



OUUF Weekly Update  
An Inclusive Community

1033 N. Barr Road  
P O Box 576  
Carlsborg, WA 98324  
360-417-2665

July 12 – 19, 2020



+++++

**SUNDAY SERVICE SPEAKER**

**Pre-recorded**  
**July 12, 2020**



**Guest Speaker:** Rev. Amanda Aikman

**Sermon:** Let America Be America Again"

**Description:** Langston Hughes' powerful 1935 poem speaks of the American dream that never existed for Blacks, poor Americans, and immigrants. And despite its mournful, angry tone, there is also a grain of hope and inspiration there.

**BIO:** Rev. Amanda Aikman served OUUF from 2001 to 2005 as our Consulting Minister. Amanda retired in Spring, 2016 after 23 years in UU parish ministry. She lives in Everett; Amanda has won over a dozen national sermon contests. She is a playwright and a spiritual director.

+++++ An email with the Zoom invite information will be sent on Fridays. ***If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com***

+++++

**ZOOM SECURITY: Sunday Service**

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

**OUUF BOARD OF TRUSTEES**

**President:**

Dianne Whitaker

**Vice President:**

Joan Cotta

**Finance Director**

Don Hatler

**Trustees-at-Large**

Dave Large

Ren Garypie

Sandy Goodwick

Kitty Hawks

**OUUF STAFF**

**Elinor Tennyson**

Administrative Coordinator

[Admin@Olympicuuf.com](mailto:Admin@Olympicuuf.com)

**Children's Religious Education Staff**

**Julia Buggy**

[Juliafbuggy@gmail.com](mailto:Juliafbuggy@gmail.com)

**Harmony Rutter**

**Izzy Flowers**

**Care Team**

**Chair: Jean Stratton**

[jeanmstratton@gmail.com](mailto:jeanmstratton@gmail.com)

**Jack Webber**

Webmaster

[webmaster@OlympicUUF.com](mailto:webmaster@OlympicUUF.com)

# ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar.  
Announcements need to be submitted by Tuesday.to admin@olympicuuf.com

+++++

## UPCOMING SUNDAY SPEAKERS:

July 19	Bruce Bode	Aug 16	Joseph Bednarik
July 26	Joseph Bednarik	Aug 23	Joseph Bednarik
Aug 2	Jamal Rahman	Aug 30	Bruce or Bridget
Aug 9	Bruce Bode		

+++++

The following is from Joseph Bednarik's July 5<sup>th</sup> sermon.

The poem is entitled "The Summer Day," and here in the early days of summer, here in the early days of our global pandemic that is teaching us in no uncertain terms the unignorable Truths of the seventh Unitarian Universalist principle: "Respect for the interdependent web of all existence of which we are a part"—let us bring voice to this poem that has so much to teach us about our miracle.

### **The Summer Day**

Who made the world?  
 Who made the swan, and the black bear?  
 Who made the grasshopper?  
 This grasshopper, I mean-  
 the one who has flung herself out of the grass,  
 the one who is eating sugar out of my hand,  
 who is moving her jaws back and forth instead of up and down-  
 who is gazing around with her enormous and complicated eyes.  
 Now she lifts her pale forearms and thoroughly washes her face.  
 Now she snaps her wings open, and floats away.  
 I don't know exactly what a prayer is.  
 I do know how to pay attention, how to fall down  
 into the grass, how to kneel down in the grass,  
 how to be idle and blessed, how to stroll through the fields,  
 which is what I have been doing all day.  
 Tell me, what else should I have done?  
 Doesn't everything die at last, and too soon?  
 Tell me, what is it you plan to do  
 with your one wild and precious life?  
 —Mary Oliver



+++++

### **NEED ZOOM HELP?**

Do you want to get on Zoom, but can't figure out how? (You are NOT ALONE!) - Please email me at socialmedia@olympicuuf.com) - and include your phone number. THANKS! Sandy Goodwick

+++++

### **LOCKBOX CODE CHANGE FOR OUUF MAIN BUILDING:**

The code will be changed **July 15<sup>th</sup>** and be sent to group leaders currently needing access. If you need the code, please call Elinor Tennyson at (360) 417-2665 or email at admin@olympicuuf.com

+++++

+++++

**Dear readers:** Our Weekly newsletter is a way to communicate within our community and I want to thank everyone who has helped by providing items of interest. If you have suggestions for how we can improve our newsletter, or feedback, please contact me at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) Thank you. Elinor Tennyson

+++++

**HOW ARE YOU?**

Share photos, stories or other on how you are spending your time during the Covid-19 restrictions. Submit to Elinor Tennyson at [admin@olympicuuf.com](mailto:admin@olympicuuf.com)

**RASPBERRIES ANYONE?**



**FROM: GERI NAPIER**  
My Raspberry Patch

I have gardened most of my life, but I didn't live in the right climate for raspberries (my favorite fruit!) until I moved to Port Angeles. I bought 3 thornless raspberry bushes 3 years ago for my big veggie garden. The first year I harvested a handful a day

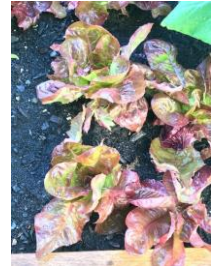


for a few weeks. The second year I harvested quarts during most of July. This year they are trying to take over my whole backyard! These are wonderful berries, so if you are interested in acquiring some of this patch, I will be thinning out the dormant bushes around March 1 of next year.

**OOUF GARDEN NEWS:**



We have beautiful radish salad greens and rainbow chard available for the taking. The carrots seem to be a hit and are nearly gone. Rose and Seri



**Calling all OOUF Gardeners.**

How are your gardens growing? Please send us some pictures and some description of what you're doing. Any tips or success stories would encourage us all. Thanks, Rose and Seri

+++++

**CHILDREN'S RELIGIOUS EDUCATION:**



Children's RE will be meeting Sundays at 1030 AM for a half hour via Zoom (with or without their grown-ups). During this time of connection we will light our chalice, sing songs, hold a sharing circle and game/ activity. Please email Julia Buggy by email for the Zoom link if you are interested, [juliafbuggy@gmail.com](mailto:juliafbuggy@gmail.com). We hope this allows all people who would like to participate in the 11 am service to do so.

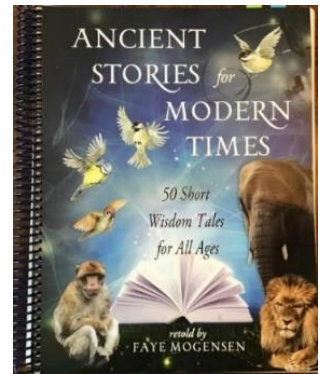
+++++



+++++

**STORY FOR ALL AGES:**

If you are interested in reading a story for the Sunday Zoom service, please contact Cynthia Green at [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com). Please be sure your children’s book or story will take no longer than five or six minutes to do. If you do not have a book to read here are a couple of options for you. The book pictured was written exclusively for UU services. Each story is only about two or three pages long and includes UU principles that it represents. There are no pictures. These are stories meant to be read aloud. Cynthia could scan a story and send it to you as an attachment. Also is a link to the UUA website that has hundreds of stories in alphabetical order and gives suggested grade levels. For our participants grades K/1 or 2/3 work well. These are also read-alouds without pictures. <https://www.uua.org/re/tapestry/stories>



+++++

**REFLECTIONS WOMEN’S GROUP:**

Reflections Woman’s group is meeting at 1:00 pm outside of the OUUF building on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at [serena@mylchreest.com](mailto:serena@mylchreest.com)



On the first and third Thursday of each month the Reflections Women’s group will hold a brief check-in Zoom meeting at 10:00 am. This Zoom meeting will probably last about a half hour to one hour. Contact Cynthia Green at [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com)

+++++

**CARE CARDS:**



As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card please email Cynthia at [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com). If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses.

+++++

**OUUF CARE TEAM:**

Just an update to let you know we do care about our members and friends during this time of distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings.



Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: [jeanmstratton@gmail.com](mailto:jeanmstratton@gmail.com)

**You are part of our loving community**

+++++

+++++

**JACK MULLIGAN:  
From Vivian Mulligan**

This past Friday Jack Mulligan fell and fractured his shoulder. He will be in Crestwood for rehab. The good news is that Crestwood has NO cases of Covid19. Part of their safety protocol is that new patients are isolated for two weeks. so Jack can't have visitors during that period. He will have his phone with him, so he can receive phone calls. (360) 461-9334

+++++

**OOUF MEMBERS & FRIENDS BULLETIN BOARD**

**FREE!**

Dave Large and Susan Harris have several sets of corners for raised bed construction. These are heavy-duty plastic for use with 2X6 lumber. Use one set if you want 6" raised beds or stack them to make 12" raised beds. Most are new. The corners are hinged to allow construction of non-rectangular beds, if desired and include ground posts for stability. Contact Dave Large: Dbiguy@aol.com or 408-710-8041.

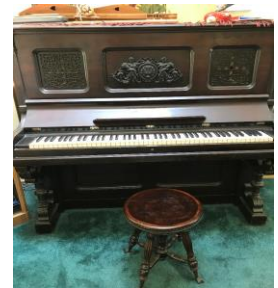
**FOR SALE:**

~~\*\*Oversized chair~~ — **SOLD**

~~\*\*Swivel chair~~ — **SOLD**

\*\*Twin bed for \$50. Bedding included. (no picture)

Contact: Nancy Duffy at juneauduffys@hotmail.com



**FREE:**

Old upright grand to give away. Needs tuning and is heavy. Rose Prestipino at phone number 360-922-4409. Roseprestipino@gmail.com

+++++

**ZOOM EXERCISE CLASS:**

Since the ABC4PD exercise class (Aerobic, Balance, Coordination, program for those with Parkinson's Disease) can no longer meet in person, free classes are being offered on Zoom. These classes are available to anyone with Parkinson's disease or other neurological condition affecting balance or coordination and meet Mondays and Wednesdays at 10:30 AM. If you or someone you know is interested, please call Peggy Scheideler at 760-518-4181 for additional information and to register.



We have received grant funds from Olympic Area Agency on Aging (O3A) and anticipate resuming in person classes when Clallam County reaches phase 4 of recovery.

+++++

**SUNDAY SERVICE SERMON July 5, 2020**

Guest speaker: Joseph Bednarik

You Are Here. Now What?

A copy of the above sermon is sent as a separate document with this newsletter