



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
P O Box 576
Carlsborg, WA 98324

360-417-2665
info@olvmnicuuf.com

March 14, 2019

Calendar

Thursday, March 14

Reflections, Women's Group 1:00 P.M. (scent free)
Contact: Serena Mylchreest at serena@mylchreest.com

Sunday, March 17

Please join us for coffee and snacks after the service.

OUUF Potluck,
11:45am - 12:30pm.

Please include written ingredient information with your dish.

OUUF Board of Trustees
12:30 PM.

Community Read Class, 2:00pm,
Portable Contact: Bob Nuffer,
(360) 683 - 5670,
mailto:e_nuffer@msn.com

Monday, March 18

Dance Exercise for Parkinson's Disease, 10:30am

Contact: Marsha Melnick,
(360) 683 - 5712

Tuesday, March 19

Reading for Fun! 1st and 3rd Tuesdays. 1 PM.

Meet in SunLand (135 Fairway Drive, Sequim).

Kitty, 206-755-2832,

<mailto:aletthawks@yahoo.com>

Choir Practice, 3:00 - 4:30 pm

Contact: Joel Yelland at
joelyelland@gmail.com

Community Drum Circle, 6:30pm

Contact: Penny Burdick at
DrPennySequim@gmail.com
or (360) 683-3819

Wednesday, March 20

Dance Exercise for Parkinson's Disease, 10:30am

Contact: Marsha Melnick,
(360) 683 - 5712

Men's Lunch Bunch, 11:30 am - 1:00 pm, Fellowship Hall. Contact: Bob Nuffer, e_nuff@msn.com

All Things Considered, Women's Evening Group, 7:00pm,

Member's Home

Contact: Jean Stratton
(360) 452-6719,
jeanmstratton@gmail.com

Men's Evening Group, 7:00pm,

Member's Home

Contact: George Stratton
(360) 452-6719

Sunday, March 24

Speaker: Joseph Bednarik

Sermon: Specialize in the Impossible

Social Justice Committee,

12noon. Contact: Ren Garypie,
(269) 719 - 5215,

rengarypie@yahoo.com

Community Read Class, 2:00pm,

Portable Contact: Bob Nuffer,
(360) 683 - 5670,

mailto:e_nuff@msn.com

Upcoming Sunday Service



Sunday, March 17, 2019

Speaker: April Frazier

Sermon: Risking Transformation

Description: There is a loneliness that comes from hiding our true selves and keeping silent about what we need. By risking speaking our truth with persons we can trust, there is the possibility of connection, which can break down the barriers of isolation, leaving room for the freedom and beauty of transformation. This is a vision for what our lives

can be like in the community.

Bio: Set for ordination at the end of March, April Frazier is a community minister affiliated with Shoreline UUC. She received her M.Div. from Vanderbilt University in Nashville, TN, and for the past several years she has worked as a home hospice chaplain. Originally from South Dakota, she lived in Portland, Oregon after college and fell in love with the Pacific Northwest. She lives in Kenmore with her husband and their 4-year-old daughter.



Sunday, March 24, 2019

Speaker: Joseph Bednarik

Sermon: Specialize in the Impossible

Description: In this bright dark world of beauty and tumult, poet Theodore Roethke said: "What we need is more people who specialize in the impossible." Why would anyone bother with the impossible? This sermon explores those noteworthy realms of possible and impossible,

and what powers we need to harness to become that specialist our world so desperately needs.

Bio: Joseph Bednarik serves as the Pulpit Assistant at Quimper Unitarian Universalist Fellowship in Port Townsend, Washington. He studied philosophy at Haverford College and has worked in literary publishing for over twenty years. He is currently the Co-Publisher of Copper Canyon Press, a nonprofit dedicated to poetry.



ANNOUNCEMENTS

ANNOUNCEMENTS are due Tuesdays by 12noon.

Submission Guidelines: [OUUF Publication Submission Guidelines](#)

Send to Social Media Editor, Pattie Miles at socialmedia@OlympicUUF.com.

1. Please send announcements in Word or in the body of the email and photos in jpg.
2. No PDFs, please.
3. Please keep the word limit to 100 for the Weekly Update and 50 for the Order of Service.
4. Include your name and contact information in the body of the email.

29 Bags of Trash on the Road! It was a beautiful morning for picking up trash along 101. Our fellowship participants were: Shannon & Cory Boss, Ron Corrado, Don Hatler, Kitty Hawks, Dave Large, Dianne & Dan Whitaker, George Will. * * * Dave Large wins The Trash Master Award for March 2019 * * * Dave picked up 5 bags! * * * George Will wins the Money Grubber Award for March 2019 * * * He found \$6.00!

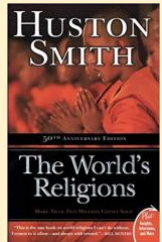


Advance Notice: Contemplative Services will happily begin their third year at OUUF on Tuesday, April 2nd at 6:00pm. Services will continue at the same time and location on the first Tuesday of every month until Winter. (With the exception of July) For information contact Joel Yelland <JoelYelland@gmail.com> or Diane Hill-Dwyer <DJZHill@Q.com>.

FIFTH SUNDAY FORUM: Further Along the Welcoming Road Less Traveled. Come listen to our distinguished panel on March 31st at 12:30 as we address being a truly Welcoming Congregation to LGBTQAI peoples. Come learn what all the initials mean, what has been our history as a Welcoming Congregation, and how we can extend a hand of friendship to visitors. This is our March Fifth Sunday Forum. Considering the recent vote of the United Methodist General Assembly on same-sex marriage and gay clergy, this is a timely topic to discuss. Please join us.



If you forgot to spring forward and missed fellowship on Sunday, you missed a great presentation by George Lindamood. For all you Doug Adams fans, we now know why "42" is the answer to the meaning of life. If you missed it or if you were there and want a copy of the sermon please e-mail diannewhit@aol.com to have one e-mailed to you.



LIBRARY NOTES: This time of year, there are several major religious holidays celebrated by various world religions. To learn more about these observances, you are invited to explore the WORLD RELIGIONS section of the OUUF library. There are books about individual faiths, like The Spiritual Path: Buddha Zen Tao Tantra, published by the Osho International Foundation, Switzerland. There are also more comprehensive books, such as The Illustrated World's Religions: A Guide to Our Wisdom Traditions, by

Huston Smith. As always, the books check out on the honor system and are easily returned by placing them in the library's return basket.

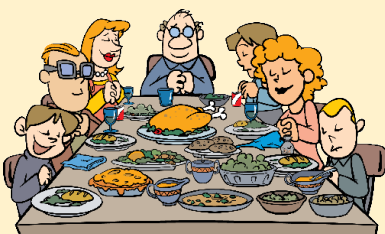
Needed: Space to hold materials for Homeless Connect. Sandy Goodwick has been good enough the last few years to let us use her gardening sheds and garage to house Homeless Connect material. We are seeking space (nice if it was close to the church) to house a small number of items all year and during the 6-7 weeks of clothing sorting in Jan-Feb we need a larger space (like a one car garage size). Please contact Florence Bucierka at florenceb@wavecable.com



The Tim Tebow Foundation in conjunction with Clallam Mosaic, a non-profit organization dedicated to empowering those in our area with Special Needs is sponsoring "A Night to Shine" at the Roosevelt Elementary School (106 Monroe Ave.) in Port Angeles on Saturday, March 23rd from 3-6PM.

The purpose is to recognize those with different abilities with the activities of dinner, dance, and entertainment. It is a gala evening with our friends and neighbors treated to a Prom Night atmosphere with the assistance of volunteers who make this happen.

To volunteer to be of service, please call Clallam Mosaic at 360-681-8642, or email: <mailto:info@clallamosaic.org>.



We're starting the March/April round of 7@7 dinners. If you wish to participate contact Walt Johnson at coffee hour or email him at <mailto:1walterjohnson2@gmail.com>

OUUF BOARD OF TRUSTEES

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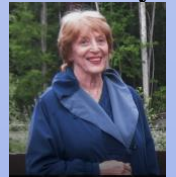
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OUFF at UUA's General Assembly



THE POWER OF WE

The Power of We

In a time of great challenge and heartbreak in our world, what does our faith demand from us? At this year's General Assembly, we will explore the power, possibility, purpose, struggle and joy of finding the path forward together as Unitarian Universalists. Attendees will leave inspired, with the tools needed to carry on the work into their own congregations and communities. Join us as we work for collective liberation inside and outside our faith.

The 2019 Ware Lecturer is [Richard Blanco](#). Selected by President Obama as the fifth inaugural poet in U.S. history, Richard Blanco is the youngest and the first Latino, immigrant, and gay person to serve in such a role.

View the [GA Schedule](#).

Promote GA to your congregation or group with these [Marketing Materials](#).

[Propose a GA Poster Session](#) by March 1.

[Financial aid](#), [registration](#), and [housing](#) reservations will open March 1.

[Advertising and Sponsorship reservations](#) will be accepted through March 15.

Spokane

General Assembly 2019 will take place at the Spokane Convention Center, 334 W Spokane Falls Blvd, Spokane, WA 99201. [Google map](#). The Spokane Convention Center is an attractive, [LEED certified](#) facility located in downtown Spokane, featuring accessible parking, automatic entrance doors, and wheelchair accessible elevators. There is natural light from floor-to-ceiling windows, which look out over the Spokane River. Two of the three General Assembly hotels are connected to the convention center, with rates ranging from \$123 to \$149 per night.

The [Spokane](#) region is the gateway for adventure and exploration in the Intermountain Northwest. Located driving distance from Glacier National Park and Yellowstone, Spokane is nestled in natural beauty.

Spokane International Airport (GEG) is serviced by Alaska, American, Delta, Frontier, Southwest, and United Airlines. Nonstop service is offered to 17 destinations, including Minneapolis, Chicago, Dallas, Phoenix, and LAX.

Spokane - Portland/Seattle). It is also reachable by [Greyhound Bus](#).

More about [traveling to Spokane](#).



ONGOING GROUPS

Reading for the fun of it!

Short Story Book Group
First & Third Tuesdays at 10 am
To learn more contact:
Kitty Hawks
206-755-2832 or
alettehawks@yahoo.com

Tuesday Brunch

Second and Fourth Tuesdays
11 am at the Mariner Restaurant
in the JCPenney mall in Sequim
For more information contact:
Vivian Mulligan
vivian.mulligan@gmail.com

Men's Lunch Bunch

First & third Wednesdays
11:30am
Participants bring food to
prepare. Congenial conversation
and support.
For More information contact:
Bob Nuffer
e_nuff@msn.com

OOUF Men's Group

Wednesdays, 7-9 pm
At members' homes.
For More information contact:
George Stratton
(360) 452-6719

OOUF Women's Groups

All Things Considered
Evening Group
Wednesdays, 7-9 PM. At
members' homes
For More information contact:
Jean Stratton
360-452-6719 or
jeanmstratton@gmail.com

Reflections

Second and fourth Thursday 1-3
PM at the Fellowship Hall
For More information contact:
Serena Mylchreest
serena@mylchreest.com

Choir

OOUF Sundays at 9:30 am and
Tuesdays at 3:00 pm.
Newcomers welcome!
For More information contact:
Choir Director
Joel Yelland
509-322-5328 or
JoelYelland@gmail.com



For details on how
to join or start an
OOUF Affinity
Group:

[OOUF Affinity Groups](#)

Social Justice

Dismantling our Whiteness: Finding Wholeness in Resistance

Sunday, March 24

9:30-1:30 pm

Break 1:30-2:30 pm

2:30-4:30 pm (Optional Deeper Dive...no additional cost)

Join Dylan Wilder Quinn and Jennie Pearl for an intro relational workshop on understanding and dismantling whiteness. While this workshop is geared towards white identified people, all racial identities are welcome with the awareness that there will be white people in the space wrestling with their own racism. (This event is free for POC.)

This workshop does not replace your work with people of color (POC)-led leadership and movements. We should respect this process as a portion of the work, not the complete picture. Jennie and Dylan work alongside Porsha Beed and Aaron Johnson as part of a larger team called Holistic Resistance (www.holisticresistance.com). While they aren't facilitating this event, it opens the door for potential workshops in the future on Reaching for Blackness. White people working with accountability from POC is an essential piece of not putting the burden exclusively on POC to help white people unlearn their racism and build resilience and community in this work. For us white folks, this also involves us taking on the labor of supporting and building skills with each other so that we are centering POC-led movements.

WHAT TO EXPECT:

- Question-based inquiry to reflect on how racism is showing up in our lives
- Growing resilience to discomfort and other feelings that come up for us in this work
- Grounding and centering practices
- Partner and full group work
- Somatic work around noticing and undoing how racism lives in our bodies.
- Reflections around next-steps and strategies to stay engaged

OUR APPROACH

We focus on relationships first as we do this work. While dismantling systems, we also need to be building the world we want to live in. While anti-racism content like history and stories of lived experiences from People of Color are necessary in this work, we notice that all of this is already widely accessible in this world, largely from People of Color, through websites, books, articles, podcasts, social media, and other workshops. What's not as accessible is authentic human connection around anti-racism, particularly with fellow white people. It is much harder to build relationships and our approach fosters this connection. We believe education, history and learning about systems is imperative AND best transformed when done in relationship with others. Through this process we will also find wholeness and community.

Space is Limited

Payment and Registration:

Sliding Scale (\$100-\$300)

The true cost of this workshop is \$200 to support Dylan and Jennie doing this work sustainably over the long term. Pay more if you are able, as it directly allows us to offer this work at accessible rates. We are committed to offering a sliding scale, particularly for LGBTQIA folks, people with disabilities, and people with low income. Please get in touch with us if you are also in need of further scholarship. We want you in this work!

***10% of the income from the workshop will go directly to People of Color.

About the Facilitators:

Dylan Wilder Quinn (they/he/she) has been facilitating and educating groups for 16 years. They look to connect deeply with everyone who is wanting to create a different world that we know is possible, based in justice and connection. Read more at www.dylanwilderquinn.com.

Jennie Pearl (she/her) is an anti-oppression facilitator, yoga teacher, and bodyworker, bridging the gap between social justice and healing. Read more at www.jenniepearl.com.