



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
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360-417-2665

August 29 – September 5, 2021

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August 20, 2021
SUNDAY SERVICE SPEAKER
Via Zoom
11 a.m.

Roddy Biggs



SERMON: Why Not Everyone

DESCRIPTION: Inspired by the Traditional Spiritual Song, *Why Not Every Man? (Didn't My Lord Deliver Daniel)*: Join in the conversations as we explore together what we can do as Unitarian Universalists in the 21st century to ensure that everyone, those who are Queer, BIPOC, living with mental and emotional health challenges, and so many more communities, not only feel but know that they are seen, are heard, are valid and are welcome/ celebrated in our Unitarian Universalist faith.

BIO: Roddy is a recent graduate of Middle Tennessee State University, holding a Bachelors' degree in religious studies with a minor in sociology. In the fall, he will be continuing my education at Meadville Lombard Theological Seminary in Chicago, Illinois, as I pursue the Unitarian Universalist ministry. As of December 2020, he is also an official aspirant for the ministry with the UUA.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com or call 360-417-2665

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MAILING ADDRESS FOR DONATIONS:
OUUF
P O BOX 576, CARLSBORG, WA 98324

Thank you for your donation

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ANNOUNCEMENTS and THINGS OF INTEREST
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We reserve the right to edit your submission for length and grammar.
 Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

OOUF EVENT CALENDAR – open groups and events only

Groups meet under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

Tuesdays	Reading for Fun ! 1 st and 3 rd Tuesdays 1:00pm Meet in Member's Home	Contact: Kitty Hawks call, text, email 206-755-2832 alettehawks@yahoo.com .
	Community Drum Circle Pam's Labyrinth 186 Deer Ridge Lane, off Hooker Rd. 3 rd Tuesday 6-8pm	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
8/24	TED Talks 1pm Sanctuary	Contact Dianne Whitaker @ diannewhit@aol.com or Vivian Mulligan at Vivian.mulligan@gmail.com
	Brunch Bunch Mariner's Café in Sequim 2 nd and 4 th Tuesdays 11am	Contact: Dave Large dbiguy@aol.com
Wednesdays	Fellowship open Noon-12:30pm Covid-19 protocol	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OOUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477
Thursdays	Reflections Women's Group In-person Fellowship Grounds 2 nd and 4 th Thursdays 1:00pm	Contact: Cynthia Green at cynthiagreen@outlook.com
Fridays	Walking Meditation Pam's Labyrinth 186 Deer Ridge Lane, off Hooker Rd. 11am - Noon	Contact: Penny Burdick (360) 461-4538 or mandalaht@gmail.com
Sundays	Sunday Service 11am – Zoom viewing at Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com



**Words to Live by
 Shared by George Will**

"Where the mind goes.
 the behind follows."
 Mark Twain's brother

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Upcoming Speakers

September 5 Lynn Ungar September 19 UUA recorded service
September 12 Joseph Bednarik September 26 Jamal Rahman

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ZOOM SUNDAY SERVICES AT OUUF

MASKS ARE REQUIRED FOR ALL INDOOR EVENTS



“families may sit together”

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.

If you would like to join, email Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665

OUUF follows the Washington State DOH guidelines and Clallam County Health Dept Covid-19 mandates. Our primary concern is the safety and well-being of all persons meeting at the Fellowship. If you have any questions, feel free to contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.

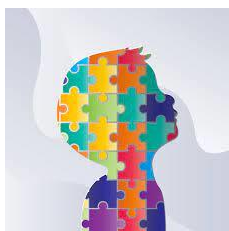
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NOTICE: Washington State DOH Phase 3 guidelines requires all persons attending the Fellowship as guests or workers to self-screen for signs and symptoms of Covid-19 before arriving. Any individual or member of their household with a temperature of 100.4F or more will not be permitted to attend the service or attend work at the Fellowship.

Attendees will be asked to log in and specify if fully Covid-19 vaccinated

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TED Talks Asperger’s/Autism OUUF Sanctuary Tuesday, August 24 – 1:00 pm



"Autism is not a disease; it's just another way of thinking," says **Ethan Lisi**. 10 minutes

Alix Generous is a college student and biology researcher with Asperger syndrome. She stresses the importance of building accepting environments for all kinds of minds. The first part of her presentation could well be a stand-up comedy routine. 10 minutes

Steve Silberman is a writer and contributing editor for Wired who covers science and society. His newest book explores neurodiversity and the link between autism and genius. He brings up the myth that vaccinations cause autism and also goes into history, including the work of Dr. Asperger. 13 minutes

Contact Dianne Whitaker @ dianne Whitaker@aol.com or Vivian Mulligan at Vivian.mulligan@gmail.com

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SUMMER LUNCH PROGRAM:

By Greg Sensiba

Thanks to the following people who helped the Sequim Boys & Girls Club distribute over 1200 meals (600 lunches; 600 breakfasts) to school kids during the weeks of July 26-30 and August 16-20: Florence Bucierka, Geri Carlson (friend of the Webbers), Dani Casey, Pat Dusel, Cynthia Green, Cynthia Grey, Nancy Kolton (friend of the Webbers), Heather Minter (friend of the Webbers), Elinor Tennyson, Elaine Webber, Jack Webber, and Dianne Whitaker.



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HIGHWAY TRASH PICK UP

Saturday, August 21st
By: Kitty Hawk

Kitty's litter crew filled 20 bags of discarded stuff along our section of Adopt-A-Highway! Thank you: Dianne Whitaker, Jolie Will, George Will, John Toppenberg, Gayle Larson, Joyce Blankenship.



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LITTLE FREE PANTRY UPDATE:

By Michael Bucierka



The end of work is in sight on the new LFP building! Last week the trench between the two buildings was dug, thanks to Greg, Jack, Dave and yours truly (it took two of us to handle the electric jack hammer), and the conduit was installed. Later Dave Squire and Dave Large ran the cable through the conduit connecting electricity to the new building. The electrical work was approved by the state inspector and Dave Large started insulating the building. Yours truly continues to do miscellaneous and necessary work in and outside

of the building.

This week the drywall should be started and when complete followed by painting the interior floor, walls, and the trim. When the latter is finished, we will install the permeable driveway.



It's still not too late to volunteer for this project. I am in need of five people to help install the driveway which will take up to 8 hours and you need not volunteer for the entire time period. Minimal physical labor is involved because we are renting equipment and the driveway tiles weigh about four pounds. Call or email for specifics. And if you act within 30 minutes of reading this bulletin, you will receive a gift of undetermined value.

Michael Bucierka
octagonhse@wavecable.com
(360) 683-4315

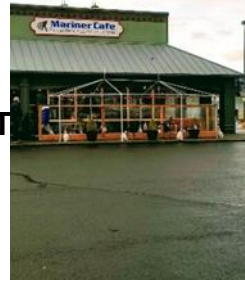
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MARINER BRUNCH BUNCH The Tuesday Brunch Bunch is Back

By Dave Large

In pre-Covid times, a group of OUUFers met at 11:00 every **second and fourth T** at the Mariner's Café in Sequim (609 W. Washington Street) for brunch and informal visiting in their group dining area. Sometimes there were a dozen of us, sometimes there were two dozen of us, but the conversation and camaraderie were always worth it. Some of us are ready to renew the custom.



If you are interested, let Dave Large dbiguy@aol.com know so that we can let Mariner's know how many to expect .

The meal is no-host (separate checks).

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Outdoor Game Fun

By Cynthia Green

Mondays – 2pm
Carrie Blake Park – shuffleboard/bocci ball courts



Some of us have started meeting at the Carrie Blake Park in Sequim on Monday afternoons at 2:00 pm to play bocci ball, shuffleboard and horseshoes. Don't worry if you don't know how to play these games. We are all having fun learning and trying to decide what rules to follow. We play for an hour or two. Free equipment is provided. Since the court area has no benches you might want to bring your own outdoor chair. People not vaccinated need to practice social distancing

Contact Cynthia Green at cynthiagreen@outlook.com for more information.

Directions to the courts: Enter the Sequim Water Reuse Demonstration Park located at E. Fir Street and N. Blake Ave. If you need more directions, call Cynthia

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ABC4PD hybrid exercise classes are opening enrollments for all seniors.

*The Aerobics, Balance, and Coordination Dance Exercise Class meets Mondays and Wednesdays from 9:30 AM to 10:30 AM at OUUF and on Zoom.

*The Tai Ji Quan: Moving for Better Balance meets Mondays and Wednesdays from 11 AM to noon on Zoom and outdoors behind OUUF next to the vegetable garden.



All classes are offered on a donation basis. **For more information on the dance class and to register for it please call Marsha Melnick PT, PhD at 360-808-3109. **For information on the Tai Ji class and to register please call Peggy Scheideler PT at 760-518-4181.

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REFLECTIONS

Women's Group

We have resumed the in-person Reflections group at OUUF on the SECOND and FOURTH Thursday of each month at 1:00 pm. They usually last 1.5 – 2 hours. We begin with a brief check in and then proceed to the chosen discussion topic. We generally allow from 5 - 8 minutes for each person to share, depending on the size of the group. We highly value making sure each person present is allowed time to share. No one is forced to share. Just listening is certainly okay too!



Contact: Cynthia Green at cynthiagreen@outlook.com

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CARE TEAM AND CARE CARDS:

If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader: Jean Stratton
Pastoral Care Team Leader
360 452-6719 jeanmstratton@gmail.com



If you know of anyone who would appreciate a beautiful handmade card, contact Cynthia Green at cynthiagreen@gmail.com For more information click below

CARE TEAM AND CARE CARD INFORMATION

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Andrew Fransone had a heart attack on the plane on his way to California. There was a doctor and a defibrillator on the plane and they were able to save his life and get him to the hospital He is having a defibrillator placed in his chest and he and Chrissie will be flying home Friday. He will need cardiac rehabilitation. As part of these he needs a stationary bike. If you have one that has become a clothes hanger and that you would like to donate please contact me at diannewhit@aol.com. Submitted by Dianne Whitaker

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OUUF FRIENDS AND MEMBERS BULLETIN BOARD

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REFERRALS OF CONTRACTORS AND/OR HANDYMEN

These are for-hire sources, not volunteers

[OUUF Trade Referrals](#)

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SUNDAY SERVICE

August 22, 2021

Joseph Bednarik

Copy of sermon sent with this newsletter