



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
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Carlsborg, WA 98324
360-417-2665

August 9-16, 2020



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SUNDAY SERVICE SPEAKER

August 9, 2020



Guest Speaker: Rev. Bruce Bode

Sermon: Tectonic Plates & Gridlock” – Where to start in the face of strongly opposing and intractable positions? This sermon will explore how the image of tectonic plates might be a helpful image in relation to gridlock, whether personal, political, or religious.

Biographical Data on Guest Speaker:

Bruce A. Bode is a Minister Emeritus at the Quimper Unitarian Universalist Fellowship (QUUF) in Port Townsend, Washington, from which he retired in 2018 as the Senior Minister after serving the congregation for fourteen years (2004-2018). Before coming to Port Townsend, Rev. Bode was the Interim Minister of the First Unitarian Universalist Church of Houston, Texas (2002-2004) and the Hope Unitarian Church in Tulsa, Oklahoma (2001-2002). Prior to that, he served for twenty-two years (1978-2001) as an Associate Minister at the Fountain Street Church in Grand Rapids, Michigan, a large, independent, religiously liberal congregation.

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An email with the Zoom invite information will be sent on Fridays.
If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com

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ZOOM SECURITY: Sunday Service

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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Izzy Flowers

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Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar.
Announcements need to be submitted by Tuesday to admin@olympicuuf.com

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UPCOMING SUNDAY SPEAKERS:

Aug 16 Joseph Bednarik
Aug 23 Joseph Bednarik
Aug 30 Joe Rettenmaier

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- **Though I am gone, I urge you to answer the highest calling of your heart and stand up for what you truly believe.**

Ordinary people with extraordinary vision can redeem the soul of America by getting in what I call good trouble, necessary trouble.



Voting and participating in the democratic process are key. The vote is the most powerful nonviolent change agent you have in a democratic society. You must use it because it is not guaranteed. You can lose it.

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CHILDREN'S RELIGIOUS EDUCATION:

Children's RE will be meeting Sundays at 10:30 am for a half hour via Zoom (with or without their grown-ups). During this time of connection we will light our chalice, sing songs, hold a sharing circle and game/activity. Please email Julia Buggy by email for the Zoom link if you are interested, juliafbuggy@gmail.com. We hope this allows all people who would like to participate in the 11 am service to do so.



CHILDREN'S RE VIDEO - 7 PRINCIPLES

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OOUF CARE TEAM:

Just an update to let you know we do care about our members and friends during this time of distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings. Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: jeanmstratton@gmail.com



Walt & Sara Johnson's garden

You are part of our loving community

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CARE CARDS:

As a member of the OOUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OOUF roster for addresses

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JACK MULLIGAN:

From: Vivian Mulligan

Jack has been in Crestwood Health and Rehab in Port Angeles for a month. He went there because he broke the humerus bone in his right shoulder/arm and couldn't use his right hand or arm. The physical therapy he's been getting has really paid off! He's doing a lot of walking and is able to handle himself much better. He's scheduled to come home this coming Saturday where he thinks I'll take just as good care of him as the Crestwood nurses did. Hah!

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MILTON PATRIE:

Our beloved Milton Patrie died very peacefully this morning around 7am. In his last days, he was looking forward to joining his late wife Ellen at the lake house. His daughter Stephanie Nead requests no phone calls or e-mails at this time. Cards are fine(1301 S. 3rd Ave.,#6A, Sequim, WA 98382). She knows he was loved by so many of you. Florence Bucierka, florenceb@wavecable.com



Milton at the 2019 Holiday Dinner

Milton Singing in the Choir 2017

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The OOUF 2021 Nominating Committee is assembling a slate for our December Fellowship election. The committee will be nominating OOUF members for the positions of President, Vice president, two Members-at-Large positions, which is a two-year commitment, and two members for the Endowment Committee. Also, five people are needed for the 2022 Nominating Committee.

Current committee members are, Rose Prestipino, Phil Zenner, Peggy Toppenberg, George Stratton and Catharine Covert. Please contact any of the committee members if you are interested in a position or have a recommendation for a possible candidate.

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Walt & Sara Johnson's garden

SUBMITTED BY: DIANNE WHITAKER



The Pacific Western Region has two new people for Congregational Life Staff— **Rev. Summer Albayati** and **Dr. Melissa James!** Summer will begin August 3 and Melissa September 8.

Summer is a UU Muslim of Iraqi descent who brings extensive experience in leadership development, strategic planning, multiculturalism, curriculum development/programming, outreach, organizational development, grant writing, interfaith dialogue, conflict resolution and mediation. Summer's focus has been on transformation by emphasizing that a mission-focused congregation increases vitality, membership, commitment to justice and love. Summer's current podcast, "The Bayat Beat," a commentary on society and culture with an emphasis on social justice, has a global audience. She has served on the board of UU Mystics in Community, contributed to their quarterly newsletter, and written a chapter in the anthology *Centering: Navigating Race, Authenticity and Power in Ministry*, published by Skinner House.

Melissa brings nearly 20 years of experience in faith-based ministry to the UUA. She earned her Master of Arts from the Lutheran School of Theology in Chicago (LSTC) with a focus was on faith and justice. Melissa holds a Ph.D. in Ethics and Social Theory from the Graduate Theological Union in Berkeley, CA. While working on her doctorate, she served at First Unitarian Universalist in Oakland, CA.

Based in Southern California, Melissa is an ordained Deacon in the Evangelical Lutheran Church of America (ELCA). When asked what she foresees bringing into her work as UUA Congregational Life staff from Lutheran tradition, she reflected on its deep history and theology of reformation. It is this deep resonance with Unitarian Universalism that has continually drawn Melissa to the UU world.

Note: More details can be found on the PWR website.

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FIRST & THIRD WEDNESDAYS 12 noon – 1:00
(starting August 5th) ...

Bag your lunch, grab your lawn chair and come sit outside at OUUF... hopefully connect (at a safe distance) with another few brown baggers. Soak in the summer in a 🙏❤️🕉️❤️🙏 place. By yourself or a few others.

No access to the kitchen and please take your trash with you as we have no trash pick up service. Contact Sandy Goodwick at sgoodwick@aol.com or Elinor Tennyson at admin@olympicuuf.com

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LEARN TO ZOOM AT THE FELLOWSHIP: FIRST & THIRD WEDNESDAYS

Would you like to join us for Zoom Sunday Service but need help with Zoom? Bring the device you would use to the Fellowship and meet after our Brown Bag Lunch. Sandy will help you get set up on Zoom , just let her know you will be coming at socialmedia@olympicuuf.com) - and include your phone number

Don't forget to bring your face mask!

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NEEDED: anonymous pictures, videos

Do you have pictures or videos of anything (traffic, animals, nature - soothing sounds, noisy whatever's...) that makes sounds? things like... cars driving past, trucks honking, Lawn mower, bicycling, running, birds chirping or singing, the wind, a train, tv, a choir, ... WHATEVER! ... this is for a video of sounds (which will become a Zoom video)... nobody needs to be in it ... it's worth comes in the videos themselves

AND/OR do you have "words of wisdom" which speak to 'listening'?

If you have any videos of sounds (from noisy, annoying to soothing and healing) please send them to me at sgoodwick@aol.com or (818) 489-8626. And if you have a quote... words of wisdom re: listening/sounds, send quotes, pictures) to Sandy Goodwick at sgoodwick@aol.com.

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OOUF YouTube Channel:

Sandy Goodwick has created a YouTube channel for sharing videos used during Sunday services. If you would like the access link for this channel contact Sandy at sgoodwick@aol.com

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REFLECTIONS WOMEN'S GROUP:



From the OOUF garden bed

Reflections Woman's Group is meeting at 1:00 pm outside of the OOUF building on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com

On the first and third Thursday of each month the Reflections Women's group will hold a brief check-in Zoom meeting at 1:00 pm. This Zoom meeting will probably last about a half hour to one hour. Contact Cynthia Green at cynthiagreen@outlook.com



The Little Free Library could use some **book donations**. It's been more popular than ever before during the pandemic. Please place books in the plastic box on the fellowship porch. Thank you, Seri Mylchreest

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HOW ARE YOU?

Share photos, stories or other on how you are spending your time during the Covid-19 restrictions. Submit to Elinor Tennyson at admin@olympicuuf.com



Walt & Sara Johnson's garden

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Thanks to Scott Johnson and Laura Lee Wadsworth

Scott and Laura Lee keep busy rescuing stray mama cats, finding homes for kittens and Scott putting out fires. They still made time to hang a mirror and pictures in the Fellowship restrooms. Many thanks to Scott, Laura Lee and Pat Dusel for the time and effort they have made to make the Fellowship interior more inviting. Pat and Laura Lee are the Queens of Organization and Cleaning – you should see how wonderful the kitchen and sanctuary closet look. We so

appreciate their work and hope to be able to see it all in person soon.



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OUFF GARDEN NEWS:



Seri Mylchreest says **“thumbs up for broccoli”**

Cyndi Ross suggested picking broccoli more often and using the little pieces rather than waiting for the big head to form.

Nancy and Kevin Duffy took home a bag of salad greens.

They needed a few extra vitamins after working on the landscape team for two hours in 80° temperatures.



Calling all OUFF Gardeners.

How are your gardens growing? Please send us some pictures and description of what you are doing. Any tips or success stories would encourage us all. Thanks, Rose Prestipino and Seri Mylchreest

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FROM GEORGE AND JOLIE WILL:

I realize that people are locking their car doors at night, so they don't wake up to the notorious nocturnal rhubarb deposits. However, we do have this delicious vegetable available if anyone would like some. Contact George & Jolie by phone or email: 360-683-4037 georgeandjolie@yahoo.com Thank you, George



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WE NEED YOUR HELP!

NEED STORAGE SPACE FOR MATERIALS USED IN THE COMMUNITY RESOURCE CONNECTION (FORMERLY HOMELESS CONNECT)

Thank you to Susan Skubinna who had been storing these materials, but she needs the space for another purpose. There are two wardrobe boxes, folded banker boxes, several other smaller boxes and 5 clothing racks. The materials are now in the church library.

Please contact me if you have a space we could use at florenceb@wavecable.com. Thanks, Florence Bucierka

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Feeding the Community

FREE FOOD PANTRY TEAM STILL NEEDS PLAYERS

We are still working on a Free Food Pantry to go next to the Free Little Library on the OUUF grounds. I would like to bring a group together on zoom to learn all the details from the folks who coordinated the five pantries in Port Angeles. They have lots of resources and experience and are enthusiastic about helping us. There would be tasks like putting it together

(they can supply the wood), putting it on a post, painting it, purchasing food, stocking it regularly, cleaning it and other pieces that we might decide to do. It would be great to have teams that coordinate the tasks of purchasing food (or gathering the donations of food from folks in the congregation), stocking it and cleaning it. We have such a great congregation I am sure we can pull this off. Please let me know if you would like to join the team for a short assignment or one of longer duration. Let me know if you would like to help by attending a zoom meeting and finding out the details. Contact Florence Bucierka, florenceb@wavecable.com

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ZOOM EXERCISE CLASS:

Since the ABC4PD exercise class (Aerobic, Balance, Coordination, program for those with Parkinson’s Disease) can no longer meet in person, free classes are being offered on Zoom. These classes are available to anyone with Parkinson’s disease or other neurological condition affecting balance or coordination and meet Mondays and Wednesdays at 10:30 AM. If you or someone you know is interested, please call Peggy Scheideler at 760-518-4181 for additional information and to register.



We have received grant funds from Olympic Area Agency on Aging (O3A) and anticipate resuming in person classes when Clallam County reaches phase 4 of recovery.

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SUNDAY SERVICE SERMON

August 2, 2020

Guest speaker: Jamal Rahman
Insights and Opportunities in Times of Crisis

Video of sermon - click on link below

[Jamal Rahman Aug 2 2020 Sermon](#)