



OUUF Weekly Update An Inclusive Community

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July 5 -- 12 2020



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SUNDAY SERVICE SPEAKER July 5, 2020



Guest Speaker: Joseph Bednarik

Sermon: You Are Here. Now What?

Description:

The large map is on display behind plexiglass. A bold arrow points to a spot and three words announce, in no uncertain terms: "You are here." These three words--each on its own then working together--are profound: Individuality. Existence. Location. This sermon follows that arrow to a specific spot on the map, bows to the miracle of existence, then asks "OK. Now what?"

BIO:

Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region.

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An email with the Zoom invite information will be sent on Fridays. ***If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com***

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ZOOM SECURITY: Sunday Service

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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Izzy Flowers

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Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar.
Announcements need to be submitted by Tuesday.to admin@olympicuuf.com

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UPCOMING SUNDAY SPEAKERS:

July 12	Amanda Aikman	Aug 9	Bruce Bode
July 19	Bruce Bode	Aug 16	Joseph Bednarik
July 26	Joseph Bednarik	Aug 23	Joseph Bednarik
Aug 2	Jamal Rahman	Aug 30	Bruce or Bridget

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Gratitude unlocks the fullness of life.

It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, and confusion into clarity. It can turn a meal into a celebration, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace to today, and creates a vision for tomorrow - Melody Beattie

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News from your Board of Trustees:

OOUF's Board of Trustees meets monthly on the 3rd Sunday of each month. The past 3 months we have been meeting over Zoom. The meetings usually last about 1 ½ hours. Every month we reassess when we can hold services again in person. We are planning to be Zooming for at least July and August as church services are considered high risk. However, we are opening the possibility of in person small groups. See paragraph below for the 7 at 7 program restarting **in person or by Zoom** for more details. **Dianne Whitaker, President**

7 at 7 programs is restarting:

We want to start our 7 at 7 dinners again because it is another way for us to be in contact. With Covid 19 we need to make some changes and give folks some choices. Seri (serena@mylchreest.com) volunteered to coordinate our 7 at 7 dinners. Those of you who have participated in the past know they could be any number at any time each group decides. In Phase 2 we need to keep the number at 4 or 5. Time is optional. Place can be on the fellowship grounds, a home if distancing is possible or by Zoom. If you would like to participate, please e-mail Seri with the following information as she will be coordinating: number in your party, whether you want to Zoom or meet in person, and whether you can "host." Hosting means contacting the other participants to work out a time, and a venue and menu if we are meeting in person.

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LOCKBOX CODE CHANGE FOR OOUF MAIN BUILDING:

It has been several years since we installed the existing lockbox requiring a code to access. We need to change the code for security and safety reasons. This includes monitoring who is going into the building to be sure we are keeping areas disinfected. The code will be changed **July 15th** and be sent to group leaders currently needing access. If you need the code, please call Elinor Tennyson at (360) 417-2665 or email at admin@olympicuuf.com . Thank you for your understanding and cooperation.

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HOW ARE YOU DOING?

Share photos, stories or other on how you are spending your time during the Covid-19 restrictions. Submit to Elinor Tennyson at admin@olympicuuf.com



The groomers weren't available to save me from my owner's scissors...



The cat is still laughing

Seri was on top of Hurricane Ridge appreciating flowers and snow



Q: Where do smart kittens go when they want a warm and comfortable place to sleep?

A: They climb up behind a dresser and crawl into the top dresser drawer. Poor Laura Lee and Scott spent much time searching for the two kittens. These are two of several rescues and have found a loving home with tolerant and patient humans. Lucky kittens! Thank you, Laura Lee and Scott, for sharing

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NEED ZOOM HELP?

Do you want to get on Zoom, but can't figure out how? (You are NOT ALONE!) - Please email me at socialmedia@olympicuuf.com) - and include your phone number. THANKS! Sandy Goodwick

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CHILDREN’S RELIGIOUS EDUCATION:



Children's RE will be meeting Sundays at 1030 AM for a half hour via Zoom (with or without their grown-ups). During this time of connection we will light our chalice, sing songs, hold a sharing circle and game/ activity. Please email Julia Buggy by email for the Zoom link if you are interested, juliafbuggy@gmail.com. We hope this allows all people who would like to participate in the 11 am service to do so.

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NEWS FROM THE OUUF VEGGIE GARDEN:



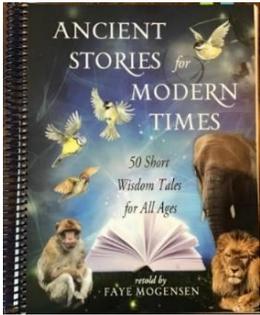
The carrots in our little garden are mighty fine. Come by and eat one before they're gone. Rose

Rose had to test the quality of the carrots and that may explain why this carrot is missing the top!

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STORY FOR ALL AGES:

If you are interested in reading a story for the Sunday Zoom service, please contact Cynthia Green at cynthiagreen@outlook.com. Please be sure your children’s book or story will take no longer than five or six minutes to do. If you do not have a book to read here are a couple of options for you. The book pictured was written exclusively for UU services. Each story is only about two or three pages long and includes UU principles that it represents. There are no pictures. These are stories meant to be read aloud. Cynthia could scan a story and send it to you as an attachment. Also is a link to the UUA website that has hundreds of stories in alphabetical order and gives suggested grade levels. For our participants grades K/1 or 2/3 work well. These are also read-alouds without pictures. <https://www.uua.org/re/tapestry/stories>



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CARE CARDS:



As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses.

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OUIF CARE TEAM:

Just an update to let you know we do care about our members and friends during this time of distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings.



Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: jeanmstratton@gmail.com

You are part of our loving community

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OUIF MEMBERS & FRIENDS BULLETIN BOARD:

FREE!

Dave Large and Susan Harris have several sets of corners for raised bed construction. These are heavy-duty plastic for use with 2X6 lumber. Use one set if you want 6" raised beds or stack them to make 12" raised beds. Most are new. The corners are hinged to allow construction of non-rectangular beds, if desired and include ground posts for stability. Contact Dave Large: Dbiguy@aol.com or 408-710-8041.

FOR SALE:

**Oversized chair that pulls out into a twin bed (same color as pic). I also have all the bedding for these chairs. We have two of these for sale; \$175 each. They are from Crate & Barrel.



**Swivel chair (same color as pic); we have 2 of these for sale at \$100/each. They, too, are from Crate & Barrel. I'll throw the ottoman in for free!

**Twin bed for \$50. Bedding included. (no picture)

Contact: Nancy Duffy at juneauduffys@hotmail.com

FREE:

Old upright grand to give away. Needs tuning and is heavy. Rose Prestipino at phone number 360-922-4409. Roseprestipino@gmail.com



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REFLECTIONS WOMEN’S GROUP:

Reflections Woman’s group is meeting at 1:00 pm outside of the OUUF building on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com



On the first and third Thursday of each month the Reflections Women’s group will hold a brief check-in Zoom meeting at 10:00 am. This Zoom meeting will probably last about a half hour to one hour. Contact Cynthia Green at cynthiagreen@outlook.com

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ZOOM EXERCISE CLASS:

Since the ABC4PD exercise class (Aerobic, Balance, Coordination, program for those with Parkinson’s Disease) can no longer meet in person, free classes are being offered on Zoom. These classes are available to anyone with Parkinson’s disease or other neurological condition affecting balance or coordination and meet Mondays and Wednesdays at 10:30 AM. If you or someone you know is interested, please call Peggy Scheideler at 760-518-4181 for additional information and to register.



We have received grant funds from Olympic Area Agency on Aging (O3A) and anticipate resuming in person classes when Clallam County reaches phase 4 of recovery.

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**Olympic Unitarian Universalist Fellowship
July 28, 2020
Guest speaker: Joseph Bednarik
Advice. (Solicited)**

A copy of the above sermon is sent as a separate document with this newsletter.

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