



OUUF Weekly Update  
An Inclusive Community

1033 N. Barr Road  
P O Box 576  
Carlsborg, WA 98324  
360-417-2665

October 11-18, 2020



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**SUNDAY SERVICE SPEAKER**

**October 11, 2020**



**Guest Speaker: Joseph Bednarik**

**Sermon Description:**

And Now for Something Completely Different

With a respectful bow to Monty Python's Flying Circus, this sermon explores the irrepressible genius of laughter and joy.

**BIO:** Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region

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An email with the Zoom invite information will be sent on Fridays.

***If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com***

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**ZOOM SECURITY: Sunday Service**

For security reasons we use the Zoom waiting room for people wishing to join the meeting and the Zoom host grants permission to join. If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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**OUUF BOARD OF TRUSTEES**

**President:**

Dianne Whitaker

**Vice President:**

Joan Cotta

**Finance Director**

Don Hatler

**Trustees-at-Large**

Dave Large

Ren Garypie

Sandy Goodwick

Kitty Hawks

**OUUF STAFF**

**Elinor Tennyson**

Administrative Coordinator

[Admin@Olympicuuf.com](mailto:Admin@Olympicuuf.com)

**Children's Religious Education Staff**

**Julia Buggy**

[Juliafbuggy@gmail.com](mailto:Juliafbuggy@gmail.com)

**Harmony Rutter**

Izzy Flowers

**Care Team**

**Chair: Jean Stratton**

[jeanmstratton@gmail.com](mailto:jeanmstratton@gmail.com)

**Jack Webber**

Webmaster

[webmaster@OlympicUUF.com](mailto:webmaster@OlympicUUF.com)

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**ANNOUNCEMENTS and THINGS OF INTEREST**  
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We reserve the right to edit your submission for length and grammar.  
 Announcements need to be submitted **by Tuesday** to [admin@olympicuuf.com](mailto:admin@olympicuuf.com)

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**\*OUUF EVENT CALENDAR – open groups only**  
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**Check with event chair before attending an outdoor activity as it may be canceled or modified in case of weather conditions.**

Tuesdays	Reading for the Fun of it! 1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays 1-3pm Member's Home	Contact: Kitty Hawks 206-755-2832 or <a href="mailto:alettehawks@yahoo.com">alettehawks@yahoo.com</a>
Wednesdays	The Evening Men's Group 7-9pm: Zoom	Contact: George Stratton <b>(360) 808-4477 new number</b>
	Fellowship open noon-1pm Drop By BYOP	Contact: Elinor Tennyson (360) 417-2665 or <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a>
Thursdays	Reflections 2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 1:00pm Fellowship grounds	Serena Mylchreest at <a href="mailto:serena@mylchreest.com">serena@mylchreest.com</a>
Fridays	Walking Meditation Group 10-11am: Fellowship grounds	Contact Penny Burdick at 360-461-4538 or <a href="mailto:manandalaht@gmail.com">manandalaht@gmail.com</a>
Sundays	Zoom Sunday Service 11am Remote via Zoom	Contact: <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a> for Zoom invite
	Zoom Sunday Service 11am Fellowship sanctuary – doors open 10:30am	Contact Elinor Tennyson for reservation. (360) 417-2665 or <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a>
	Zoom Children's Service 10:15am	Contact: <a href="mailto:Juliafbuggy@gmail.com">Juliafbuggy@gmail.com</a> for Zoom invite

\*All events are subject to Washington State Covid-19 Phase 2 guidelines

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**UPCOMING SUNDAY SPEAKERS:**  
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October	11	Joseph Bednarik	Nov 8	Bruce Bode
October	18	Joe Rettenmaier	Nov 15	Joe Rettenmaier
October	25	Bruce Bode	Nov 22	Joseph Bednarik
Nov	1	Amanda Aikman	Nov 29	Jamal Rahman

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### ZOOM SUNDAY SERVICES AT OUUF:



We invite and welcome persons who would like to join our Zoom Sunday services at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing and chairs set up spaced at least 6' apart. Seating will be limited to a group of no more than 10 so we need to know how many people will be attending.

If you would like to join us, call Elinor Tennyson at (360) 417-2665 or email [admin@olympicuuf.com](mailto:admin@olympicuuf.com) .

- Masks must be worn – mouth and nose covered
- NO SINGING
- Exit doors will be open for air circulation
- **Wear warm clothing**
- No refreshments will be served.



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### BYOP WEDNESDAY NOON-1:00PM AT THE FELLOWSHIP

**This week's theme is:  
BYOP - Bring Your Own Pumpkin or Gourd**

Our noon event is an opportunity to celebrate Fall, be creative and have fun.

We invite all persons to come, crafty and non-crafty. Some of us may just watch the creative efforts of our artsy folks!

All Covid-19 guidelines will be strictly enforced, including social distancing and wearing face masks.

We will have this theme for the next three Wednesdays.

- ❖ Bring your own pumpkins, gourds, etc. decorations, and tools.
- ❖ Tables will be set up outside if weather permits or inside with doors open for ventilation.
- ❖ The Pumpkins can be carved and the seeds etc. can go in the Fellowships composter.
- ❖ Finished Pumpkins will have their photographs taken and used for future use in the newsletter, website, or other social media.
- ❖ The Pumpkins will be taken home.

We are looking forward to a happening for members to share scary stories, poems, etc. when we get close to celebrating All Hallows' Eve aka Halloween.

For more information contact: LauraLee Wadsworth at [lauraleews@gmail.com](mailto:lauraleews@gmail.com)

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## OUUF Caring Committee



Dear Members and Friends of OUUF:

We looked at our membership list and found a number of people who aren't doing Zoom for church services. I was given a list of names from Elinor and Dianne. I have called a few already and I have a list of about 20 names left to call and I wondered if anyone would like to be part of a telephone tree to call someone and say hi there, I am so and so and I wanted to call and say you are missed. We hope you are doing okay and also ask if you would like help with anything?

I thought I would send this note out to the congregation as a whole. Like Sunday greeters, a phone call to a few people is a true kindness to do from your heart. If you are interested, please contact me: [jeanmstratton@gmail.com](mailto:jeanmstratton@gmail.com), and I will send you some names and numbers.

Sincerely yours, Jean Stratton, Chair of OUUF Caring Committee.

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### JACK MULLIGAN HAS PASSED:

From: Vivian Mulligan

Jack was relieved of his pain when he passed away on Tuesday, September 29, at 10:30 am. He was ready to go. He knew he was loved by his family including those present - son, Brendan; daughter, Joy; son-in-law, Kris; dog, Rufus; and wife, Vivian. Thanks for your cards, flowers and phone calls, he also knew he was loved by the OUUF Community.

Joy wrote of her dad,  
*My heart is breaking...he was a simple man who gave fully of his heart. He was honorable & ethical, with wonderful morals...loved and cared for others, completely selflessly...he lived to serve those he loved. Up until the very end, he was praying for others he knew of in need (and he's not religious). I guess I just needed to say all that. He taught me by example. I've never known a more honorable human being.*

Hey, she forgot to mention his great sense of humor!

Decisions regarding any Celebration of Life will be made when Joy and Kris return at Thanksgiving.

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### INFORMATION FROM: KATHI GUNN

Many of our congregation know Phil and Jonna McConnell who have moved from our area but are still in our hearts. We are sad to hear that Jonna had brain bleed surgery twice. She is now going to physical therapy and is at the University of Washington rehab center.

Please send healing thoughts, energy, and prayers to:  
Jonna and Phil McConnell  
4910 Magnolia  
Townsend, WA 98368

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## EMAIL DISCUSSION GROUP:

A group of four of us have started a discussion group via email. We would like to invite others to join in. Anyone in the group can suggest a topic. Then the participants send a reply at their convenience. After a bit of back and forth discussion we move on to another topic. Here are some advantages of this discussion group:

- *Safety (no in person contact)*
- *Convenience - you don't have to schedule a fixed time, you just respond at your convenience*
- *Informal - say what's on your mind with a comfortable group of OUUF folks - none of the pitfalls of some social media forums*

Our first topic was on "toxic positivity". An example of this might be when someone responds to a very difficult situation with a remark such as, "Oh don't worry, everything will turn out okay." OR "Everything happens for a reason." Basically it was a discussion centered around responses that are not helpful and alternatives to those. We read a short article about it.

Interested? Contact Cynthia at [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com)



## REFLECTIONS WOMEN'S GROUP:

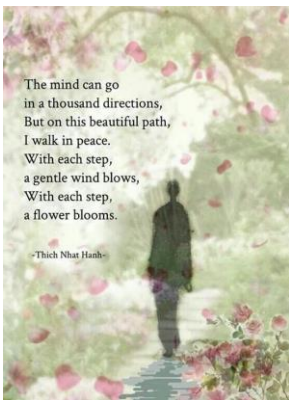
Reflections Woman's Group is meeting at 1:00 pm **outside of the OUUF building** on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at [serena@mylchreest.com](mailto:serena@mylchreest.com)

**Reflections Zoom is on pause until further notice**

## Walking Meditation Group

Are you stressed with the pandemic, politics, and racial unrest?  
Looking for ways to become calmer and feel more balanced?

**OUUF has started our own weekly walking meditation group that can help.**



Our gatherings will be every Friday, from 10-11 AM. We will meet at the OUUF parking lot for a brief guided meditation, poem or short reading, then begin our slow reflective walking, maintaining social distancing. For the next few months, we will be mindfully walking around the OUUF property or from OUUF to Seri Mylchreest's property a few blocks away. At 10:45, we will return to OUUF for discussion and a short closing reading or poem. Once pandemic restrictions are lifted more, we may vary the location.

If this sounds like the kind of self-care you could use, please join us!

*Please wear comfortable clothes & shoes, bring a mask or face shield for COVID-compliance, and a folding chair for sitting (>6' apart) before & after our walk.*

*Children are welcome to come and walk holding hands with their parents.*

*(This photo of Thich Nhat Hanh leading a group is just to show that children can walk mindfully, too.*

*We will not be walking clustered like this.)*

Contact Penny Burdick if you have any questions 360-461-4538 or Email [mandalaht@gmail.com](mailto:mandalaht@gmail.com)

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### CARE CARDS:

As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com). If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUUF roster for addresses



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### HOW ARE YOU?

Share photos, stories or other on how you are spending your time during the Covid-19 restrictions. Submit to Elinor Tennyson at [admin@olympicuuf.com](mailto:admin@olympicuuf.com)

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### Cherry Tomatoes

From: George and Jolie Will

We have an abundance of cherry tomatoes in our garden and want to share with our UU family. Please call or email if you would like to come and pick.

360-683-4037  
georgeandjolie@yahoo.com  
178 Horse Trail Rd.  
Sequim



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### OUUF LANDSCAPE TEAM HAS BEEN BUSY

By: Rose Prestiipino

- ✚ The landscape team was at it again on Monday, October 5.
- ✚ Kevin Duffy trimmed evergreen trees and cleaned up afterwards.
- ✚ Phil Zenner trimmed Bushes and cleaned up the front near Barr Road.
- ✚ Nancy Duffy and Tomi Schwent cleared out the weeds under the swing set.
- ✚ Rose Prestipino tidied up the veggie gardens and planted some fall vegetables.
- ✚ Lou Foldoe cleaned up after everyone, conferred with Elinor, and hauled away all the refuse.
- ✚ Daphne the dog kept us company and acted as unofficial supervisor.

We all enjoyed a sunshiny fall afternoon in a beautiful place, our fellowship grounds.



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## SUNDAY SERVICE SPEAKER

October 4, 2020

Guest Speaker: Rev. Amanda Aikman

**Sermon Description:** William Ellery Channing is known as the father of American Unitarianism. But he was all too often reluctant, timid, even cowardly. This will not be a biography, but a reflection on our own ambivalence in the face of personal and political challenges.

For a copy of this sermon contact Rev. Amanda Aikman at [revaikman@gmail.com](mailto:revaikman@gmail.com)