



OUUF Weekly Update An Inclusive Community

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June 28 – July 5, 2020



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SUNDAY SERVICE SPEAKER June 28, 2020



Guest Speaker: Joseph Bednarik

Sermon: Advice. (Solicited.)

Description:

Advice. We've all received some, we've all given some, and we've all asked for some. As part of her son's graduation from high school, my sister reached out to family and friends and asked that we write a "letter of advice" for the fresh graduate. Five typed pages later, it became clear that "advice" is a rich vein to mine and this homily explores the theme of advice, who to listen to, and why (or why not!).

BIO:

Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region.

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An email with the Zoom invite information will be sent on Fridays. ***If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com***

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ZOOM SECURITY: Sunday Service

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar.
Announcements need to be submitted by Tuesday.to admin@olympicuuf.com

Q: How does a UU walk on water?

A: She waits until winter



News from your Board of Trustees:

OUUF's Board of Trustees meets monthly on the 3rd Sunday of each month. The past 3 months we have been meeting over Zoom. The meetings usually last about 1 ½ hours. Every month we reassess when we can hold services again in person. We are planning to be Zooming for at least July and August as church services are considered high risk. However, we are opening the possibility of in person small groups. See paragraph below for the 7 at 7 program restarting **in person or by Zoom** for more details. **Dianne Whitaker, President**

7 at 7 programs is restarting:

4 or 5 at 11:00 AM or 6:00 PM in person or by Zoom We want to start our 7 at 7 dinners again because it is another way for us to be in contact. With Covid 19 we need to make some changes and give folks some choices. Seri (serena@mylchreest.com) volunteered to coordinate our 7 at 7 dinners. Those of you who have participated in the past know they could be any number at any time each group decides. In Phase 2 we need to keep the number at 4 or 5. Time is optional. Place can be on the fellowship grounds, a home if distancing is possible or by Zoom. If you would like to participate, please e-mail Seri with the following information as she will be coordinating: number in your party, whether you want to Zoom or meet in person, and whether you can "host." Hosting means contacting the other participants to work out a time, and a venue and menu if we are meeting in person.

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HOW ARE YOU DOING? Share photos, stories or other on how you are spending your time during theCovid-19 restrictions. Submit to Elinor Tennyson at admin@olympicuuf.com



Kathi Gunn is staying home and watching over the deer family. Look closely and you will see mom and four babies. Thanks for sharing Kathi!

NEED ZOOM HELP?

Do you want to get on Zoom, but can't figure out how? (You are NOT ALONE!) - Please email me at socialmedia@olympicuuf.com) - and include your phone number. THANKS! Sandy Goodwick

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 The children in a UU church school class were drawing pictures. The teacher asked one, "What are you drawing a picture of?" "I'm drawing a picture of God," was the reply. "But nobody knows what God looks like," objected the teacher. "They will," said the UU child, "when I get my picture done."



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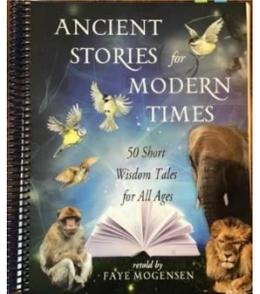
CHILDREN'S RELIGIOUS EDUCATION:

Children's RE will be meeting Sundays at 1030 AM for a half hour via Zoom (with or without their grown-ups). During this time of connection we will light our chalice, sing songs, hold a sharing circle and game/ activity. Please email Julia Buggy by email for the Zoom link if you are interested, juliafbuggy@gmail.com. We hope this allows all people who would like to participate in the 11 am service to do so.

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STORY FOR ALL AGES:

If you are interested in reading a story for the Sunday Zoom service, please contact Cynthia Green at cynthiagreen@outlook.com. Please be sure your children's book or story will take no longer than five or six minutes to do. If you do not have a book to read here are a couple of options for you. The book pictured was written exclusively for UU services. Each story is only about two or three pages long and includes UU principles that it represents. There are no pictures. These are stories meant to be read aloud. Cynthia could scan a story and send it to you as an attachment. Also is a link to the UUA website that has hundreds of stories in alphabetical order and gives suggested grade levels. For our participants grades K/1 or 2/3 work well. These are also read-alouds without pictures. <https://www.uua.org/re/tapestry/stories>



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CARE CARDS:

As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses.

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OUUF CARE TEAM:

Just an update to let you know we do care about our members and friends during this time of distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings.



Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: jeanmstratton@gmail.com

You are part of our loving community

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We have parsley and thyme In the middle barrel near the front of our church building.

Help yourself



We would like to thank, with all of our hearts, those who have worked to make our veggie garden project a reality. Financial donations to date have been \$650. We have had donations of plants, expertise, And physical labor. The fact that you believed we could do it and supported it, still amazes us. And the veggies keep coming. With appreciation, Rpse md Sero



tomato blossoms!

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Q: Why did the UU cross the road?

A: To support the chicken in its search for its own path.

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FREE! Dave Large and Susan Harris have several sets of corners for raised bed construction. These are heavy-duty plastic for use with 2X6 lumber. Use one set if you want 6" raised beds or stack them to make 12" raised beds. Most are new. The corners are hinged to allow construction of non-rectangular beds, if desired and include ground posts for stability. Contact Dave Large: Dbiguy@aol.com or 408-710-8041.

FOR SALE:

**Oversized chair that pulls out into a twin bed (same color as pic). I also have all the bedding for these chairs. We have two of these for sale; \$175 each. They are from Crate & Barrel.



**Swivel chair (same color as pic); we have 2 of these for sale at \$100/each. They, too, are from Crate & Barrel. I'll throw the ottoman in for free!

**Twin bed for \$50. Bedding included.

Contact: Nancy Duffy at juneauduffys@hotmail.com

FREE:

Old upright grand to give away. Needs tuning and is heavy. Rose Prestipino at phone number 360-922-4409. Roseprestipino@gmail.com



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REFLECTIONS WOMEN’S GROUP:

Reflections Woman’s group is meeting at 1:00 pm outside of the OUUF building on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com



On the first and third Thursday of each month the Reflections Women’s group will hold a brief check-in Zoom meeting at 10:00 am. This Zoom meeting will probably last about a half hour to one hour. Contact Cynthia Green at cynthiagreen@outlook.com

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SEEKING VOLUNTEER:

Our readers are interested in learning more about who and what we are as Unitarians. If you would be willing to write short posts that would be of interest, let me know. Perhaps something like, “*Did you Know?*” Contact Elinor Tennyson at admin@olympicuuf.com

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ZOOM EXERCISE CLASS:

Since the ABC4PD exercise class (Aerobic, Balance, Coordination, program for those with Parkinson’s Disease) can no longer meet in person, free classes are being offered on Zoom. These classes are available to anyone with Parkinson’s disease or other neurological condition affecting balance or coordination and meet Mondays and Wednesdays at 10:30 AM. If you or someone you know is interested, please call Peggy Scheideler at 760-518-4181 for additional information and to register.



We have received grant funds from Olympic Area Agency on Aging (O3A) and anticipate resuming in person classes when Clallam County reaches phase 4 of recovery.

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Olympic Unitarian Universalist Fellowship

June 21, 2020

Rev. Amanda Aikman - guest speaker

Sermon: Fear and Faith

A copy of the above sermon may be obtained by emailing

Amanda at revaikman@gmail.com

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**PROTESTS
COMMENTS AND THOUGHTS
FROM SANDY GOODWICK:**

I was just one of several members from Olympic Unitarian Universalist Fellowship to attend protests held here in Sequim in early June to recognize the life of George Floyd, to mourn his murder... and to be part of the change that is so badly needed. This event was, by far, the largest protest that long-time community members had ever seen in Sequim. To even consider attending such an event during a global pandemic that touched our corner of the world made the sheer size of this event even more extraordinary- 400 or so people (virtually all masked) congregated in downtown Sequim with hand-held (and heartfelt) signs of outrage. And our small town held not one - not two - but three protests in very short order - to protest something that had occurred many hundreds of miles away.

When I arrived for the first protest, there already were hundreds congregating at each of the four corners in downtown Sequim. Everyone I saw was carrying a sign and wearing a mask. The sheer size of the protest was incredible - and for those who came, to even show up meant that their presence mattered far more than their fear of being exposed to COVID19. I think we all were elated by the sheer size and composure of such a large and peaceful group. We noticed that many of the people in the vehicles that passed through downtown Sequim also shared their support via honking horns, waving, etc. After about an hour, many protesters continued the protest by walking west along Washington Ave to a traffic circle about a mile away.

Our local protests have become part of protests held in countless small communities across America, and around the world.

These past weeks, our Sunday Services have also recognized the sorrow, outrage and pain many have felt in reckoning with America's litany of wrongs towards this land's original inhabitants, those it enslaved, and all who look different or speak with a different dialect. Children's books have been shared that focused on owning our responsibilities and cherishing diversity. Speakers have shared profoundly meaningful messages reflective of these precarious times. It's been deeply powerful to 'virtually' get together these past Sunday mornings.

I'm reading books that help me better understand white privilege (and why it's hard to talk about it). For the first time in my own memory, I sense a deepening awareness among those who share my skin color... that it IS our job, no matter where we live, to understand the dire effects of racism experienced by others. I hope that what we have started in protests this past month continues to grow so that meaningful, measurable change occurs here... and around the world.