



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
P O Box 576
Carlsborg, WA 98324
360-417-2665

August 30 – Sept 6, 2020



+++++

SUNDAY SERVICE SPEAKER

August 30, 2020



Guest Speaker: Joe Rettenmaier

Sermon: A Pandemic of Love

Description: With the COVID pandemic filling our collective souls to overflowing, how can we tap the wellspring of love to fortify our spirit.

BIO: Joe Rettenmaier is a candidate for ministry with the UUA. He has called Seattle and the Salish Sea home since 1988. In 2016, he left high-tech America to serve his call to ministry, and in May of 2019 received his Master of Divinity degree from Meadville-Lombard Theological School while completing his ministerial internship at Edmonds UU Congregation. Joe's practice of ministry aims to dismantle systemic racism and white fragility, develop authentic multiculturalism within our congregations, inspire climate justice, and reinvigorate LGBTQ+ beloved communities.

+++++

An email with the Zoom invite information will be sent on Fridays.
If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com

+++++

ZOOM SECURITY: Sunday Service

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

+++++

OUUF BOARD OF TRUSTEES

President:

Dianne Whitaker

Vice President:

Joan Cotta

Finance Director

Don Hatler

Trustees-at-Large

Dave Large

Ren Garypie

Sandy Goodwick

Kitty Hawks

OUUF STAFF

Elinor Tennyson

Administrative Coordinator

Admin@Olympicuuf.com

Children's Religious Education Staff

Julia Buggy

Juliafbuggy@gmail.com

Harmony Rutter

Izzy Flowers

Care Team

Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com



ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar. Announcements need to be submitted by Tuesday to admin@olympicuuf.com

+++++

UPCOMING SUNDAY SPEAKERS:

Sep 06	Amanda Aikman	Sep 20	Joe Rettenmaier
Sep 13	Bruce Bode	Sep 27	Joseph Bednarik

+++++

Greetings Friends,
Below is a brief video of the spiritual practice of Sacred Holding.
I made mention of this practice in my recorded talk at the August 2nd Sunday service.
Blessings,
Jamal



Click to play

+++++



CHILDREN'S RELIGIOUS EDUCATION:

Children's RE will be meeting Sundays at 10:30 am for a half hour via Zoom (with or without their grown-ups). During this time of connection, we will light our chalice, sing songs, hold a sharing circle and game/ activity. Please email Julia Buggy by email for the Zoom link if you are interested, juliafbuggy@gmail.com. We hope this allows all people who would like to participate in the 11 am service to do so.

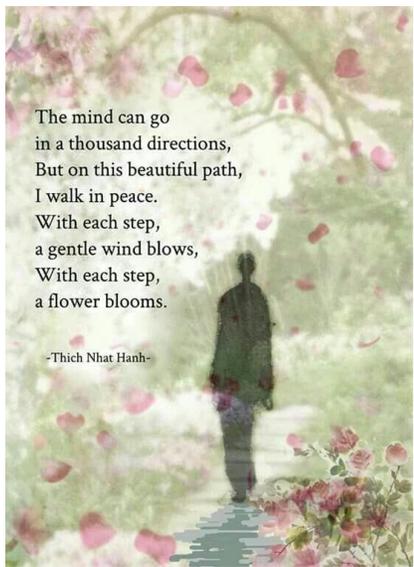
+++++



Walking Meditation Group

Are you stressed with the pandemic, politics, and racial unrest?
Looking for ways to become calmer and feel more balanced?

OOUF is starting our own weekly walking meditation group that can help.



Our 1st gathering will be this Friday, Aug. 28 from 10-11 AM. We will meet at the OOUF parking lot for a brief guided meditation, then an explanation of mindful walking for those not familiar with the practice. This 1st time, we will walk slowly from OOUF to Seri Mylchreest's home a few blocks away, where we can wander on her property. At about 10:45 we will return to OOUF for discussion and a short closing reading or poem. For future walks, we may vary the location.

If this sounds like the kind of self-care you could use, please join us!

Wear comfortable clothes & shoes, bring a mask or face shield for COVID-compliance, and a folding chair for sitting before & after our walk.

Children are welcome to come and walk holding hands with their parents.



Contact Penny Burdick if you have any questions.
360-461-4538 or Email mandalaht@gmail.com

FIRST & THIRD WEDNESDAYS 12 noon – 1:00
Next meeting **Wednesday: September 2nd**



Bag your lunch, grab your lawn chair and come sit outside at OOUF... hopefully connect (at a safe distance) with another few brown baggers. Soak in the summer in a 🙏❤️🕉️❤️🙏 place.

No access to the kitchen and please take your trash with you as we have no trash pick up service.

WE MUST BREAK INTO GROUPS OF 5 OR LESS

Contact Sandy Goodwick at sgoodwick@aol.com or Elinor Tennyson at admin@olympicuuf.com

+++++

**LEARN TO ZOOM AT THE FELLOWSHIP:
FIRST & THIRD WEDNESDAYS**

Would you like to join us for Zoom Sunday Service but need help with Zoom? Bring the device you would use to the Fellowship and meet after our Brown Bag Lunch. Sandy will help you get set up on Zoom , just let her know you will be coming at socialmedia@olympicuuf.com) - and include your phone number
Do not forget to bring your face mask!

Zoom meeting, audio only Zoom meeting with video



+++++

OOUF WELCOMES YOU:



The Fellowship landscape committee keeps the grounds beautiful. We want to encourage everyone to enjoy this area while we still have decent weather. There is a porch swing and lawn chairs you can use or just walk around and be sure to see the back area where the veggie gardens are. It is so peaceful except for the birds having their own meetings and occasionally a horse and rider passes by (they are quiet though)

The Fellowship building is open every Wednesday from noon-1:00pm. If you would like to use the library or join the Brown Bag Lunch Bunch (you don't have to bring a brown bag), I will be at the Fellowship during this time and hope you can stop by. Any group meetings need to be divided into groups of five as mandated and you need to wear a mask. If using the library, plastic gloves are available to use when you touch the books. Hope to see you! Elinor Tennyson

+++++

REFLECTIONS WOMEN'S GROUP:



Reflections Woman's Group is meeting at 1:00 pm outside of the OOUF building on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com

On the first and third Thursday of each month the Reflections Women's group will hold a brief check-in Zoom meeting at 1:00 pm. This Zoom meeting will probably last about a half hour to one hour. Contact Cynthia Green at cynthiagreen@outlook.com

+++++

OOUF CARE TEAM:

Just an update to let you know we do care about our members and friends during this time of distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings. Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: jeanmstratton@gmail.com



You are part of our loving community

+++++

+++++



CARE CARDS:

As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses

+++++

The OUUF 2021 Nominating Committee is assembling a slate for our December Fellowship election. The committee will be nominating OUUF members for the positions of President, Vice president, two Members-at-Large positions, which is a two-year commitment, and two members for the Endowment Committee. Also, five people are needed for the 2022 Nominating Committee.



Current committee members are, Rose Prestipino, Phil Zenner, Peggy Toppenberg, George Stratton and Catharine Covert. Please contact any of the committee members if you are interested in a position or have a recommendation for a possible candidate.

+++++

FELLOWSHIP ENERGY AUDIT REPORT:

We recently had an extensive energy audit performed on our main building. This report recommended maintenance and repair issues and things we can do to reduce our energy usage and we are currently addressing these items. The report is available on the OUUF website. The page is "Energy Audit Report" and it is easiest to use the "search" function to find it. If you have any questions, feel free to contact Dave Large or any Board member.

+++++

HOW ARE YOU?



Share photos, stories or other on how you are spending your time during the Covid-19 restrictions. Submit to Elinor Tennyson at admin@olympicuuf.com

+++++

+++++



OOUF GARDEN NEWS

This is what our veggie gardens look like at this time. We still have salad greens and cooking greens available on a continuing basis. Also broccoli and some Summer squash that we hope will be ready soon. We have large tomato plants that are showing promise with lots a little green ones. We thank everyone for their contributions towards this project. There are many bags of greens going to people from the congregation and Elsewhere.

Calling all OOUF Gardeners.

How are your gardens growing? Please send us some pictures and description of what you are doing. Any tips or success stories would encourage us all. Thanks, Rose Prestipino and Seri Mylchreest



Beautiful tomatoes –

Don Hatler sent this photo and we now know he is good with green stuff - as our director of finance and gardening. Of course, it could be Clare that has the green thumb.... And Don reaps the results!

+++++

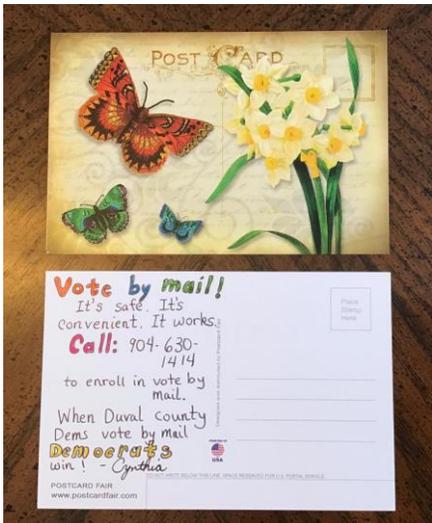
Help Get Out The Vote from your home! with the Indivisibles of Sequim and Port Townsend. Learn about writing postcards and letters to voters, making phone calls and sending text messages using your computer. We have links to different programs and training.

We are writing postcards and letters through Flip the West, Reclaim Our Vote, and Vote Forward We are phonebanking and texting through Indivisible.org, and Reclaim our Vote

Would you like more information before next Sunday's meeting? More information about training for these programs? Email me, Joan Cotta, jcottafiish@gmail.com

+++++

+++++



Can you write legibly? Are you willing to write a short postcard note to encourage voters in critical states to enroll in vote by mail? Please Join me in this very important campaign. - Cynthia Green

Website: postcards to voters.org

There are different ways to sign up as a volunteer:

- * Fill out form on their website
- * Text JOIN to 484-275-2229 (Preferred Method)
- * Email your request to Join@TonyTheDemocrat.org

You will be given directions to create a sample post card and take a picture of it to send via email to the above. You are provided with the recommended message to write. It is checked for legibility and accuracy. Once approved you agree to the guidelines and state how many post cards you are willing to send. You will then be sent addresses. Here is my sample I emailed for approval:

+++++

SUNDAY SERVICE SERMON

August 23, 2020

Guest speaker: Joseph Bednarik

Sermon: X Marks the Spot

Unroll the map and there, before your eyes, is the legendary X marking the spot where the treasure lies. This sermon wonders aloud about the many meanings of maps, X's, treasure, and motivation.

Printed copy of sermon sent with this newsletter