



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
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August 5 - 22, 2021

Circulation: 230

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SUNDAY SERVICE SPEAKER

Via Zoom

August 15, 2021

Rev. Sarah Schurr



SERMON TOPIC: An Honest Look in the Mirror: Reflections on the Report of the Commission on Institutional Change

DESCRIPTION: The new report from the Commission on Institutional Change came out last year and offers suggestions on helping us live our values around justice and inclusion. Come hear what this has to do with congregations like ours.

BIO: The Rev. Sarah Schurr was ordained in 2008 and joined the UUA Pacific Western Region team in 2016. She serves as primary contact for all congregations in the states of Washington, Montana, and Wyoming. In addition to her primary contact work, Sarah is the PWR specialist for small congregation concerns. She works with the UUA Disaster Relief Fund and is the UUA staff liaison to EqUual Access, which promotes equality and access for Unitarian Universalists with disabilities. Sarah keeps her home office in Portland, Oregon, where she lives with her husband and their cat.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com or call 360-417-2665

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MAILING ADDRESS FOR DONATIONS:

OUUF
P O BOX 576
CARLSBORG, WA 98324

Thank you for your donation

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ANNOUNCEMENTS and THINGS OF INTEREST
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We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

OOUF EVENT CALENDAR – open groups and events only

Groups meet under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

Tuesdays	Reading for Fun ! 1 st and 3 rd Tuesdays 1:00pm Meet in Member's Home	Contact: Kitty Hawks call, text, email 206-755-2832 alettehawks@yahoo.com .
	Community Drum Circle Pam's Labyrinth 186 Deer Ridge Lane, off Hooker Rd. 3 rd Tuesday 6-8pm	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
	Brunch Bunch Mariner's Café in Sequim 2 nd and 4 th Tuesdays 11am	Contact: Dave Large dbiguy@aol.com
Wednesdays	Fellowship open Noon-12:30pm Covid-19 protocol	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OOUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477
Thursdays	Reflections Women's Group In-person Fellowship Grounds 2 nd and 4 th Thursdays 1:00pm	Contact: Cynthia Green at cynthiagreen@outlook.com
Fridays	Walking Meditation Pam's Labyrinth 186 Deer Ridge Lane, off Hooker Rd. 11am - Noon	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
Saturday	Adopt-a Highway August 21st / 9:30am Meet at River Road	Contact Kitty Hawks at 206-755-2832 alettehawks@yahoo.com!
Sundays	Sunday Service 11am – Zoom viewing at Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com



**Words to Live by
Shared by George Will**

"Reflect upon your pleasant blessings-
of which everyone has many-
not on your past misfortunes,
of which everyone has some."
Charles Dickens
(1812 - 1870)

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Upcoming Speakers

August 22	Joseph Bednarik	September 19	TBD
August 29	Roddy Biggs	September 26	Jamal Rahman
September 5	Lynn Ungar		
September 12	Joseph Bednarik		

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ZOOM SUNDAY SERVICES AT OUUF

MASKS ARE REQUIRED FOR ALL INDOOR EVENTS



"families may sit together"

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.

If you would like to join, email Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665

OUUF follows the Washington State DOH guidelines and Clallam County Health Dept Covid-19 mandates. Our primary concern is the safety and well-being of all persons meeting at the Fellowship. If you have any questions feel free to contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.

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NOTICE: Washington State DOH Phase 3 guidelines requires all persons attending the Fellowship as guests or workers to self-screen for signs and symptoms of Covid-19 before arriving. Any individual or member of their household with a temperature of 100.4F or more will not be permitted to attend the service or attend work at the Fellowship.

Attendees will be asked to log in and specify if fully Covid-19 vaccinated

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Go for the Trash!
Adopt-a Highway
August 21st / 9:30am

Meet at River Road
Contact Kitty Hawks at 206-755-2832
alettehawks@yahoo.com

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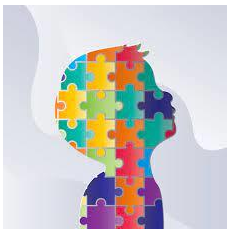
Sequim Summer Food Program

OOUF is planning on supporting the Sequim Summer Food Program. This program provides a healthy lunch to any child (up to the age of 18) who wants it and only takes ~2 hours out of your day.

Need volunteers for August 16-20. **It is not necessary to be able to cover a sight for an entire week** – every day is a success. Anyone who can volunteer should contact Greg Sensiba sensibag@hotmail.com; (360) 683-8914].

For details click [SUMMER LUNCH PROGRAM INFORMATION ON WEBSITE](#)

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Ted Talks Asperger's/Autism OOUF Sanctuary Tuesday, August 24 – 1:00 pm

"Autism is not a disease; it's just another way of thinking," says **Ethan Lisi**. 10 minutes

Alix Generous is a college student and biology researcher with Asperger syndrome. She stresses the importance of building accepting environments for all kinds of minds. The first part of her presentation could well be a stand-up comedy routine. 10 minutes

Steve Silberman is a writer and contributing editor for Wired who covers science and society. His newest book explores neurodiversity and the link between autism and genius. He brings up the myth that vaccinations cause autism and also goes into history, including the work of Dr. Asperger. 13 minutes

Contact Dianne Whitaker @ diannewhit@aol.com or Vivian Mulligan at Vivian.mulligan@gmail.com

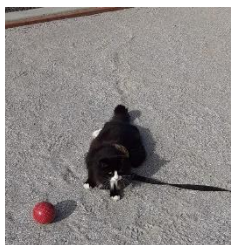
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Outdoor Game Fun

By Cynthia Green

Mondays – 2pm

Carrie Blake Park – shuffleboard/bocci ball courts



Some of us have started meeting at the Carrie Blake Park in Sequim on Monday afternoons at 2:00 pm to play bocci ball, shuffleboard and horseshoes. Don't worry if you don't know how to play these games. We are all having fun learning and trying to decide what rules to follow. We play for an hour or two. Free equipment is provided. Since the court area has no benches you might want to bring your own outdoor chair. People not vaccinated need to practice social distancing

Even Sassy can play!

Contact Cynthia Green at cynthiagreen@outlook.com for more information.

Directions to the courts: Enter the Sequim Water Reuse Demonstration Park located at E. Fir Street and N. Blake Ave. If you need more directions, call Cynthia

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MARINER BRUNCH BUNCH **The Tuesday Brunch Bunch is Back**

By Dave Large

In pre-Covid times, a group of OUUFers met at 11:00 every **second and fourth Tuesday** at the Mariner's Café in Sequim (609 W. Washington Street) for brunch and informal visiting in their group dining area. Sometimes there were a dozen of us, sometimes there were two dozen of us, but the conversation and camaraderie were always worth it. Some of us are the custom.

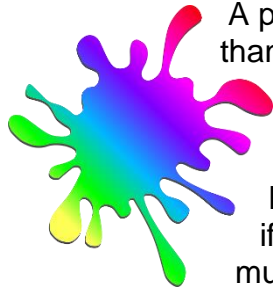


If you are interested, let Dave Large dbiguy@aol.com know so that we can let Mariner's know how many to expect .

The meal is no-host (separate checks).

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INTERESTED IN A PARTY?



A painting party, that is... Little Free Pantry construction is moving along well, thanks to the efforts of Michael Bucierka and Greg Sensiba, and with great support from Dave Large. It should be ready for exterior painting in the next couple of weeks, with interior painting shortly after that. To save on expenses, we are going to do the painting ourselves and would welcome any volunteers willing to help the committee. No experience is necessary and treats will be provided. And if you're feeling exceptionally party-like, you can wear a silly hat and we will provide music. Who could ask for more than that?

If you're interested, contact Vicki Sensiba at sensibag@hotmail.com or at 360-683-8914.

LITTLE FREE PANTRY UPDATE:

By Michael Bucierka

The door, windows and all exterior trim have been installed on the LFP building. The primer coat (which is tinted to approximate the finished color) was applied by Jack Weber, Pat Fletcher, Ken Nielsen, Jean Stratton and not pictured Vicki and Greg Sensiba. Dave Large and Dave Squire continue working on the electrical work. The final coat of paint will be done this week, a trench between both sheds will be dug for the electrical connection and the roof shingles will be installed by a Seattle friend of Vicki's. Also, various miscellaneous interior carpentry work will continue. After we get an electrical inspection the insulation, drywall and fans will be installed.



Come by, with goodies, and see our work and talk with the crew.



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ABC4PD hybrid exercise classes are opening enrollment for all seniors.

*The Aerobics, Balance, and Coordination Dance Exercise Class meets Mondays and Wednesdays from 9:30 AM to 10:30 AM at OUUF and on Zoom.



*The Tai Ji Quan: Moving for Better Balance meets Mondays and Wednesdays from 11 AM to noon on Zoom and outdoors behind OUUF next to the vegetable garden.

All classes are offered on a donation basis.

**For more information on the dance class and to register for it please call Marsha Melnick PT, PhD at 360-808-3109.

**For information on the Tai Ji class and to register please call Peggy Scheideler PT at 760-518-4181.

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U.U. Green Sanctuary 2030 Accreditation

By Pat Dusel

The Vision

A world that is sustainable and just for humanity and for the whole web of life, including present and future generations.

We are looking for congregants who are interested in becoming involved with this process and/or .

LINK TO [UUA Green Sanctuary 2030 Accreditation Website](#)

Contact: Co-chairs Pat Dusel at patdusel@hotmail.com or

Sandy Goodwick at sgoodwick@aol.com

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REFLECTIONS

Women's Group

We have resumed the in-person Reflections group at OUUF on the SECOND and FOURTH Thursday of each month at 1:00 pm. They usually last 1.5 – 2 hours. We begin with a brief check in and then proceed to the chosen discussion topic. We generally allow from 5 - 8 minutes for each person to share, depending on the size of the group. We highly value making sure each person present is allowed time to share. No one is forced to share. Just listening is certainly okay too!



Contact: Cynthia Green at cynthiagreen@outlook.com

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CARE TEAM AND CARE CARDS:



If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader: Jean Stratton Pastoral Care Team Leader 360 452-6719 jeanmstratton@gmail.com

If you know of anyone who would appreciate a beautiful handmade card, contact Cynthia Green at cynthiagreen@gmail.com For more information click below

[CARE TEAM AND CARE CARD INFORMATION](#)

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OOUF FRIENDS AND MEMBERS BULLETIN BOARD

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Flossie Bode, Bruce's wife, completed her three months of chemotherapy this past Wednesday, August 4, and wishes to thank the members of OOUF for their cards, emails, and other support for her these last five months. Her prognosis is very good, and she and Bruce are looking forward to a more normal life again.

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Thank you!

From Vivian Mulligan

In the interest of public safety, my children have taken away my driving privileges. Many thanks to those of you who have provided transportation so that I don't miss beloved OOUF events and get togethers! **Jean Stratton, Geri Napier, Cynthia Green, Peggy Toppenberger, Dianne Whittaker**

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THEATER AND DINNER?

By: Colleen Squier

Dave and I are getting season tickets to Olympic Theater Arts in Sequim. We have selected the "Third Friday" option for dates and all five shows. If anyone else wants to join us, we could make it a "party!" Maybe even gather for dinner before. Looking forward to live theater and supporting this local organization. Contact: Colleen Squier at colleenhowardsquier@gmail.com



LOOKING FOR NEW CHALLENGES?

If you are a jigsaw puzzler and would like some new puzzles, contact Greg or Vicki Sensiba. We have a large selection, most of which are 1,000 pieces though a few with less. Most have only been used once. If interested, call 360-683-8914 or email sensibag@hotmail.com



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REFERRALS OF CONTRACTORS AND/OR HANDYMEN

These are for-hire sources, not volunteers

[LINK TO LIST](#)

[OUUF TRADE REFERRALS](#)

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SUNDAY SERVICE

August 8, 2021

Rev. Bruce Bode

A copy of the sermon is sent with this newsletter