



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
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Carlsborg, WA 98324
360-417-2665

July 4 – 11, 2021

OUUF BOARD OF TRUSTEES

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vp@olympicuuf.com

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jcottafish@gmail.com

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Board of Trustees Meeting Minutes

OUUF STAFF

STAFF BIO'S

Elinor Tennyson

Administrative Coordinator
admin@olympicuuf.com

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Juliafbuggy@gmail.com

Harmony Rutter

Care Team

Chair: Jean Stratton

jeanmstratton@gmail.com

Jack Webber

Webmaster
webmaster@OlympicUUF.com

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SUNDAY SERVICE SPEAKER

Via Zoom

July 4, 2021

Jamal Rahman



Sermon: Joy of Freedom and Independence

Description: Jamal will talk about insights and practices to free oneself, little by little, from slavery of the ego: one's selfish desires, constant need for approval, pettiness and unending anxieties. Let us celebrate the joy of connecting to one's higher self, and join in community to heal Mother Earth and resolve injustices.

Bio: Jamal Rahman is a popular speaker on Islam, Sufi spirituality, and interfaith relations. Along with his Interfaith Amigos, he has been featured in the New York Times, CBS News, BBC, and various NPR programs. He is a former co-host of Interfaith Talk Radio and travels nationally and internationally, presenting at retreats and workshops.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com or call 360-417-2665.

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ZOOM SECURITY: Sunday Service If you know anyone who would like to join the service, please forward contact information to Elinor Tennyson. We ask you not to share a Zoom invite link.

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ANNOUNCEMENTS and THINGS OF INTEREST
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We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

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OOUF EVENT CALENDAR – open groups and events only
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Groups meet under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

Tuesday	Reading for Fun! 1 st and 3 rd Tuesdays 1:00pm Meet in Member's Home	Contact: Kitty Hawks call, text, email 206-755-2832 alettehawks@yahoo.com .
	Community Drum Circle Pam's Labyrinth 186 Deer Ridge Lane, off Hooker Rd. 3 rd Tuesday 6-8pm	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
Wednesday	Fellowship open Noon-12:30pm Covid-19 protocol	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OOUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477
Thursday	Reflections Woman's Group In-person Fellowship Grounds 2 nd and 4 th Thursdays 1:00pm	Contact: Cynthia Green at cynthiagreen@outlook.com
Friday	Walking Meditation Pam's Labyrinth 186 Deer Ridge Lane, off Hooker Rd. 11am - Noon	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
Sunday	Sunday Service - Zoom 11am	Contact: Elinor Tennyson for Zoom link (360) 417-2665 or admin@olympicuuf.com
	Sunday Service – Zoom viewing 11am Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	4th of July Event After Sunday Service Fellowship Grounds	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com



Shared by George Will

"Let everyone sweep before his own door and
 the whole world will be clean."
 Goethe

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Upcoming Speakers

July 11	UUA GA Service	August 8	Bruce Bode
July 18	Bruce Bode	August 15	Sarah Schurr
July 25	Joseph Bednarik	August 22	Joseph Bednarik
August 1	Joseph Bednarik	August 29	Roddy Biggs

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ZOOM SUNDAY SERVICES AT OUUF

permitted under the recent proclamation

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.

All county Covid-19 guidelines are followed.

If you would like to join, email Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665

Last Sunday was extra special decor. Ken Nielsen created a dramatic and inspirational pulpit display. We are so grateful to Ken for providing beautiful displays every Sunday.



*Want to be healthy
and gay?
Drink 3 glasses of
milk every day*

Ten of us attended service last Sunday at OUUF. After Zoom sharing we had a wonderful discussion about Joseph's impactful message and decided this is something we want to continue doing. We want to let all you "Zoomers" know in case anyone else would like to join us before our official reopening in the fall. Next Sunday will be our "bring your own picnic" picnic in the Friendship Garden to celebrate the 4th of July.

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NOTICE: Washington State DOH Phase 3 guidelines requires all persons attending the Fellowship as guests or workers to self-screen for signs and symptoms of Covid-19 before arriving. Any individual or member of their household with a temperature of 100.4F or more will not be permitted to attend the service or attend work at the Fellowship.

Attendees will be asked to log in and specify if fully Covid-19 vaccinated. Fully vaccinated persons do not need to wear a mask. Persons not fully vaccinated must wear a mask.

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WELCOME BACK!

By Joan Cotta

We have formed a Welcoming Back Task Force to get us ready to meet again in person. Tentative date for going back is Sept 12, all dependent on the status of the virus here in the county. I am heading the team, with Susan Harris, Elinor Tennyson and Dianne Whittaker. More to follow!

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FOURTH OF JULY PICNIC

Join us for a picnic on the Fellowship grounds after the Sunday service. **Bring your personal picnic and chair if you have one.** If no chair – you can borrow one from the sanctuary.



We may even find some games such as croquet that are hiding in the gardening shed! Questions?

Contact Elinor Tennyson at admin@olympicuuf.com or call 360-417-2665



YELLAND FRIENDSHIP GARDEN EVENT

By Rose Prestipino

The Yelland's are moving away and we are feeling a big loss already.

On Sunday, July 18, from 2-4 PM, we will host an event in their honor in the Friendship Garden.



This informal gathering will provide an opportunity to say goodbye to them in person.

We will have a special guest book made by Cynthia Green, and welcome all to write a message to Joel and Grace. If you will not be able to attend and wish to have something entered in the book, send your message to Elinor Tennyson at admin@olympicuuf.com and she will add it.

And--I believe we will have some music!

Please come and bring a lawn chair if you can!

Contact: Rose Prestipino at Roseprestipino@gmail.com or call (360) 922-4409

NEEDED: Story tellers - People who connect with our Inner Child

Do you remember the excitement you felt listening to good stories - the messages they conveyed? Your story-telling enthusiasm is needed in helping to bring that spirit into our Sunday Services.

"Good stories are central to good worship. As a Time for All Ages, as part of a sermon, or as part of a multigenerational service, stories engage our hearts and minds and help us grow."

Currently, several of our regular story tellers will be gone for parts of the summer. So we are hoping you, and you (and **YOU too!**) would volunteer!

READY TO VOLUNTEER? Contact: Sandy Goodwick/Story for All Ages Coordinator sgoodwick@aol.com or 818-489-8626. THANK YOU!

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CHILDREN'S R.E.

June 20th service

By: Harmony Rutter

We learned about the 6th and final source of UU, delved into the Juneteenth holiday, and honored the Dads in our lives. The 6th Source states: "Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature." To unpack this we contemplated a Gaelic blessing and the words of tribal elder Black Elk.

This was also the last session of the season. We will miss our weekly gatherings but look forward to seeing you in September as we come back from summer break. We are hopeful that our program can return to in person gatherings at the Fellowship building... as the Covid-19 situation evolves we will communicate with you all at the end of August about returning to the classroom in person. For information contact Julia Buggy at Juliafbuggy@gmail.com

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TYE DYE PARTY:

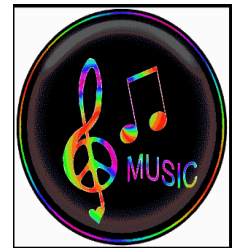
Come one, come all! (And please RSVP to rutterhj@gmail.com)

it's time for the 4th Annual OUUF RE Tye Dye Party on Tuesday July 20th from 2-4 pm! Save the date and more details to follow!

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We Want to Hear from You!

The music task force is working on plans for music for the Sunday services for the near future and for later when we can meet in person again. Whether you are new to OUUF or you have been with us for many years, we would love to have your input. We are looking for:



- People who play a musical instrument and would be willing to contribute to services
- People who would like to sing in the choir when it starts back up
- People with extensive musical backgrounds who would like to help with the music programs

We would also like to hear from the congregation at large about their hopes and wishes for the music program at church. If possible, please send your replies by email; it's easier for me to keep track of them that way. If that's not possible, you may also call me.

Geri Napier
gknapier123@gmail.com
360-477-4269

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DRAFT BOARD OF TRUSTEES MEETING MINUTES AND NOTES

June 20, 2021 meeting

[Board of Trustees Meeting Minutes and Notes](#)

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MUSIC IN THE GARDEN

By Rose Prestipino

Our first event was held last Wednesday, June 16th, at 12:15 PM. in the Friendship Garden. About 20 people attended enjoying the nearly perfect weather. Tom Massey was our featured musician. He played some hymn tunes and familiar melodies on his cello, most associated with our UU tradition. In the beginning, he asked everyone to introduce themselves thus creating a friendly atmosphere.



Later he played a couple of folk songs on his guitar, and we were invited to sing along. They were mostly songs associated with the sea. When asked, he told us about his sailboat, the Black Swan, and his Captain Tom moniker. He invited us to try out his cello when he finished and several did. People were happy to see each other, and some stayed and socialized for a bit. Some went inside the sanctuary and enjoyed the ambiance of the refreshed space. Phil Zenner had striking new photographic work on display. People expressed appreciation for the event and offered suggestions for music events to come.

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OUIF VEGGIE GARDEN

By Seri Mylchreest



Here's a picture of my cold dinner last night... leftover sauteed veggies, avocado, hummus and from the veggie garden I added lettuce and chopped pea pods. Delicious! Thanks Harmony for keeping the veggie garden going!

Everyone is invited to come pick what looks yummy. Kale, lettuce, snap peas, snow peas, and chard are all ready to be picked!

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LITTLE FREE PANTRY UPDATE:



The frame of the LFP building is complete and the workers, Greg & Michael are taking a few days off because of the heat.

We should return Wednesday, June 30. We usually work three days a week (MWF) for about four hours each day. Drop by and say hello to the construction workers and don't forget to bring some goodies for them or sign up for a few hours of work. If you work on this project you can say you helped build it.

Thanks,

Michael Bucierka (360) 683- 4315 octagonhse@wavecable.com

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Sequim Summer Food Program



OOUF is planning on supporting the Sequim Summer Food Program. This program provides a healthy lunch to any child (up to the age of 18) who wants it and only takes ~2 hours out of your day.

We meet at the Boys & Girls Club (B&GC) at 11:30 to collect the lunches and milk and then drive to our designated site. Changes from previous years:

- we're only passing out lunches for ½ an hour – from noon to 12:30 (previously, it was from noon to 1:00)
- masks and gloves will be required to be worn when handing out the lunches
- meals are 'grab and go' (previously, the kids were required to eat the meals on site)
- adults can pick up lunches for their children (previously, the child had to be present)

The weeks for which we've volunteered:

- * July 26-30
- * August 16-20

There are four locations this year:

- * Carrie Blake Park
- * Elk Creek Apartments
- * Seabreeze Apartments
- * Mountain View Court Apartments

At the moment we are still short coverage on 12 days – and that's with only one of us at each site. **It is not necessary to be able to cover a sight for an entire week** – every day is a success. Ideally, we would like to have at least two volunteers at each site each day. In order to transport the B&GC representatives who don't drive, there must be at least two adults in the car for safety.

Because of COVID, sign-up sheets have not been posted on the bulletin board in the sanctuary. Anyone who can volunteer should contact Greg Sensiba [sensibag@hotmail.com]; (360) 683-8914].

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REFLECTIONS

Woman's Group

We have resumed the in-person Reflections group at OOUF on the SECOND and FOURTH Thursday of each month at 1:00 pm. They usually last 1.5 – 2 hours. We begin with a brief check in and then proceed to the chosen discussion topic. We generally allow from 5 - 8 minutes for each person to share, depending on the size of the group. We highly value making sure each person present is allowed time to share. No one is forced to share. Just listening is certainly okay too!



Contact: Cynthia Green at cynthiagreen@outlook.com

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CARE CARDS:



As a member of the OUUF Care Team Cynthia Green has mailed out handmade cards to many in our congregation. If you can think of someone you think would enjoy getting a card, please email Cynthia at cynthiagreen@outlook.com. If she has not recently sent one to that person, she will make one for them and mail it to that person. Cynthia has been using the OUUF roster for addresses.

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OUUF Pastoral Care Team

The Caring Team supports and reaches out to members and friends of OUUF who are experiencing life changes, challenges, loss, illness, death or loneliness. We also share in moments of joy.

Pastoral Caring Team members offer a special touch of human kindness and an open ear. We are a caring, listening presence, although we do not counsel, offer therapy or advice.

We recognize and respect the importance of confidentiality in all information imparted to the Pastoral Care Team members. :



Our Services include

Hospital, Nursing home and Home visits—listening and companionship

- Transportation—arranging rides as needed
- Temporary Meals –arrange to have meals delivered during illness or need
- Mailing greeting cards for illness or other needs

If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader:

Jean Stratton Pastoral Care Team Leader

360 452-6719 jeanmstratton@gmail.com

If you think you may be interested in volunteering for the Pastoral Care team, please contact Jean by email: jeanmstratton@gmail.com, or call 360 452 6719. It's not labor intensive. Just bring a caring heart and a willing to connect with others. Thanks so much.

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LELA PREWITT UPDATE:

By Florence Bucierka

Lela Prewitt, who is under care at Swedish Hospital in Seattle for acute leukemia, who you may have seen at an OUUF Zoom Sunday service really appreciates the care that OUUF has shown her and her wife Carole. She had her stem cell transplant on June 10th. On June 25th she e-mailed: " At last my donor cells are "engrafted" and are producing cells for my new immune system. Success! I had a speed bump that landed me in the hospital but I'm much better now and should be discharged on Sunday. Then the process of monitoring and managing recovery begins. If all goes smoothly we'll be coming home near the end of August. Thanks to OUUF for all the healing intentions, thoughts and prayers. There are challenges that remain but I'm hoping the worst is over." Her address and her wife's Carole School is: Lela Prewitt, 525 Minor Ave. North #410, Seattle, WA 98109 if you wish to send a note or card. If you send to Carole write c/o Lela Prewitt in address.

Questions: Florence Bucierka, florenceb@wavecable.com

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OOUF FRIENDS AND MEMBERS BULLETIN BOARD

FROM GEORGE AND JOLIE WILL

We have Rhubarb to share. Our number is: 360-683-4037.

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REFERRALS OF CONTRACTORS AND/OR HANDYMEN

These are for-hire sources, not volunteers

If you have had a good experience with a tradesman/person and are willing to share, please send the name and work performed along with any notes to Elinor at admin@olympicuuf.com. We will keep a resource list available to our friends and members.

LINK TO LIST **OOUF Trade Referrals**

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SUNDAY SERVICE

June 25, 2021

Joseph Bednarik

Copy of sermon sent with this newsletter