

OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road P O Box 576 Carlsborg, WA 98324 360-417-2665

May 3 - 10, 2020

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SUNDAY SERVICE SPEAKERS

SUNDAY SPEAKER MAY 3RD: BRUCE BODE

SUNDAY SPEAKER MAY 10TH - JOSEPH BEDNARIK

We will send an email with the order of service, and the Zoom dial-in information at the end of the week



Stay safe and enjoy the Great Pause

Please mail your donation/pledge to the address below

OUUF P O Box 576 Carlsborg, WA 98324

PLEASE DO NOT MAIL TO STREET ADDRESS

If you have any questions please contact Don Hatler at donaldhatler1936@gmail.com or Serena Mylchreest at serena@mylchreest.com

ANNOUNCEMENTS

We reserve the right to edit your submission for length and grammar

How about a veggie garden?

We have been thinking about how to respond to these times and how we could do something to support our Fellowship. We (Seri and Rose) came up with the idea of a veggie raised-bed garden behind our church building. We would seek support from church leaders and ideas from our gardeners to see what we could



do. The President, Dianne Whitaker, Administrator Elinor Tennyson, and Board Members were enthusiastic in their support. Donations were promised and we are off and running. It will be an all-volunteer and donation only effort.

We have located a local raised-bed maker in Carlsborg and ordered his classic 8'x3'x11" cedar raised-bed frame. We believe that we have an excellent place to set this up which is behind the library. There is a water spigot there. With enough donations and workers, we will set up another one, etc. We have consulted with Geri Napier regarding planting priorities and timing of the plants. Our goal is to provide fresh veggies to those seeking them in our Fellowship and have some for our garden tenders.

If you would like to donate, please write "garden project" on the memo line of your check made out to OUUF

If anyone grows veggies from seed and has extras, please let us know. We thank Phil Zenner and Lou Foldoe who have already stepped-up to help. Rose Prestipino and Seri Mylchreest.



A MINUTE OF CONNECTION:

No matter your personal situation, these are trying times. Many of us rely on our OUUF community to drawn strength and find peace. We miss our person to person contact whether it has been weekly or several times each week. How can we keep connected? Azella called me the other day and suggested we pick a time each week when we take a minute to take a deep breath, be perfectly quiet, meditate or pray, knowing we are connecting with our OUUF community Sunday, the 10TH of May at 1:00 PM please join us in this minute of connection. Dianne Whitaker

SHARE YOUR PICTURES:

Would you like to share pictures and/or videos of your flowers, your view while "social distancing", your pets or ??? Find a picture (or several) that have meaning for you... maybe a video you took on your cell phone... and if you send them to me (either email - sgoodwick@aol.com, or cell 818-489-8626) I will turn it into an OUUF home movie... something for our website. (An iMovie... nothing incredibly hard... kids learn how to make them in elementary school) - Sandy Goodwick



TEXT BY MARGO REINHART:

Mystic, writer and theologian Thomas Merton tells us that everyone should develop a creative, contemplative practice. Merton's message has always been to find the wholeness within ourselves. Which we can only do by slowing down, spending time in our thoughts, allowing ourselves to create through meditation, poetry, writing, painting, just sitting - all so that we can better know ourselves. He says:

"There is in us an instinct for newness, for renewal, for a liberation of creative power. We seek to awaken in ourselves a force which really changes our lives from within. And yet the same instinct tells us that this change is a recovery of that which is deepest, most original, most personal in ourselves. To be born again is not to become somebody else, but to become ourselves."

The question becomes: can we use this time of COVID isolation to make space to listen to our own deepest longings and to begin to trust those more? A time to focus on process rather than product. Allow writing, or reading, walking, or painting or simply being to be free, imperfect but also an expression of our inner awareness.

SUBMITTED BY FLORENCE BUCIERKA:

We fell asleep in one world and woke up in another Suddenly Disney is out of magic Paris is no longer romantic New York doesn't stand up anymore The Chinese Wall is no longer a fortress And Mecca is empty Hugs & kisses suddenly became weapons And not visiting parents & friends became an act of love. Suddenly you realise that power, beauty & money are

They can't get you the oxygen you're fighting for

The world continues its life and it is beautiful but humans are in cages.

I think it is sending us a message:

"You are not necessary.

The air, earth, water and sky without you are fine. When you come back, remember that you are my guests.....not my masters."

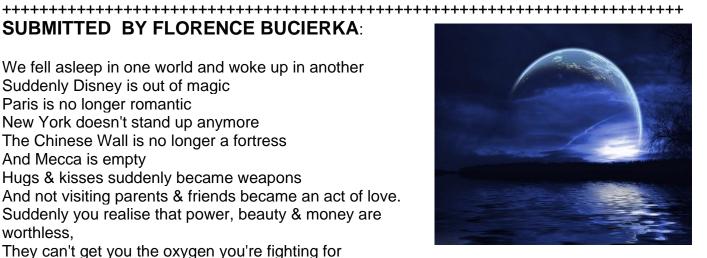
(Author unknown)

worthless.



If you need a cloth face mask contact Seri Mylchreest serena@mylchreest.com 360-775-6606

T-SHIRTS: Thanks for the **T-shirt** donations. I have plenty to use for face mask ties for now.





OUUF Care Team

Just an update to let you know we do care about our members and friends during this time of

distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings.

Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as acting chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: jeanmstratton@gmail.com

You are part of our loving community.

GOOD NEWS:

From Dana Casev

Social Security finally came through with some of Jim's pension for me. They also sent me a lump sum for the 7 months they had not paid me. With deep gratitude for all the help OUUF gave me last fall and winter, I am making



a donation of \$1,000. I cannot thank everyone personally since much of the monetary help came anonymously. I hope my contribution to OUUF will serve as a thank you to everyone. I would not have made it through those terrible first months without all your support and help.



CARE CARDS:

As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses.

SUNDAY SERVICE CHILDREN'S STORY:

Please contact Cynthia Green at cynthiagreen@outlook.com if you are interested in reading a children's book for our Sunday Zoom services. It should be a book that you can read in five or six minutes or less. When you practice reading it be sure and add the time it will take for you to show the pictures. At this time we are not putting the illustrations on PowerPoint slides."



HELPING PEOPLE IN NEED BECAUSE OF COVID-19

Two good choices to send money to people in need in our area who are impacted by the Coronavirus are:

(1) UNITED WAY OF CLALLAM COUNTY.

Write your check to United Way of Clallam County. Designate on your check Clallam COVID-19 FUND. Mail your check to United Way of Clallam County, P.O. Box 937, Port Angeles, WA 98362.



(2) PENINSULA HOME FUND.

This fund is sponsored by the Peninsula Daily News and managed by **OLYCAP**. Write your check to "Peninsula Home Fund." Designate on check COVID-19 Relief Fund. Mail check to Peninsula Daily News Home Fund, P.O. Box 1330, Port Angeles, WA 98362.

. . .

Both organizations will distribute money to people in need. The former fund stays in Clallam County, the latter fund in Clallam and Jefferson Counties. – Ren Garypie

MOTHER'S DAY



Julia Ward Howe

In 1872, Unitarian Julia Ward Howe began advocating the creation of a "Mother's Day for Peace" to be held on June 2 each year. Anna Jarvis, a Methodist, began a campaign to establish a permanent Mother's Day. By the following year, the YMCA had taken up the cause and, in 1914, Woodrow Wilson signed a congressional resolution establishing Mother's Day in the United States. In time, the day came to be marked in many other countries. In Unitarian Universalist congregations, the day has increasingly taken on a sense of being a day to mark the contributions of all women.

The history of Mother's Day reminds us that it is more than a day for flowers and pancakes. It's a time to highlight the aspects of motherhood that are not usually visible in the greeting card aisles. It's a call to honor the resiliency of all those who mother, especially those who bear the brunt of hurtful policies or who are weighed down by stigma in our culture. It's an opportunity to take action to create the conditions so that all families can thrive.