



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
P O Box 576
Carlsborg, WA 98324
360-417-2665

May 23 - 30, 2021

OUUF BOARD OF TRUSTEES

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jcottafish@gmail.com

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vp@olympicuuf.com

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Board of Trustees Meeting Minutes

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STAFF BIO'S

Elinor Tennyson

Administrative Coordinator

admin@olympicuuf.com

Children's Religious Education Staff

Julia Buggy

Juliafbuggy@gmail.com

Harmony Rutter

Izzy Flowers

Care Team

Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster

webmaster@OlympicUUF.com

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SUNDAY SERVICE SPEAKER

May 23, 2021

Joseph Bednarik



TOPIC: To See the World: Divine Arts of Imagination

DESCRIPTION: In hymn #398 we sing lines from the mystic and visionary poet William Blake: "To see the world in a grain of sand/and a heaven in a wildflower." The same Blake who proclaimed and practiced the "Divine Arts of Imagination." In this spring season of blooming, inspired by a simple hymn, our sermon picks up a handful of sand, marvels at flowers, and imagines what worlds we can see.

BIO: Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College, and speaks regularly at Unitarian-Universalist congregations in the Puget Sound region.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com

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ZOOM SECURITY: Sunday Service If you know anyone who would like to join the service, please forward contact information to Elinor Tennyson. We ask you not to share a Zoom invite link.

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ANNOUNCEMENTS and THINGS OF INTEREST
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We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted **by Tuesday** to admin@olympicuuf.com

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OOUF EVENT CALENDAR – open groups and events only
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OOUF sponsored events are offered to members and friends as a way to provide increased spiritual, mental and physical health in a safe and caring environment. Groups have at their foundation the Seven Principles of Unitarian/Universalism, as well as our OOUF purpose and mission. They operate under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

Tuesday	Reading for Fun! 1 st and 3 rd Tuesdays 1:00pm Meet in Member's Home	Contact: Kitty Hawks call, text, email 206-755-2832 alettehawks@yahoo.com .
Wednesday	Friendship Garden Ceremony OOUF May 26th 1:00pm	Rose Prestipino Phil Zenner Contact: admin@olympicuuf.com (360) 417-2665
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477
	Fellowship open Noon-12:30pm Covid-19 protocol	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OOUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
Thursday	Reflections Woman's Group Fellowship Grounds 2 nd and 4 th 1:00pm	Contact: Cynthia Green at cynthiagreen@outlook.com
Friday	Walking Meditation Fellowship Grounds 11am-noon	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
Saturday	Herding Cats Event May 22 nd / Noon	See post in this newsletter for information
	Bass Recital May 22 nd 2pm Sanctuary See post in this newsletter for details	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
Sunday	Sunday Service - Zoom 11am	Contact: Elinor Tennyson for Zoom link (360) 417-2665 or admin@olympicuuf.com
	Sunday Service – Zoom viewing 11am Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson for reservation. (360) 417-2665 or admin@olympicuuf.com
	Children's Service - Zoom 10:00am	For Zoom link contact Juliafbuggy@gmail.com

UPCOMING SUNDAY SPEAKERS:

May 30 – Bruce Bode
 June 6 – Amanda Aikman

Shared by George Will

"Whatever a man sows, that he will also reap"
 Apostle Paul in Galatians

So many of us with a Christian background have heard this since we were itty bitty children. It was true almost two thousand years ago and it is true today.



Ken Nielson Creation

ZOOM SUNDAY SERVICES AT OUUF

permitted under the recent proclamation

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with **CLOSED CAPTIONS**. All Covid-19 guidelines are followed.

If you would like to join, email Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665

NOTICE: Washington State DOH Phase 3 guidelines requires all persons attending the Fellowship as guests or workers to self-screen for signs and symptoms of Covid-19 before arriving. Any individual or member of their household with a temperature of 100.4F or more will not be permitted to attend the service or attend work at the Fellowship.



Has your involvement with our Fellowship enriched your life?
 If so, why keep it a secret?



FRANs
 Friends, Releative, Associates and Neighbors

By Phil Zenner



Why not let your friends, relatives, associates and neighbors know of your experience?



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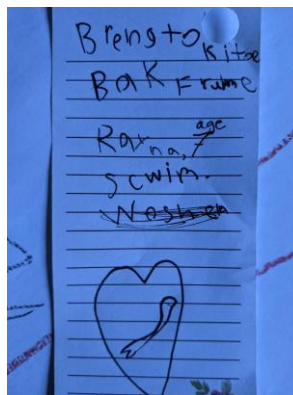
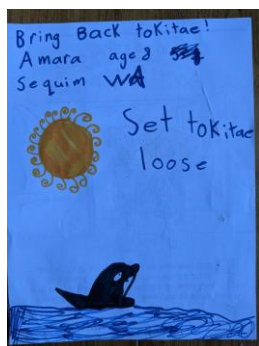
CHILDREN'S R.E. PROGRAM

By Harmony Rutter

This week we began a new six-part series on the Sources of Unitarian Universalism.

The first source is: "Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life." Working from this we engaged in an exercise of compassion, environmental justice and sacred activism.

The Lummi Nation is issuing a proclamation calling for the return of Sk'aliCh'elh-tenaut or Tokitae, an Orca whale that was captured in the 1960's and is being housed in the Miami Seaquarium. In solidarity, we created some letters of support calling for Tokitae's release so that she may return to her family here in the Salish Sea of Washington. We of the OUUF RE Program hope that she may return to her native home soon where she can be reunited with her pod that the Lummi Nation refers to as "The People Under the Water".



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Mark your calendar for an important event coming up next week!!

Rose Prestipino and Phil Zenner



We will have a ribbon-cutting and acknowledgement ceremony next **Wednesday, May 26th at 1 PM** at the Friendship Garden to officially open it for all to enjoy. All are invited to attend and linger after the ceremony for individually wrapped refreshments and lively conversation!

The primary purpose of this event is to honor the people who worked diligently and shared resources to create it. Digging the sod and laying brick was an experience not to be forgotten!

Co-creators Phil Zenner and Rose Prestipino want to share this experience with the Fellowship and larger community. Phil has submitted a press release to the local newspapers, and the event will be published.

The Fellowship Hall has been revitalized during the pandemic and will be open for all to see. In addition, we will highlight the Little Free Pantry and its significant support of our larger community.

**WE HOPE TO SEE YOU ON WEDNESDAY MAY 26TH
1:00 pm**

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Savoring Simplicity –

By Rev. Susan Frederik-Gray, UUA President

This is a promising, yet challenging time. Congregational consultant Susan Beaumont describes it as a “liminal time” – where we begin to imagine beyond the pandemic but are not there yet. She writes, “You cannot resolve liminality by planning your way through it. You must *learn* your way through it. Guide your leaders through cycles of observation, experimentation, adjustment, and iteration.”

This liminal time clamors for creativity and innovation. Yet many of us arrive exhausted, grieving, and traumatized, with the well of creativity nearly dry. **Perhaps embracing simplicity could guide us to the creativity and nurturing we most need.**

Recently, I met a friend who I hadn’t seen since October. We’d taken walks together throughout the pandemic, being careful to practice social distancing. Now we’re both fully vaccinated. Still, we paused to ask and consider whether we could hug. We decided we felt comfortable and wow, did that hug feel good! This made me realize two things. First, the importance of going slow and savoring the small things that are again possible. Second, we may all need to “relearn” and practice consent even for the simplest gestures of sharing community.

[Link to full message](#) including A Guidance to In-Person Singing

[SAVORING SIMPLICITY AND OTHER LINKS](#)

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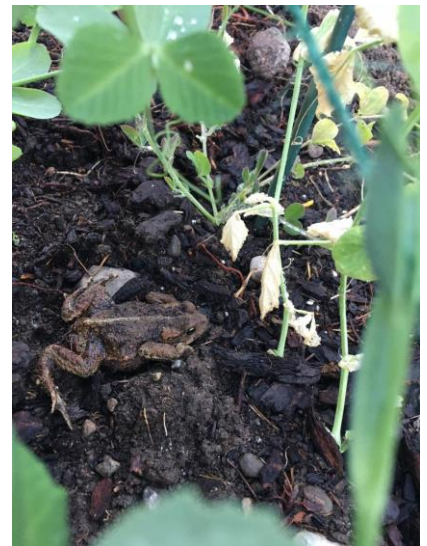
Greetings from the plants!

By Harmony Rutter

Slowly but surely, the garden is starting to take shape and become an oasis of green beauty.

This week the kids and I discovered a new visitor amongst the pea plants. We really enjoyed watching our amphibious guest hop around in the under-growth.

Next goal is to finish building trellises and planting seeds for beans and squash. Thanks again for all the plant donations and financial support to address food insecurity in our community.



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MEDIA TEAM

By Joan Cotta

Are You Creative? Do you like to make computer presentations pulling in artwork, lyrics and stories to make one glorious whole? We have a spot for you! We are looking for additional volunteers to join our media team. Training will be provided. Time involvement is a couple of hours a week. You should be familiar with creating slides in PPT and Google, using cloud storage. Helpful if you know Zoom, but that is easy to learn.

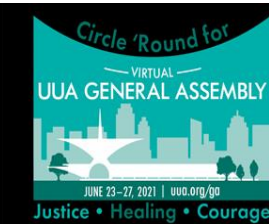
HURRY HURRY HURRY

GET YOUR FREE STARBUCKS CARD

Free to the first two new volunteers

Contact Joan Cotta, jcottafish@gmail.com for more details and to sign up!

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From Tapestry of Faith Curricula UUA GENERAL ASSEMBLY June 23-27, 2021

General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA). Participants worship, witness, learn, connect, and make policy for the Association through democratic process.

If you would like to attend as an OUUF delegate contact Joan Cotta at jcottafish@gmail.com

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Little Free Pantry Grows

On Sunday, the OUUF Board approved building a 10' by 20' building, near the existing well house, to be the storage area for the LFP. There is no cost to the Church. The building will be paid for by donations and grants. Michael Bucierka (former general contractor) and Dave Large (energy efficiency expert) are in charge of the project.



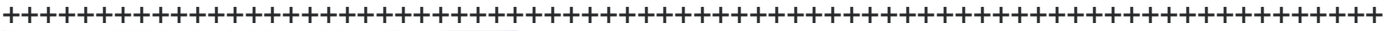
The project will be done in three phases: 1) Concrete foundation 2) Construct new building 3) Install driveway pavers to new building.

At this time, the following items/services are needed to complete phase 1 – Concrete work:

- Full bed pick up to transport materials
- Small back hoe/front end loader or heavy duty rototiller to dig the slab foundation
- Experienced concrete formers or finishers, metal/wood concrete framing forms or any concrete finishing tools
- Labor at any skill level and all volunteer work should be relatively easy. (To control costs we will pour the foundation and Michael will build the building, with volunteer help).

Needed: Garage or barn space to house construction materials to store items once purchased close to the Fellowship if possible

Please contact: Michael Bucierka at octagonhse@wavecable.com. Or call 360-683-4315



YOU ARE INVITED TO

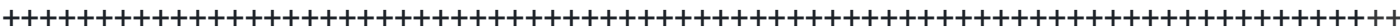
BACK TO THE BASSics

SENIOR DOUBLE BASS RECITAL
MAY 22ND AT 2PM

RSVP – LIMITED SEATING AVAILABLE DUE TO COVID-19
MASKS WILL BE REQUIRED.

THIS IS A CHANCE TO HEAR A TALENTED YOUNG COLLEGE STUDENT PRESENT HER SENIOR RECITAL.

THE EVENT WILL BE AVAILABLE LATER VIA YOUTUBE



The BIG PICK UP - Get Trash!



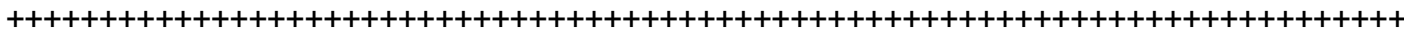
Adopt-A-Highway Project

Saturday May 29 at 9:30am

Sunday May 30 at 1:30pm

Come 1 day or both for an hour or more.
Need 1 volunteer for westside and 1 volunteer for eastside.

Kitty, Litter Crew Coordinator



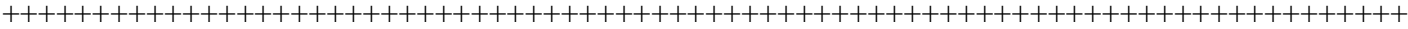
Get Your Paws into Nature! Spring Potluck Picnic...

HERDING CATS EVENT

Saturday/ May 22nd / Noon

Dungeness Recreation Area/ Site 55
Bring stuff - camp chairs, firewood, food, whatever. (Herding Cats celebrate chaos and fun.)

Don't contact Kitty



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CARE CARDS:



As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not recently sent one to that person, she will make one for them and mail it to that person. Cynthia has been using the OUUF roster for addresses.

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Healing Thoughts and Prayers Requested:



Some of you have had the pleasure of meeting Lela Prewitt and her wife Carole Scholl. They are new to the area. Lela is a long term UU and was looking forward to becoming very active in the congregation when she received a diagnosis of acute leukemia. She has been receiving care at Swedish Hospital. She has recently had some ups and downs but is going through treatment hopefully to start a stem cell transplant on May 27th. She and Carole will be living in Seattle for a least 4 months. They would be happy to have healing thoughts sent their way and cards would be fine (no flowers are allowed in the residences). Her address is 525 Minor Avenue, North #410, Seattle, WA 98109.

If you have questions contact: Florence Bucierka

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OUUF Pastoral Care Team

The Caring Team supports and reaches out to members and friends of OUUF who are experiencing life changes, challenges, loss, illness, death or loneliness. We also share in moments of joy. Pastoral Caring Team members offer a special touch of human kindness and an open ear. We are a caring, listening presence, although we do not counsel, offer therapy or advice. We recognize and respect the importance of confidentiality in all information imparted to the Pastoral Care Team members.

Our Services include:

- Hospital, Nursing home and Home visits—listening and companionship
 - Transportation—arranging rides as needed
- Temporary Meals –arrange to have meals delivered during illness or need
 - Mailing greeting cards for illness or other needs

If you or someone you care about needs a listening ear or a helping hand, please contact our Team

Leader: Jean Stratton Pastoral Care Team Leader

360 452-6719 jeanmstratton@gmail.com

If you think you may be interested in volunteering for the Pastoral Care team, please contact Jean by email: jeanmstratton@gmail.com, or call 360 452 6719. It's not labor intensive. Just bring a caring heart and a willing to connect with others. Thanks so much.

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REFLECTIONS

Woman's Group

Beginning in May we are going to resume the in-person Reflections group at OUUF on the SECOND and FOURTH Thursday of each month at 1:00 pm. They usually last about one and a half to two hours. We begin with a brief check in and then proceed to the chosen discussion topic. We generally allow from 5 to 8 minutes for each person to share, depending on the size of the group. We highly value making sure each person present is allowed time to share. No one is forced to share. Just listening is certainly okay too!



The zoom meetings can, of course, continue every Thursday at 1:00 pm for anyone who cannot attend the in-person Reflections group on the 2nd and 4th Thursday of each month.

Contact: Cynthia Green at cynthiagreen@outlook.com

OUUF FRIENDS AND MEMBERS BULLETIN BOARD

Consumer Alert!

Brian Berardo, a member-at-large of our OUUF Board, has published a heads-up about a recent change in Safeway's packaging of their "O Organics" brand. He urges you to check it out at <https://worthyvisions.com/2021/05/08/consumer-alert/> and to spread the word. Thanks!

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REFERRALS OF CONTRACTORS AND/OR HANDYMEN

Suggested By: Don Hatler

NOTE: These are for-hire sources, not volunteers

As our congregation gets older and the need for these services gets greater the potential for problems with unknown contractors and other workers gets greater. We need a resource to be available to help find trustable help for the problems around the house.

If you have had a good experience with a tradesman/person and are willing to share, please send the name and work performed along with any notes to Elinor at admin@olympicuuf.com. We will keep a resource list available to our friends and members.



We could also use referrals for gardening/weeding!!!!

[LINK TO LIST](#)

[OUUF Trade Referral List](#)

SUNDAY SERVICE

May 9, 2021

Jamal Rahman

**Spiritual Practices to Become More Human
video**

[Jamal Rahman Spiritual Practices to Become More Human](#)