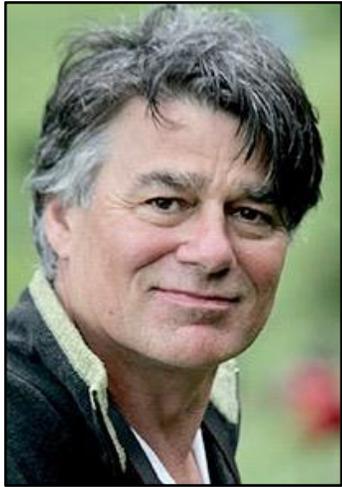
The following dates are tentative and may change based on how many people sign up, but they're firm enough to consult your calendars and set aside time for:

## 1. *Healing Words: The Poetry and Prose of David Whyte.*

Joan Enoch, a new OUUF Friend, will present this four-session course on how poetry's rhythm, metaphor, and imagery can be what Joan calls a "potent healer" as well as warm the heart.

Joan says Whyte (b. 1955) has written seven books of poetry and four of prose. They treat life as a pilgrimage, and participants will journey through them – and perhaps try their own hands at poetry.

Joan, a psychiatrist/psychoanalyst, recently moved to Sequim from Port Townsend, where she teaches a variety of classes at Quimper Unitarian Universalist Fellowship.



David Whyte

Participants should have at least one Whyte poetry collection or prose work.

*Healing Words* tentatively will start at 2 p.m. Wednesday, Jan. 9, and continue at that time Wednesdays through Jan. 30, in the OUUF Sanctuary. Sessions will last 90 to 120 minutes.

2. *Stalking the Bewildering Ken Wilber.* George Lindamood, another Friend, will guide this exploration of Wilber's *A Theory of Everything* over seven weeks beginning at 2 p.m. Feb. 6 in the Sanctuary. Each segment will last 90 to 120 minutes.

Participants should read Wilber's 182-page book (\$16.11 at Amazon, \$12.99 on Kindle), which George describes as a revolutionary integration of the realms of body, mind, soul, and spirit.

George is a semi-retired mathematician, computer scientist, engineer and ordained minister in the New Thought Church who earned a doctorate in religious Studies in 2011. He has made two Sunday presentations at OUUF.



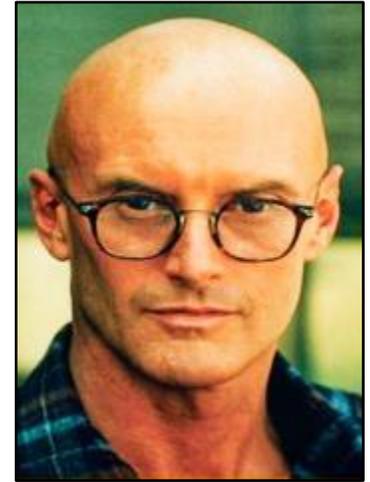
*Doesn't.*

George Lindamood

The book, published in 2000, was written by Lindamood's friend and professor at Otterbein University in Ohio, Paul Alan Laughlin.

Lindamood describes himself as having been in "recovery" from 13 years of Lutheran instruction. He says the course is his attempt to heal like-minded people's wounds left when they tore themselves away from mainline religions.

4. Also unscheduled is a laboratory course in poetry writing by Joan Enoch,



Ken Wilber

3. *Remedial Christianity for Recovering and Unredeemed Christians* has not been scheduled pending the Fellowship's interest in it.

The course would explore *Remedial Christianity: What Every Believer Should Know About the Faith but Probably*



Paul Laughlin

with details to be announced.

5. And in the belief that if we ever stop laughing, we'll only start screaming (and likely never, ever stop) comes Kitty Hawks. The leader of OUUF's Herding Cats day-trip group, she says people are "challenged to find the joy, the silly, the what-the-heck and the 'whatever'."



Her group — half-jokingly dubbed *Herding Tee-Hees* — would gather weekly, perhaps at OUUF, at another location, or in participants' homes. It remains unscheduled pending people's interest.

Anyone interested in any of the proposed groups should email Jim Casey at [membership@OlympicUUF.com](mailto:membership@OlympicUUF.com) or at [OUUFoutreach@olypen.com](mailto:OUUFoutreach@olypen.com), or call him at 360-417-3149.

Jim will collect the responses, forward them to the course leaders, and announce the outcomes in future editions of *The OUUF Weekly Update*, our Facebook page, and *OlympicUUF.com*.

Kitty Hawks

Later, he will announce the programs to persons outside the Fellowship. It isn't too early to start planning for 2019 — especially in consideration of the people who would donate their time and knowledge to lead these activities.

Given enough enthusiasm, even more adult programs could be coming to OUUF.

— *Jim Casey*  
Outreach/Membership Manager