



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
P O Box 576
Carlsborg, WA 98324
360-417-2665

November 29 – December 6, 2020



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SUNDAY SERVICE SPEAKER

November 29, 2020
Jamal Rahman



OUUF BOARD OF TRUSTEES

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Dianne Whitaker

Vice President:

Joan Cotta

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Admin@Olympicuuf.com

Children's Religious Education Staff

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Juliafbuggy@gmail.com

Harmony Rutter

Izzy Flowers

Care Team

Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

Sermon: Sacred Humor and Spiritual Poetry for Troubled Times

Description: Stories and Poetry often splash in our chest and gift us insights and inspirations. May the humor of Mulla stories and poetry of Sufi Masters bring us healing and meaning in times of crisis.

BIO: Jamal Rahman is a popular speaker on Islam, Sufi spirituality, and interfaith relations. Along with his Interfaith Amigos, he has been featured in the New York Times, CBS News, BBC, and various NPR programs. He is a former co-host of Interfaith Talk Radio and travels nationally and internationally, presenting at retreats and workshops.

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An email with the Zoom invite information will be sent on Fridays.

If you do not receive the email please contact Elinor Tennyson at admin@olympicuuf.com

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ZOOM SECURITY: Sunday Service

If you know anyone who would like to join the service please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted **by Tuesday** to admin@olympicuuf.com

***OUUF EVENT CALENDAR – open groups only**

OUUF sponsored events are offered to members and friends as a way to provide increased spiritual, mental and physical health in a safe and caring environment. Groups have at their foundation the Seven Principles of Unitarian/Universalism, as well as our OUUF purpose and mission. They operate under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

Tuesdays	Reading for the Fun of it! 1 st & 3 rd Tuesdays 1-3pm Member's Home on hold	Contact: Kitty Hawks 206-755-2832 or alettehawks@yahoo.com
Wednesdays	The Evening Men's Group 7-9pm: Zoom	Contact: George Stratton (360) 808-4477
	Fellowship open noon-1pm	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
Thursdays	Reflections *2 nd & 4 th Thursdays 1:00pm Fellowship **1st and 3 rd Thursdays 1:00pm Zoom	Contacts: *Serena Mylchreest at serena@mylchreest.com ** Zoom link: Elaine Webber elainjwebber@hotmail.com
Fridays	Walking Meditation Group 11:00am Fellowship Zoom check-in	Contact: Sandy Goodwick (818) 489-8626
Sundays	Zoom Sunday Service 11am Remote via Zoom	Contact: admin@olympicuuf.com for Zoom invite
	Zoom Sunday Service 11am Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson for reservation. (360) 417-2665 or admin@olympicuuf.com
	Zoom Children's Service 10:15am	Contact: Juliafbuggy@gmail.com for Zoom invite

See OUUF website for complete calendar list by date [click OUUF WEBSITE](#)

UPCOMING SUNDAY SPEAKERS:

Dec 6	Amanda Aikman	2021	
Dec 13	Bruce Bode	Jan 3	Luminescence
Dec 20	Joseph Bednarik	Jan 10	Bruce Bode
Dec 27	Joe Rettenmaier	Jan 17	Joe Rettenmaier
		Jan 24	Joseph Bednarik
		Jan 31	Amanda Aikman

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PERSONAL PRIVACY: (Sunday Service Community Sharing)

From: Dianne Whitaker

Although we attempt to control who attends our Zoom Sunday services, they are essentially open to the public. We therefore need to be careful in our sharing of information. If it is personal information, we should have that person's permission to share. If information needs to be given to a particular individual the Chat feature can be used with a "chat" to one person rather than the whole group.

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ZOOM SUNDAY SERVICES AT OUUF: permitted under the recent Proclamation



We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing and chairs set up spaced at least 6' apart. Seating will be limited to a small group so we need to know how many people will be attending.

If you would like to join call Elinor Tennyson at (360) 417-2665 or email admin@olympicuuf.com

- Face masks must be worn – mouth and nose covered at all times
- Singing permitted with face masks on
- Exit doors will be open for air circulation
- Wear warm clothing**
- No refreshments will be served.

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CHILDREN'S R.E. NEWS:

By Harmony Rutter

On November 22, the RE program engaged in a great session to explore the history and the traditions of the Thanksgiving holiday coming this week. We shared some stories, and blessings for the gifts of life. Then as we moved our hands together, we created some beautiful placemats to enjoy during our Thanksgiving celebrations. Next week we are excited to host a snow themed adventure and create some beautiful ornaments. We will also read a short story to educate ourselves about the 65th anniversary of Rosa Park's courageous activism coming up on December 1st. In other news, during our session one of the

kids shared the results of their science experiment. They are studying the concept of osmosis by soaking gummy bears in water. We all found this to be quite interesting and can't wait to see the results of our own experiments.



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From: Seri Mylchreest

Are you feeling sad because we won't be able to have our usual OUUF Thanksgiving dinner this year? Me too!

I am going to host a zoom "open house" from 10 - 11 am on Thanksgiving morning. Anyone who wants to can join in at any time during that hour and chat for awhile. We can share what we are grateful for and look forward to having a vaccine available soon.

If you want to receive an invitation to join the meeting please email me at quiltseri@gmail.com with "Thanksgiving" in the subject line.

No obligation to attend! If you ask for an invitation and then can't come don't worry about it.

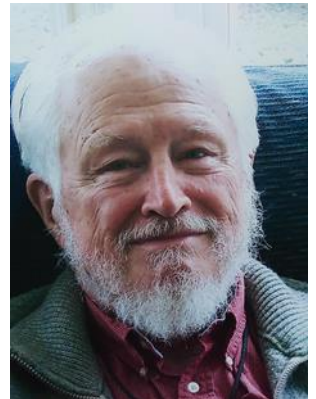
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MILTON PATRIE CELEBRATION OF LIFE:

By Vivian Mulligan

Hello Dear Friends of Milton Patrie

Milt was a long-time member of OUUF and a beloved member of its choir. He also lent his talents to the Peninsula Singers, the Christmas Choir and the Peace Choir.



There is a Celebration of Life for Milt via Zoom on Saturday, December 5th at 11:00am Pacific Time. The service will last 45-55 minutes. To receive the Zoom link, please RSVP to Stephanie at sknead@gmail.com"

A Zoom invitation will be sent out 2-5 days before the Celebration of Life. If you are not familiar with Zoom, please download and try it in advance of the service so that we are able to start on time. There will not be anyone available to troubleshoot that day.

We hope to see you there.

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PHOTOS



Tiglet and Tigeroni following LauraLee's rigor of relaxing and healing



The Buggy's family walk to the mouth of the Lyre River



Moose Buggy !

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OOUF GARDEN NEWS:

By Rose Prestipino



Today we put our gardens to bed for the winter with a layer of mulch. As you can see there is chard and kale still growing and available. Near the front entrance, the middle barrel has Rosemary and peppermint that would love to be cut and used this winter.



I am glad that some of you benefited from the things growing in our little raised bed veggie gardens. We had fun doing it. And many thanks to all of you who donated time and money to make it happen. And yes, will be back in the spring to see what we can grow.

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OOUF Pastoral Care Team



The Caring Team supports and reaches out to members and friends of OOUF who are experiencing life changes, challenges, loss, illness, death or loneliness. We also share in moments of joy.

Pastoral Caring Team members offer a special touch of human kindness and an open ear. We are a caring, listening presence, although we do not counsel, offer therapy or advice.

We recognize and respect the importance of confidentiality in all information imparted to the Pastoral Care Team members.

Our Services include:

- Hospital, Nursing home and Home visits—listening and companionship
 - Transportation—arranging rides as needed
- Temporary Meals –arrange to have meals delivered during illness or need
 - Mailing greeting cards for illness or other needs

If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader:

Jean Stratton Pastoral Care Team Leader
360 452-6719

jeanmstratton@gmail.com

If you think you may be interested in volunteering for the team,, please contact Jean by email: jeanmstratton@gmail.com, or call 360 452 6719. It's not labor intensive. Just bring a caring heart and a willing to connect with others. Thanks so much.

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CARE CARDS:



As a member of the OOUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not already sent one to that person, she will make one for them and mail it. Cynthia has been using the OOUF roster for addresses

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VIEWPOINT - EMAIL DISCUSSION GROUP:

A group of of us have started a discussion group via email. We would like to invite others to join in. Anyone in the group can suggest a topic. Then the participants send a reply at their convenience. Here are some advantages of this discussion group:

- *Safety (no in person contact)*
- *Convenience - you don't have to schedule a fixed time, you just respond at your convenience*
- *Informal - say what's on your mind with a comfortable group of OUUF folks - none of the pitfalls of some social media forums*

New topics will be submitted on the 1st and 15th of each month. Any participant can submit a topic." Contact Cynthia at cynthiagreen@outlook.com

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Holiday Gifts for Children in Foster Care

Would you like to be a Christmas Elf or an OUUF Angel?

The last nine years OUUF has participated in the campaign for Holiday Gifts for Children in Foster Care. It is organized by the local Foster Parent Association. Last year members of OUUF donated either designated gifts or gave money for gifts to be purchased for a particular child. Our congregational members were very generous. We helped give a happier holiday to 26 children ages newborn to 14 years old.

Tags with a child's needs and wants listed are available. If you wish to have someone else do the shopping you may donate money. Questions or to get a tag call 360- 683-4315 or e-mail me at florenceb@wavecable.com I will be happy to discuss how you can help.

Unwrapped gifts must be returned to the church in a bag/box with the tag attached by Wednesday, December 9th. Elinor is at the church on Wednesdays from noon-1pm; Sundays from 10:30am to 12:30pm. If you need other drop off times please let me or Elinor know. Thank you!! Florence Bucierka

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LITTLE FREE PANTRY UPDATE

By Vicki Sensiba

Our pantry is thriving, thanks in part to several of generous donations! But it takes a continous supply of funds to purchase food. Please help if you can!

Watch this Wednesday's Sequim Gazette for an article on our pantry!



If you send a check please note it is for the Little Free Pantry in the memo section.

Mail to: OUUF
PO Box 576
Carlsborg, WA 98324

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UUF historical fiction book group

Zoom meeting

This group is organizing to meet once a month on a Friday afternoon from 1 to 3 PM to discuss the reading of a historical fiction book chosen by a group member. The hope is to explore the role of women in our history. Books about important men and their contributions to our society are also welcome choices. If you are interested in joining this group and helping to choose which Friday of the month we meet, please contact Elaine Webber at ElaineJwebber@hotmail.com or 425-941-2217. Thanks! Looking forward to getting started.

Examples of recent historical fiction books are:



[All the Light We Cannot See \(Hardcover\)](#)



[The Help \(Hardcover\)](#)

by [Kathryn Stockett](#) (Goodreads Author)



[The Nightingale \(Hardcover\)](#)

by [Kristin Hannah](#) (Goodreads Author)



[The Guernsey Literary and Potato Peel Pie Society \(Paperback\)](#)

by [Mary Ann Shaffer](#)



[The Other Boleyn Girl \(The Plantagenet and Tudor Novels, #9\)](#)

by [Philippa Gregory](#) (Goodreads Author)

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Please join us for a time of Walking Meditation.

Fridays, from 11 AM – noon

Our intention is to find and hold a calming space within (so necessary in this stressful times), while joining with others in listening to a brief reading, then some alone time for walking (or sitting or ???) and then finishing up with another shared reading, and “check in”. BRING A FRIEND AND A MASK!



If you cannot attend but would like to participate via Zoom for check-in and shared reading (about 15 minutes), please call/email Sandy Goodwick at (818) 489-8626 or sgoodwick@aol.com to get the Zoom link.

QUESTIONS? Call Sandy Goodwick (818) 489-8626

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REFLECTIONS WOMEN’S GROUP: Meeting canceled -
Thanksgiving Day

Reflections Woman’s Group is meeting at 1:00 pm **outside of the OOUF building** on the second and fourth Thursday of each month, weather permitting. Please bring a lawn chair. We will be spaced six feet apart. The meeting usually lasts one and a half to two hours. Contact: Serena Mylchreest at serena@mylchreest.com

Zoom meetings will be hosted on the first and third Thursday at 1:00PM by Elaine Webber. Contact Elaine at elainejwebber@hotmail.com for the link.

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December 6th our 2020 Congregational Meeting will be held. At this meeting we will elect the Board of Trustees for 2021, as well as members of the Endowment Committee and the Nominating Committee. We will also vote on the budget for 2021.

An email containing the 2021 ballot and proposed budget has been sent. If you are an OOUF member and did **NOT** receive the email, please contact Elinor Tennyson at admin@olympicuuf.com or call (360)417-2665

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OOUF Candidates for 2021

Joan Cotta



My mom sent my sister and I to attend church services with our friends. One week it was Southern Baptist, the next Latter-Day Saints, then the Catholics, which made me either confused or open-minded, or plain scared. I have three adult kids and have always been a volunteer. I retired to Sequim in 2016 with my partner Don Ho and our little dog Hope after a long career in Procurement in the Bay Area. One lovely Saturday I went church-shopping on foot in my neighborhood I found a friendly Methodist Church and joined up. Soon I was appointed Treasurer and acted as

Business Manager. Here in Sequim, I co-founded Indivisible Sequim. I am a member of the Clallam County League of Women Voters and the Sunbonnet Sue Quilt Club. My motto is, “I leave things better than I found them.”

Catharine Covert



Over 35 years ago I found Unitarian Universalism. An advertisement in the newspaper said I would find community, I did and I have stayed, because Community is a crucial element of my life. Since then I have held many positions both paid and volunteer. At Saltwater Church I was president of the board during a building phase. Here at OOUF I focused on membership and then became the first paid administrative coordinator.

Brian Berardo



Having given up the Catholic Church for Lent ages ago, I was so pleased to discover OUUF last year. I now consider OUUF my community and adore the delightful people and inclusivity. Forty-five years of working for Corporate IT, decades in the performing arts, and a perpetual interest in ontology have given this Irish Italian a stubborn tenacity to promote worthy visions, both secular and spiritual. It would be an honor to serve on the board in any capacity.

Phil Zenner



It would be my pleasure to serve the Fellowship as a Member-at-Large on the Board of Trustees. It would be my second time serving on a non-profit Board, the first being for an international men’s support organization. My career in software training management provided me with over 30 years’ experience in management, supervision, working with people, motivation, team building and problem solving. I believe that OUUF has much to offer all those who fully participate, and that each person should reciprocate if possible, by serving where their individual gifts and beliefs may lead them.

Peggy Toppenberg



I moved to the Diamond Point area outside Sequim from Soldotna, AK in 2015 after retiring from a 30 year career as a certified nurse midwife. During that time I was elected by the borough voters to serve on the local hospital service area board in 2008. Serving a 3 yr term allowed me to develop and enhance consensus building skills that I feel I can bring to the OUUF Board of trustees’ member-at-large position. I first discovered our UU fellowship in 2015 and felt such a warm welcome that I felt instantly at home. I have been a member since 2015 and I have served on the membership and nominating committees and am excited to have this opportunity to become more actively involved

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SUNDAY SERVICE SERMON

November 15, 2020

Joseph Bednarik

COPY OF SERMON IS NOT AVAILABLE