



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
P O Box 576
Carlsborg, WA 98324
360-417-2665

February 21 - 28, 2021



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jcottafish@gmail.com
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Administrative Coordinator
Admin@Olympicuuf.com

Children's Religious Education Staff

Julia Buggy
Juliafbuggy@gmail.com

Harmony Rutter

Izzy Flowers

Care Team
Chair: Jean Stratton
jeanmstratton@gmail.com

Jack Webber
Webmaster
webmaster@OlympicUUF.com

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February 21, 2021
Recorded video

Jamal Rahman



Sermon Title: Sharing Three Cups of Tea: Listen, Respect, Connect.

Description: In these divisive times, it is helpful to glean insights and practices to overcome polarization by learning to listen to , respect and connect with the other who is outside our tribe.

Bio: Jamal Rahman is a popular speaker on Islam, Sufi spirituality, and interfaith relations. Along with his Interfaith Amigos, he has been featured in the New York Times, CBS News, BBC, and various NPR programs. He is a former co-host of Interfaith Talk Radio and travels nationally and internationally, presenting at retreats and workshops.

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An email with the Sunday regular service Zoom information will be sent on Fridays. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com

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ZOOM SECURITY: Sunday Service

If you know anyone who would like to join the service, please forward contact information to Elinor Tennyson or Sandy Goodwick and they can send the link. We ask you not to share a Zoom invite link.

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ANNOUNCEMENTS and THINGS OF INTEREST
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We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted **by Tuesday** to admin@olympicuuf.com

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OOUF EVENT CALENDAR – open groups only
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OOUF sponsored events are offered to members and friends as a way to provide increased spiritual, mental and physical health in a safe and caring environment. Groups have at their foundation the Seven Principles of Unitarian/Universalism, as well as our OOUF purpose and mission. They operate under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.



Bernie waiting for in-person events.

Wednesdays	The Evening Men’s Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477
	Fellowship open Noon-1:00-pm Covid-19 protocol	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OOUF Women’s Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
Thursdays	Reflections - Zoom 1st and 3 rd Thursdays 1:00pm	Contact: Elaine Webber for Zoom link elainjwebber@hotmail.com
Sundays	Sunday Service - Zoom 11am	Contact: Elinor Tennyson for Zoom link (360) 417-2665 or admin@olympicuuf.com
	Sunday Service – Zoom viewing 11am Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson for reservation. (360) 417-2665 or admin@olympicuuf.com
	Children’s Service - Zoom 10:15am	Contact: Zoom link Juliafbuggy@gmail.com

See OOUF website for complete calendar list by date click [OOUF WEBSITE](#)

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UPCOMING SUNDAY SPEAKERS:
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|---------------------------|-----------------------------|
| Feb 28 Joseph Bednarik | March 21 Jamal Rahman |
| March 7 Amanda Aikman | March 28 Joseph Bednarik |
| March 14 Bruce Bode | |

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ZOOM SUNDAY SERVICES AT OUUF:

permitted under the recent proclamation

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with **CLOSED CAPTIONS!** All Covid-19 guidelines are followed



Bernie waiting for more people.



Ken Nielson has done his magic once again to celebrate February holidays – Groundhog Day, Valentine’s Day and Mardi Gras

If you would like to join, email Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665

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CHILDREN’S R.E. PROGRAM

By Julia Buggy

In the spirit of Love we gathered on Valentine’s Day for Week 4 of our famous (or less famous but still impactful) series. In honor of Black History Month we learned the story of Dr. John Cashin, civil rights activist, dentist and pilot who founded the National Democratic Party, ran for public offices and helped the Huntsville schools become the first to desegregate in Alabama.



Parents or members may want to visit the websites.....see last page of newsletter

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Needed: tech volunteers for our Sunday services.

Need volunteers to “spotlight” speakers, services leaders. Also need volunteers to “screen share” already fully completed slides during the services. If you have a computer... you can do this!

For more information- contact Sandy Goodwick at sgoodwick@aol.com or 818-489-8626.



THANK YOU!

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MESSAGE FROM DIANNE WHITAKER

Membership Chair

It has been almost a year since our Board of Trustees made the difficult decision to close our sanctuary to regular worship services.

Thanks to all of you for staying with us in whatever capacity:

- attending Zoom services on Sunday
- chairing a committee
- volunteering for tasks
- making phone calls and writing cards
- contributing resources
- maintaining or starting group activities
- taking a few moments out of your day to keep a kind thought for those who may be struggling.

I want you to know we appreciate you.

THANK YOU!



As your membership chair for 2021 I would like to reestablish the Membership Committee.

If you would like to become a member of this committee, please email me at diannewhit@aol.com or give me a call at: 360-683-4945.

I am open to fresh ideas for strengthening our membership.

I am also planning for a two-part orientation for those who are new to OUUF and/or to Unitarian Universalism. I hope to hold this in the sanctuary at a time that is convenient for all.

If you would like to attend, please contact me through my email or phone.

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Friendship garden project:

By Rose Prestipino



While we're waiting for the weather to warm and get a little dryer, we could use your help. Would you begin to collect some rocks for the garden? The smaller river rock is very useful. We will also need some larger attractive ones. When you have some to donate, put them on the west side of the church building near the foundation. Thanks, Rose, Phil, Louis and Elinor

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*Becoming Wise
An Inquiry into
the Mystery and
Art of Living
Krista Tippett*

BECOMING WISE

By George Will

I have been looking through Krista Tippett's book, *Becoming Wise*, and glanced upon this quote from UU chaplain, Kate Braestrup.



"If nothing else, God is the force that drives us to really see each other and to really behold each other and respond to each other. And for me, that is actually enough."

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LOOKING FOR AN UPLIFTING EXPERIENCE?

By Vicki Sensiba



And aren't we all, these days! Helping with the Little Free Pantry provides just those moments, and a real sense of making a difference in our community! Business is booming at the pantry. People in need empty our shelves our cooler almost every day.

Besides non-perishables in the pantry, the cooler offers our users an array of healthy perishable food such as ground meat, tofu, hummus, yogurt, eggs, and fruit and vegetables.



It's truly humbling to see someone delighted that he's able to take home a package of raw carrots to his kids! And then hear him add as he departs that he only comes once a week because he knows there are people in greater need than he is.

All of us on the committee are so grateful for the wonderful support we have received thus far from the community, particularly our own OUUF community! Your donations make this possible. While we would like to believe that better times are coming, it's clear they aren't here yet, and winter is often particularly tough for people with food insecurity. Please continue to do whatever you can to support your neighbors!

If you have questions or would like to volunteer, contact Vicki Sensiba at sensibag@hotmail.com or at 360-683-8914.

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OUUF Pastoral Care Team



The Caring Team supports and reaches out to members and friends of OUUF who are experiencing life changes, challenges, loss, illness, death or loneliness. We also share in moments of joy.

Pastoral Caring Team members offer a special touch of human kindness and an open ear. We are a caring, listening presence, although we do not counsel, offer therapy or advice.

We recognize and respect the importance of confidentiality in all information imparted to the Pastoral Care Team members.

Our Services include:

- Hospital, Nursing home and Home visits—listening and companionship
 - Transportation—arranging rides as needed
- Temporary Meals –arrange to have meals delivered during illness or need
 - Mailing greeting cards for illness or other needs

If you or someone you care about needs a listening ear or a helping hand, please contact our Team

Leader: Jean Stratton Pastoral Care Team Leader

360 452-6719 jeanmstratton@gmail.com

If you think you may be interested in volunteering for the Pastoral Care team, please contact Jean by email: jeanmstratton@gmail.com, or call 360 452 6719. It's not labor intensive. Just bring a caring heart and a willing to connect with others. Thanks so much.

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CARE CARDS:



As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not recently sent one to that person, she will make one for them and mail it to that person. Cynthia has been using the OUUF roster for addresses

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HEALING THOUGHTS/PRAYERS

We are requesting healing thoughts/prayers for Lela Prewitt. Most of you have not met Lela. She is a long term UU who moved here recently with her wife Carole. She was just about ready to become a member and also a Little Free Pantry volunteer, that all changed last week with a diagnosis of acute leukemia. She is in Swedish Hospital in Seattle. Please consider sending healing thoughts/prayers to her. If you wish to send a card, send it to her at: Rm. 1258, Swedish First Hill, 747 Broadway, Seattle, WA 98122 Thank you, Florence Bucierka

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VIEWPOINT - EMAIL DISCUSSION GROUP:

A group of us have started a discussion group via email. We would like to invite others to join in. Anyone in the group can suggest a topic. Then the participants send a reply at their convenience. Here are some advantages of this discussion group:

- *Safety (no in person contact)*
- *Convenience - you don't have to schedule a fixed time, you just respond at your convenience*
- *Informal - say what's on your mind with a comfortable group of OUUF folks - none of the pitfalls of some social media forums*



New topics will be submitted on the 1st and 15th of each month. Any participant can submit a topic.”
Contact Cynthia at cynthiagreen@outlook.com

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VIRTUAL COMMUNITY BULLETIN BOARD

Submissions should be relevant to our mission and purpose as Unitarian Universalist
Announcements need to be submitted by **Tuesday** to admin@olympicuuf.com

UU SOCIAL JUSTICE

Expert Opinion Briefing

Federal Fight for \$15
Thursday, February 18th
11:00am PT

To register to capture the Zoom Log-In: [Register for Our Educational Issue Briefing](#)

[UUSJ FEDERAL MINIMUM WAGE INFORMATION LINK](#)

PREVIOUS SUNDAY SERVICE
February 14

Rev. Bruce Bode

bruceabode@gmail.com

“Speaking of ‘Love’”

May the Love that overcomes all differences,
that heals all wounds,
that puts to flight all fears,
that reconciles all who are separated,
Be in us and among us,
Now and always.
(Rev. Frederick E. Gillis)

Sermon hard copy sent with this newsletter

Children’s RE links to websites: ..

<https://blacklivesuu.org/connect>

BLUU also collaborates with another UU campaign called side with love.

<https://sidewithlove.org/> they have some resources for 30 days of Love for kids

at <https://sidewithlove.org/30-days-of-love-2021-kids>

We watched this short video from Everette R.H. Thompson, Side with Love Campaign Manager on What it means to side with love. <https://www.youtube.com/watch?v=TzmSKmMYLzQ>