



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
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360-417-2665

November 22 - 29, 2020



OUUF BOARD OF TRUSTEES

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Juliafbuggy@gmail.com

Harmony Rutter

Izzy Flowers

Care Team

Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

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SUNDAY SERVICE SPEAKER

November 22, 2020

Joseph Bednarik



Sermon: At the Feast: A Masked and Meaningful Grace

Description: Thanksgiving 2020 will take place within the shadow of a global pandemic. As we prepare our favorite foods for this unusual feast, let us also call forth our better angels to help us compose a meaningful grace that we can share with whomever joins us at table.

BIO: Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region

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An email with the Zoom invite information will be sent on Fridays.

If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com

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ZOOM SECURITY: Sunday Service

If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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ANNOUNCEMENTS and THINGS OF INTEREST
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We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted by **Tuesday** to admin@olympicuuf.com

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***OUUF EVENT CALENDAR – open groups only**
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OUUF sponsored events are offered to members and friends as a way to provide increased spiritual, mental and physical health in a safe and caring environment. Groups have at their foundation the Seven Principles of Unitarian/Universalism, as well as our OUUF purpose and mission. They operate under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

Tuesdays	Reading for the Fun of it! 1 st & 3 rd Tuesdays 1-3pm Member's Home	Contact: Kitty Hawks 206-755-2832 or alettehawks@yahoo.com
Wednesdays	The Evening Men's Group 7-9pm: Zoom	Contact: George Stratton (360) 808-4477
	Fellowship open noon-1pm	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
Thursdays	Reflections 2 nd & 4 th Thursdays 1:00pm Fellowship grounds	Contact: Serena Mylchreest at serena@mylchreest.com
Fridays	Walking Meditation Group 11:00am Fellowship	Contact: Sandy Goodwick (818) 489-8626
Sundays	Zoom Sunday Service 11am Remote via Zoom	Contact: admin@olympicuuf.com for Zoom invite
	Zoom Sunday Service 11am Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson for reservation. (360) 417-2665 or admin@olympicuuf.com
	Zoom Children's Service 10:15am	Contact: Juliafbuggy@gmail.com for Zoom invite

See OUUF website for complete calendar list by date [OUUF WEBSITE](#)

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UPCOMING SUNDAY SPEAKERS:
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Nov 29	Jamal Rahman	Dec 13	Bruce Bode
Dec 6	Amanda Aikman	Dec 20	Joseph Bednarik
		Dec 27	Joe Rettenmaier

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PERSONAL PRIVACY: (Sunday Service Community Sharing)

From: Dianne Whitaker

Although we attempt to control who attends our Zoom Sunday services, they are essentially open to the public. We therefore need to be careful in our sharing of information. If it is personal information, we should have that person's permission to share. If information needs to be given to a particular individual the Chat feature can be used with a "chat" to one person rather than the whole group.

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ZOOM SUNDAY SERVICES AT OUUF: permitted under the recent Proclamation



We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing and chairs set up spaced at least 6' apart. Seating will be limited to a small group so we need to know how many people will be attending.

If you would like to join call Elinor Tennyson at (360) 417-2665 or email admin@olympicuuf.com

- Face masks must be worn –
mouth and nose covered at all times
- Singing permitted with face masks on
- Exit doors will be open for air circulation
Wear warm clothing
- No refreshments will be served.

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CHILDREN'S R.E. PROGRAM:

By Harmony Rutter



On November 15th, the RE Program went on another multicultural journey, this time to India where we learned about the beautiful traditions of Diwali. To honor these traditions and learn about their significance, we created beautiful paper lanterns and decorated coloring pages to create our own *rangoli*. We learned that during this time, participants seek to find their inner light and let it shine out for all to see. In follow-up from last week's meeting on the 5th principle and democracy,



Teacher Harmony showcased her purple hair! Next week we will explore the themes of gratitude and the Thanksgiving Holiday. Gobble, gobble!

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THANKSGIVING DAY:

From: UUA President, Susan Frederick-Gray

This year let us be mindful that many hearts in the Indigenous communities of New England and across
Please click on the link for the full text.

[UUA SPECIAL ANNOUNCEMENT – HONORING INDIGENOUS ANCESTORS](#)

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WOMEN MAKING HISTORY

Former Vice President Joe Biden properly welcoming the first Indigenous Congress Women of the United States of America, Deb Haaland for New Mexico & Sharice Davids for Kansas. It's a beautiful day. Progress in its purest form. These women started making history the moment the mere thought of running for Congress crept into their minds. #indigenousRising #MutualRespect #indigenouswomen #WomenArePowerful

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NEW YORK TIMES
By Jeneen Interlandi
Editorial board member

It's been about 100 years since the first surge of coronavirus cases commenced in Seattle and New York. We know a lot more now than we did back then. We know that scrubbing surfaces is not likely to save us (because fomites are not a major source of transmission) but that we can protect ourselves and the people around us by wearing masks. We know that temperature checks won't prevent outbreaks (at least one-third of people who transmit the virus have no symptoms at all), but that routine surveillance testing can catch outbreaks before they become catastrophes. We don't know how safe schools are, or how safe they might be made. But we do know that bars and restaurants are hubs of viral transmission.

And yet, as we enter the third — and potentially worst — coronavirus surge, pandemic fatigue and magical thinking have us acting like all of this is brand-new. Schools are closing while restaurants remain open. State and local leaders are dithering on mask mandates. Too few communities have effective programs in place for contact tracing, quarantine and isolation.

As a recovering scientist who has studied infectious diseases in some form or another for most of my adult life, I've been heartened and awe-struck by how quickly scientists have pinpointed this particular virus's methods and weak spots. And heartsick over how quickly those hard-fought lessons have been cast aside.

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December 6th our 2020 Congregational Meeting will be held. At this meeting we will elect the Board of Trustees for 2021, as well as members of the Endowment Committee and the Nominating Committee. We will also vote on the budget for 2021.

An email containing the 2021 ballot and proposed budget has been sent. If you are an OUUF member and did **NOT** receive the email, please contact Elinor Tennyson at admin@olympicuuf.com or call (360)417-2665

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OOUF Candidates for 2021

Joan Cotta



My mom sent my sister and I to attend church services with our friends. One week it was Southern Baptist, the next Latter-Day Saints, then the Catholics, which made me either confused or open-minded, or plain scared. I have three adult kids and have always been a volunteer. I retired to Sequim in 2016 with my partner Don Ho and our little dog Hope after a long career in Procurement in the Bay Area. One lovely Saturday I went church-shopping on foot in my neighborhood I found a friendly Methodist Church and joined up. Soon I was appointed Treasurer and acted as Business Manager. Here in Sequim, I co-founded Indivisible Sequim. I am a member of the Clallam County League of Women Voters and the Sunbonnet Sue Quilt Club. My motto is, "I leave things better than I found them."

Catharine Covert



Over 35 years ago I found Unitarian Universalism. An advertisement in the newspaper said I would find community, I did and I have stayed, because Community is a crucial element of my life. Since then I have held many positions both paid and volunteer. At Saltwater Church I was president of the board during a building phase. Here at OOUF I focused on membership and then became the first paid administrative coordinator.

Brian Berardo



Having given up the Catholic Church for Lent ages ago, I was so pleased to discover OOUF last year. I now consider OOUF my community and adore the delightful people and inclusivity. Forty-five years of working for Corporate IT, decades in the performing arts, and a perpetual interest in ontology have given this Irish Italian a stubborn tenacity to promote worthy visions, both secular and spiritual. It would be an honor to serve on the board in any capacity.

Phil Zenner



It would be my pleasure to serve the Fellowship as a Member-at-Large on the Board of Trustees. It would be my second time serving on a non-profit Board, the first being for an international men's support organization. My career in software training management provided me with over 30 years' experience in management, supervision, working with people, motivation, team building and problem solving. I believe that OOUF has much to offer all those who fully participate, and that each person should reciprocate if possible, by serving where their individual gifts and beliefs may lead them.

Peggy Toppenberg



I moved to the Diamond Point area outside Sequim from Soldotna, AK in 2015 after retiring from a 30 year career as a certified nurse midwife. During that time I was elected by the borough voters to serve on the local hospital service area board in 2008. Serving a 3 yr term allowed me to develop and enhance consensus building skills that I feel I can bring to the OOUF Board of trustees' member-at-large position. I first discovered our UU fellowship in 2015 and felt such a warm welcome that I felt instantly at home. I have been a member since 2015 and I have served on the membership and nominating committees and am excited to have this opportunity to become more actively involved

become more actively involved

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OUIF Pastoral Care Team



The Caring Team supports and reaches out to members and friends of OUIF who are experiencing life changes, challenges, loss, illness, death or loneliness.

We also share in moments of joy.

Pastoral Caring Team members offer a special touch of human kindness and an open ear. We are a caring, listening presence, although we do not counsel, offer therapy or advice.

We recognize and respect the importance of confidentiality in all information imparted to the Pastoral Care Team members.

Our Services include:

- Hospital, Nursing home and Home visits—listening and companionship
 - Transportation—arranging rides as needed
- Temporary Meals –arrange to have meals delivered during illness or need
 - Mailing greeting cards for illness or other needs

If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader:

Jean Stratton Pastoral Care Team Leader

360 452-6719

jeanmstratton@gmail.com

If you think you may be interested in volunteering for the team,, please contact Jean by email: jeanmstratton@gmail.com, or call 360 452 6719. It's not labor intensive. Just bring a caring heart and a willing to connect with others. Thanks so much.

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CARE CARDS:



As a member of the OUIF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OUIF roster for addresses

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VIEWPOINT - EMAIL DISCUSSION GROUP:

A group of four of us have started a discussion group via email. We would like to invite others to join in. Anyone in the group can suggest a topic. Then the participants send a reply at their convenience. Here are some advantages of this discussion group:

- *Safety (no in person contact)*
- *Convenience - you don't have to schedule a fixed time, you just respond at your convenience*
- *Informal - say what's on your mind with a comfortable group of OUIF folks - none of the pitfalls of some social media forums*

New topics will be submitted on the 1st and 15th of each month. Any participant can submit a topic." Contact Cynthia at cynthiagreen@outlook.com

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Holiday Gifts for Children in Foster Care



Would you like to be a Christmas Elf or an OUUF Angel?

The last nine years OUUF has participated in the campaign for Holiday Gifts for Children in Foster Care. It is organized by the local Foster Parent Association. Last year members of OUUF donated either designated gifts or gave money for gifts to be purchased for a particular child. Our congregational members were very generous. We helped give a happier holiday to 26 children ages newborn to 14 years old.

Tags with a child's needs and wants listed are available. If you wish to have someone else do the shopping you may donate money. Questions or to get a tag call 360- 683-4315 or e-mail me at florenceb@wavecable.com I will be happy to discuss how you can help.

Unwrapped gifts must be returned to the church in a bag/box with the tag attached by Wednesday, December 9th. Elinor is at the church on Wednesdays from noon-1pm; Sundays from 10:30am to 12:30pm. If you need other drop off times please let me or Elinor know. Thank you!! Florence Bucierka

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THANKSGIVING

From: Seri Mylchreest

Are you feeling sad because we won't be able to have our usual OUUF Thanksgiving dinner this year? Me too!

I am going to host a zoom "open house" from 10 - 11 am on Thanksgiving morning. Anyone who wants to can join in at any time during that hour and chat for awhile. We can share what we are grateful for and look forward to having a vaccine available soon.



If you want to receive an invitation to join the meeting please email me at quiltseri@gmail.com with "Thanksgiving" in the subject line.

No obligation to attend! If you ask for an invitation and then can't come don't worry about it.

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Please join us for a time of Walking Meditation.



We are returning to OUUF - on Fridays, from 11 AM - noon. Our intention is to find and hold a calming space within (so necessary in this stressful times), while joining with others in listening to a brief reading, then some alone time for walking (or sitting or ???) and then finishing up with another shared reading, and "check in". BRING A FRIEND!

**FRIDAYS - 11-12 - at OUUF
Please bring your own chair and a mask.**

QUESTIONS? Call Sandy Goodwick (818) 489-8626

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UUF historical fiction book group

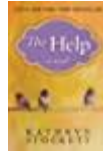
Zoom meeting

This group is organizing to meet once a month on a Friday afternoon from 1 to 3 PM to discuss the reading of a historical fiction book chosen by a group member. The hope is to explore the role of women in our history. Books about important men and their contributions to our society are also welcome choices. If you are interested in joining this group and helping to choose which Friday of the month we meet, please contact Elaine Webber at ElaineJwebber@hotmail.com or 425-941-2217. Thanks! Looking forward to getting started.

Examples of recent historical fiction books are:



[All the Light We Cannot See \(Hardcover\)](#)



[The Help \(Hardcover\)](#)

by [Kathryn Stockett](#) (Goodreads Author)



[The Nightingale \(Hardcover\)](#)

by [Kristin Hannah](#) (Goodreads Author)



[The Guernsey Literary and Potato Peel Pie Society \(Paperback\)](#)

by [Mary Ann Shaffer](#)



[The Other Boleyn Girl \(The Plantagenet and Tudor Novels, #9\)](#)

by [Philippa Gregory](#) (Goodreads Author)

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From: *AWESOME* Vivian Mulligan



By popular demand, Ted Talk tUuesday is back! On November 10 nine people gathered at OUUF to see and discuss Ted Talks with the theme, "Words." And we did enjoy videos on that topic, but being UU's, we decided on a few other subjects as well. These were chosen, of course, by a democratic



vote. Would you believe "Do larger animals take longer to pee?" A good time was had by all.

In deference to the Corona Virus, we were seated an appropriate 6 feet apart; we all wore masks; we kept the doors open; and, thanks to Elinor, everything was sanitized before and after. None of this kept us from having fun.

The date for our next Ted Talk tUuesday may be December 08 or January 12, again in deference to the Corona Virus. Dianne Whitaker will choose the theme.

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A WALK IN THE NEIGHBORHOOD

By: Seri Mylchreest



Because I live in the OUUF neighborhood I often walk by the Little Free Library and tidy and restock the books. Yesterday I walked by and saw that someone had donated a very small book with an orange cover. I believe it was about Buddhism. On my way back from my walk I passed a young woman with a big smile on her face. In her hand I noticed that little orange book.



Today I went to OUUF and got books to restock the Little Free Library.

While I was stocking a group of 4 kids came by-- 2 teens and 2 younger children. The younger one said "we want to look at the books!" They waited patiently while I restocked the library and were very curious--are you the person who puts the books in the library? ... is that building (OUUF) a church or a house? do the church people do the pantry too? we've seen people putting food in it..." They told me they live on Old Olympic. It was so much fun to see and talk to some of those who use the Little Library.

Thank you everyone who donates to the little Library and Pantry.

LITTLE FREE PANTRY DONATIONS:

By Seri Mylchreest

Some people would like to donate to the Little Free Pantry along with their pledge. It is easy to do this-- just make your check out to the total amount and then specify what it's for in the memo line. For example: total check amount is \$150 and memo line says \$100 pledge, \$50 Little Free Pantry.

I like to use the "pay bills" function online that my bank offers. Now that I have the address of OUUF on file it is easy to go in and schedule payment and the bank mails the check. If you intend to make regular payments including a Little Free Pantry donation be sure that you have added that memo about how the check amounts should be recorded. My bank's program makes me add that memo each time even if I am sending the same amount as last month.

If you send a check without a memo we assume it is for your pledge.

OUUF's mailing address is:

PO Box 576
Carlsborg, WA 98324

Thanks for all donations!

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REFLECTIONS WOMEN’S GROUP:

Reflections Woman’s Group is meeting at 1:00 pm **outside of the OUF building** on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com

Reflections Zoom is on pause until further notice

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SUNDAY SERVICE SERMON

November 15, 2020

Joe Rettenmaier

COPY OF SERMON IS NOT AVAILABLE