



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
P O Box 576
Carlsborg, WA 98324
360-417-2665

September 20-27, 2020



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SUNDAY SERVICE SPEAKER

September 20, 2020



Guest Speaker: Joe Rettenmaier

Sermon title: Lost in Faith

Description: With daily catastrophes and revelations simultaneously filling our airwaves right now, it's no wonder many of us may feel unsettled, displaced, stressed out. Coming to terms with it all is daunting. As we begin turning the corner from summer to autumn, where in the world will we be able to tether our faith?

BIO: BIO: Joe Rettenmaier is a candidate for ministry with the UUA. He has called Seattle and the Salish Sea home since 1988. In 2016, he left high-tech America to serve his call to ministry, and in May of 2019 received his Master of Divinity degree from Meadville-Lombard Theological School while completing his ministerial internship at Edmonds UU Congregation. Joe's practice of ministry aims to dismantle systemic racism and white fragility, develop authentic multiculturalism within our congregations, inspire climate justice, and reinvigorate LGBTQ+ beloved communities.

+++++ An email with the Zoom invite information will be sent on Fridays. ***If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com***

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ZOOM SECURITY: Sunday Service

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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OUUF BOARD OF TRUSTEES

President:

Dianne Whitaker

Vice President:

Joan Cotta

Finance Director

Don Hatler

Trustees-at-Large

Dave Large

Ren Garypie

Sandy Goodwick

Kitty Hawks

OUUF STAFF

Elinor Tennyson

Administrative Coordinator
Admin@Olympicuuf.com

Children's Religious Education Staff

Julia Buggy

Juliafbuggy@gmail.com

Harmony Rutter

Izzy Flowers

Care Team

Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar.
Announcements need to be submitted by Tuesday to admin@olympicuuf.com

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UPCOMING SUNDAY SPEAKERS:

September 27	Joseph Bednarik	Nov 1	Amanda Aikman
October 4	Amanda Aikman	Nov 8	Bruce Bode
October 11	Joseph Bednarik	Nov 15	Joe Rettenmaier
October 18	Joe Rettenmaier	Nov 22	Joseph Bednarik
October 25	Bruce Bode	Nov 29	Jamal Rahman

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*OUUF EVENT CALENDAR:

Due to weather and air quality concerns, check with the event contact person before attending an outdoor event or contact Elinor Tennyson at (360) 417-2665 admin@olympicuuf.com

Tuesdays	Reading for the Fun of it! 1 st & 3 rd Tuesdays 1-3pm Member's Home	Contact: Kitty Hawks 206-755-2832 or alettehawks@yahoo.com
Wednesdays this week's event canceled due to poor air quality	OUUF Happy Brown Bag hour Noon-1:00pm (or longer) Fellowship grounds	Contact: LauraLee Wadsworth at lauraleews@gmail.com or call 619-990-5627
	Learn to Zoom Fellowship	Contact: Sandy Goodwick at sgoodwick@aol.com
	The Evening Men's Group 7-9pm: Zoom	Contact: George Stratton (360) 452-6719
Thursdays	Reflections Zoom meetings – on hold 2 nd & 4 th Thursdays: Fellowship	Serena Mylchreest at serena@mylchreest.com
Fridays	Walking Meditation Group 10-11am: Fellowship	Contact Penny Burdick at 360-461-4538 or manandalaht@gmail.com
Sundays	Zoom Sunday Service 11am	Contact: admin@olympicuuf.com for Zoom invite
	Children's Service 10:30am	Contact: juliafbuggy@gmail.com for Zoom invite

*All events are subject to Washington State Phase 2 guidelines

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CHILDREN'S RELIGIOUS EDUCATION:

Children's RE will be meeting Sundays at 10:30 am for a half hour via Zoom (with or without their grown-ups). During this time of connection, we will light our chalice, sing songs, hold a sharing circle and game/ activity. Please email Julia Buggy by email for the Zoom link if you are interested, email juliafbuggy@gmail.com. We hope this allows all people who would like to participate in the 11 am service to do so.

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The grand opening of our Little Free Pantry (LFP) is scheduled for Sunday, September 20th. We hope you will come by and look.

We are taking donations for our Little Free Pantry. Monetary and food donations are welcomed. Make out checks to OUUF and write Little Free Pantry on the memo line. Mail to OUUF PO Box 576, Carlsborg, WA 98324

Dianne is currently scheduling stockers.

If you would like to join this group please email Dianne at dianne Whit@aol.com or click on the link below for more information

[Little Free Pantry Information](#)

(move your mouse over the link and then “ctrl” and click.)

Walking Meditation Group

Are you stressed with the pandemic, politics, and racial unrest?
Looking for ways to become calmer and feel more balanced?

OUUF has started our own weekly walking meditation group that can help.



Our gatherings will be every Friday, from 10-11 AM.

We will meet at the OUUF parking lot for a brief guided meditation, poem or short reading, then begin our slow reflective walking, maintaining social distancing.

For the next few months, we will be mindfully walking around the OUUF property or from

OUUF to Seri Mylchreest’s property a few blocks away. At 10:45, we will return to OUUF for discussion and a short closing reading or poem.

Once pandemic restrictions are lifted more, we may vary the location.

If this sounds like the kind of self-care you could use, please join us!

Please wear comfortable clothes & shoes, bring a mask or face shield for COVID-compliance, and a folding chair for sitting (>6’ apart) before & after our walk.

Children are welcome to come and walk holding hands with their parents.

Contact Penny Burdick if you have any questions.
360-461-4538 or Email mandalaht@gmail.com



OUUF WELCOMES YOU:
The Fellowship building is open every Wednesday from noon-1:00pm.

No more than 5 people in an area at one time. Face masks required

STOP BY ANY TIME AND VISIT OUR WONDERFUL LIBRARY!

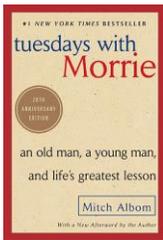


LIBRARY NOTES:

By: Geri Napier

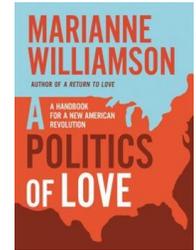
When the church building is open (or call Elinor Tennyson at 360-417-2665 for access), please feel free to browse in our own OUUF library.

The MISCELLANEOUS section has a variety of books, including memoirs, philosophy, psychology, and more.



An old favorite, which I reread recently, is *Tuesdays with Morrie*, by Mitch Albom.

And an interesting new addition is *A Politics of Love: a Handbook for a New American Revolution*, by Marianne Williamson.



As always, the books check out on the honor system and are easily returned by placing them in the library's return basket

REFLECTIONS WOMEN'S GROUP:



Reflections Woman's Group is meeting at 1:00 pm **outside of the OUUF building** on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com

Reflections Zoom is on pause until further notice

OUUF CARE TEAM:

Just an update to let you know we do care about our members and friends during this time of distance. If you are home and have a need or a medical condition, please remember we can call you or send you cards or drop off groceries if need be. We care about all of you during this difficult time of no church live services and gatherings. Our team of Ren Garypie, Cynthia Green, George Stratton, Sandy Goodwick, Dianne Whitaker and myself as chair are here to help you. Please know you can contact me, Jean Stratton at 360 452-6719, or by email: jeanmstratton@gmail.com



You are part of our loving community

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CARE CARDS:



As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses

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HOW ARE YOU?

Share photos, stories or other on how you are spending your time during the Covid-19 restrictions. Submit to Elinor Tennyson at admin@olympicuuf.com

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Wish you could escape?

Feel like wrapping yourself in a snuggly blanket?

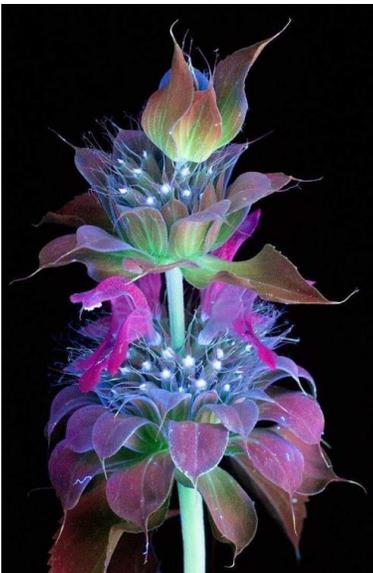


You are not alone...

Pogie and Mo Hatler are looking for someone to help them escape. Hopefully Don or Clare eventually opened that door

Brooklyn Stratton and Beau

Looks like Beau is thinking of joining Pogie and Mo



Bees see in ultraviolet wavelengths. This is a picture of Monarda (bee balm) under an ultraviolet light, giving you the ability to see what the bees see when they come across this beautiful plant.

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Calling all OUUF Gardeners.

How are your gardens growing? Please send us some pictures and description of what you are doing. Any tips or success stories would encourage us all. Thanks, Rose Prestipino and Seri Mylchreest

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Creative gardening.....



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OUUF GARDEN:

What about composting at OUUF?



I have been wanting to add this to our veggie garden project for some time. With our first season of the raised bed gardens well on its way, it seemed time to address this. I had the blessings of Elinor Tennyson and Dianne Whittaker and it was time to begin. Then a stroke of good fortune showed up. Seri and Mark Mylchreest donated a rotating barrel composter! It was delivered a few days ago and I have begun to use it. Garden waste and cleanup items are already in it. We will use it for most weeds that the Landscape Team produces. Also, we will include items from our own kitchen such as coffee grounds and any peelings. No meat or oils will be included.

Thanks to all of you who have supported the veggie garden project. I am having fun with it! Rose Prestipino

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Help Get Out The Vote from your home! with the Indivisibles of Sequim and Port Townsend.

Learn about writing postcards and letters to voters, making phone calls and sending text messages using your computer. We have links to different programs and training.

We are writing postcards and letters through Flip the West, Reclaim Our Vote, and Vote Forward We are phonebanking and texting through Indivisible.org, and Reclaim our Vote



Would you like more information about training for these programs? Email me, Joan Cotta, jcottafiish@gmail.com

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Can you write legibly?



**Are you willing to write a short postcard note to encourage voters in critical states to enroll in vote by mail?
Please Join me in this very important campaign. - Cynthia Green
Website: postcards to voters.org**

There are different ways to sign up as a volunteer

- * Fill out form on their website
- * Text JOIN to 484-275-2229
(Preferred Method)
- * Email your request to Join@TonyTheDemocrat.org

You will be given directions to create a sample post card and take a picture of it to send via email to the above. You are provided with the recommended message to write. It is checked for legibility and accuracy. Once approved you agree to the guidelines and state how many post cards you are willing to send. You will then be sent addresses.

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FROM: GEORGE WILL

This video is from the UU Hysterical Society.

When In-Person Worship Returns!!



In case you weren't able to access the video last week.....

Click on the picture to view

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**SUNDAY SERVICE SERMON
September 13, 2020**

Guest Speaker: Rev. Bruce Bode

Sermon title & description: "Something Judges Us, Something Accepts Us"

"You are perfect the way you are ... and you could use a little improvement," writes Japanese Zen teacher Shunryu Suzuki Roshi. This week's sermon was an exploration of the interior sense of being both judged and accepted.

A copy of the sermon is sent with this newsletter.