



# OUUF Weekly Update An Inclusive Community

1033 N. Barr Road  
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Carlsborg, WA 98324  
360-417-2665

**November 21 - 28, 2021**

Circulation: 266

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#### Elinor Tennyson

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#### Children's Religious Education Staff

#### Julia Buggy

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#### Harmony Rutter

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#### Care Team Chair:

#### Jean Stratton

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#### Webmaster

#### Jack Webber

[webmaster@OlympicUUF.com](mailto:webmaster@OlympicUUF.com)

**November 21, 2021  
SUNDAY SERVICE SPEAKER  
Via Zoom 11 a.m.**

**Lynn Ungar**



**SERMON TOPIC:** Giving Thanks

**DESCRIPTION:** Thanksgiving is a holiday in the US with complicated associations, but the question of how we practice gratitude in difficult times is a challenge that is always fresh.

**BIO:** Our speaker, Rev. Dr. Lynn Ungar, is both a UU minister. Lynn Ungar's first book of poetry, *Blessing the Bread*, earned her fans around the world. In March of 2020 her poem "Pandemic" went viral, and in the following days she has been writing and sharing poetry in response to these strange times we live in. Lynn is a Unitarian Universalist minister. She also trains dogs for competition in obedience, agility and canine musical freestyle (dancing with dogs). She looks forward to the time when she can go back to being an avid choral singer and contra dancer. Lynn lives in Vancouver, Washington with her two Australian Shepherds.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) or call 360-417-2665  
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### MAILING ADDRESS FOR DONATIONS:

OUUF  
P O BOX 576  
CARLSBORG, WA 98324

Thank you for your donation

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**OOUF EVENT CALENDAR**

**Link to complete OOUF calendar**  
**Event updates, additions and changes will appear as a post in the newsletter.**

Groups meet under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) if you have questions or would like clarification.

**OPEN EVENTS FOR November 21-28, 2021**

<b>Thursday 11-18</b>	Reflections Women's Group Sanctuary 1:00pm	Contact: Cynthia Green at <a href="mailto:cynthiagreen@outlook.com">cynthiagreen@outlook.com</a>
<b>Sunday 11-21</b>	Sunday Service 11am – Zoom Viewing at Fellowship sanctuary doors open 10:30am	Contact: Elinor Tennyson (360) 417-2665 or <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a>
<b>Tuesday 11-23</b>	TED Talks 1pm Sanctuary	Contact: Dianne Whitaker at <a href="mailto:diannewhit@aol.com">diannewhit@aol.com</a>
<b>Wednesday 11-24</b>	Fellowship open Noon-12:30pm	Contact: Elinor Tennyson (360) 417-2665 or <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a>
	OOUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton <a href="mailto:jeanmstratton@gmail.com">jeanmstratton@gmail.com</a>
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477

**Upcoming Speakers**

November 28     Joseph Bednarik  
 December 5     Bruce Bode  
 December 12    Lynn Ungar

**CHILDREN'S RELIGIOUS EDUCATION PROGRAM:**

By Harmony Rutter



Last Sunday we explored the common roots of three major World Religions. Christianity, Islam and Judaism all share a story about a prophet named Moses who according to religious texts received the Ten Commandments from God, a set of rules to guide one's life. We explored these stories from the Christian Bible, the Islamic Quran and the Jewish Torah in an effort to deepen our own spiritual journey. We also heard from everyone about the ways that you live your life to be a good neighbor in your community 🌟 ☺️ 💜

Email [rutterhj@gmail.com](mailto:rutterhj@gmail.com) or [juliafbuggy@gmail.com](mailto:juliafbuggy@gmail.com) for the Zoom invite.

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Arrangement by Ken Nielsen

### ZOOM SUNDAY SERVICES AT OUUF

#### MASKS ARE REQUIRED FOR ALL INDOOR EVENTS

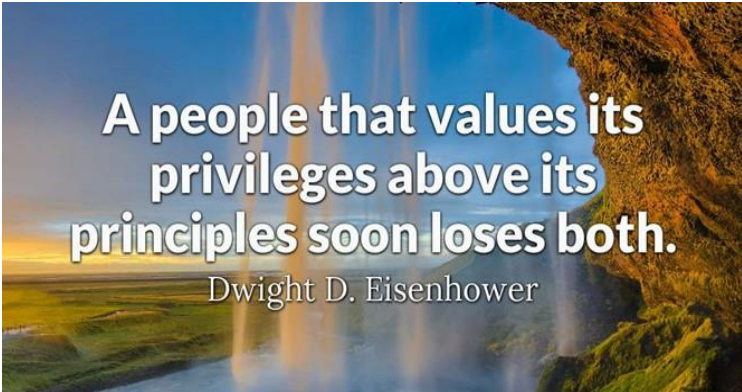
We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.

The small group meeting to view the Sunday service stays afterwards to share thoughts about the sermon. This is a wonderful way to get to know a few people in a safe environment. Join us!

OUUF follows the Washington State DOH guidelines and Clallam County Health Dept Covid-19 mandates. Our primary concern is the safety and well-being of all persons meeting at the Fellowship. If you have any questions, feel free to contact Elinor Tennyson at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) or call (360) 417-2665.

**NOTICE:** Washington State DOH Phase 3 guidelines requires all persons attending the Fellowship as guests or workers to self-screen for signs and symptoms of Covid-19 before arriving. Any individual or member of their household with a temperature of 100.4F or more will not be permitted to attend the service or attend work at the Fellowship.  
Attendees will be asked to log in and specify if fully Covid-19 vaccinated

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#### Words to Live by

Shared by George Will

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### CONGREGATIONAL MEETING

Sunday December 5<sup>th</sup> our Congregational Meeting will be held immediately following the Sunday service. At this meeting we will elect the Board of Trustees for 2022, as well as members of the Endowment Committee and the Nominating Committee and approve the 2022 Budget. We will also vote on proposed changes to the OUUF Bylaws regarding filling the roles of Vice President and President.

An email containing the 2022 ballot will be sent to OUUF members November 12<sup>th</sup>. If you are an OUUF member and do **NOT** receive the email, please contact Elinor Tennyson at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) or call (360) 417-2665.

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## 2022 OUUF SLATE OF CANDIDATES

By Catharine Covert

## 2022 NOMINEE BIO'S UPDATED

(Sarah Welchel and George Will added)

The Fellowship board has joyfully accepted the slate of 2022 candidates:

Thank you all for volunteering your time and talent for the coming year.

2021 Nominating Committee, thank you for doing a terrific job recruiting candidates for the year ahead Ren Garypie, Sarah Welchel, George Will, Vickie Sensiba and Rose Prestipino.

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## 2022 Pledge Drive Continues!

By Joan Cotta

Each year we ask that you or your family fill out a new Pledge Form. We operate the Fellowship on your pledged giving and donations.



We need your pledges NOW to plan our budget and programs for next year.

If you have not yet pledged,

- ü Please click the link below, Fill out the Form and
- ü Scan and attach to an email to and email it to Elinor at [admin@olympicuuf.com](mailto:admin@olympicuuf.com)
- ü Or, Complete and mail the form to OUUF at PO BOX 576, CARLSBORG, WA 98324

Thank you! 2022 Pledge Committee: Joan Cotta, Peggy Toppenberg and Dianne Whittaker

**LINK: [2022 PLEDGE FORM](#)**

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## CHALICE LIGHTERS

Submitted by Dianne Whitaker

Thanks to all of you who contributed to Chalice Lighters this year. Your gifts for the last fiscal year set a record, exceeding those of the previous year by 26%. A record \$23,889 grant of the proceeds from the Spring Call went to the newest PNWD emerging congregation, the Inland Northwest UU Community.



**This is your Winter Call for the 2021-2022 church year: Please help equip the Eastrose Fellowship Unitarian Universalist in Portland to provide hybrid church services.** As congregations decide when to reopen, interest in “hybrid” in-person services, that can simultaneously be attended virtually by congregants in their homes, has mounted. This capability is especially valuable to serve those whose immune systems are compromised or who cannot or choose not to attend indoor worship services. Eastrose has planned a comprehensive professional turn-key solution to the problem and is willing to share their equipment list and operating experience with other UU congregations.

***Please be generous! Donations for this call will be accepted through February 28, 2022.***

**Questions?** Please contact [pnwdchalicelighters@pwruiu.org](mailto:pnwdchalicelighters@pwruiu.org).

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**ANNOUNCEMENTS and THINGS OF INTEREST**

We reserve the right to edit your submission for content, length and grammar  
Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

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**UPCOMING EVENTS**

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**TED Talks**  
**Tuesday, November 23**  
OUUF Sanctuary  
1:00 pm – 3:00 pm

Contact: Vivian Mulligan at 360-670-7679 or vivian.mulligan@gmail.com

**Topic:** How to Focus on What Really Matters

Three or four Ted Talk videos will be shown, followed by discussion for each one.

**BRENÉ BROWN** VULNERABILITY RESEARCHER, STORYTELLER

**The power of vulnerability**

Brené Brown studies human connection -- our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity.

**ISABEL ALLENDE** WRITER

**How to live passionately—no matter your**

Author Isabel Allende is 71. Yes, she has a few wrinkles—but she has incredible perspective too. In this candid talk, meant for viewers of all ages, she talks about her fears as she gets older and shares how she plans to keep on living passionately.

**GUY WINCH** PSYCHOLOGIST, AUTHOR

**Why we all need to practice emotional first aid**

Why don't we see a health professional when we feel emotional pain: guilt, loss, loneliness? Too many of us deal with common psychological-health issues on our own, says Guy Winch. He makes a compelling case to practice emotional hygiene — taking care of our emotions, our minds, with the same diligence we take care of our bodies.

**CARL HONORE'** WRITER, ACTIVIST

**In praise of slowness**

Journalist Carl Honoré believes the Western world's emphasis on speed erodes health, productivity and quality of life. But there's a backlash brewing, as everyday people start putting the brakes on their all-too-modern lives.

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## Holiday Gifts for Children in Foster Care

By Florence Bucierka

### Would you like to be a Christmas Elf or an OUUF Angel?

The last ten years OUUF has participated in the campaign for Holiday Gifts for Children in Foster Care. It is organized by the local Foster Parent Association. Last year members of OUUF donated either designated gifts or gave money for gifts to be purchased for a particular child. Our congregational members were very generous. Even in the midst of the Covid outbreak, we helped give a happier holiday to 21 children ages 6 months to 17 years old.

Tags with a child's needs and wants listed are available. If you wish to have someone else do the shopping, you may donate money. Questions or to get a tag call 360- 683-4315 or e-mail me at [florenceb@wavecable.com](mailto:florenceb@wavecable.com) I will be happy to discuss how you can help.

**Unwrapped gifts must be returned to the church in a bag/box with the tag attached by Wednesday, December 8<sup>th</sup>. The earlier you are able to bring items to the church the better. Elinor is at the church on Wednesdays from noon-12:30pm; Sundays from 10:30am to noon. If you need other drop off times, please let me or Elinor know. Thank you!!**

### TRASH TIME! Saturday November 27<sup>th</sup> 9:30am

By Kitty Hawkes

Join Kitty's litter crew.  
(OUUF participates in Adopt-A-Highway program.)



Meet on southside of River Road. Expect good pickings...turkey carcasses, candy wrappers, pumpkin spice latte cups, styrofoam, and a penny. We love trash!

Kitty, call or text 206-755-2832

## COMMITTEE AND OTHER NEWS UPDATES

### GREEN SANCTUARY COMMITTEE

By Jolie Will



We welcome your input!

If you have ideas to share, please email Pat Dusel: [patdusel@hotmail.com](mailto:patdusel@hotmail.com), George Will: [georgeandjolie@yahoo.com](mailto:georgeandjolie@yahoo.com) Jolie Will: [jolieandgeorge@gmail.com](mailto:jolieandgeorge@gmail.com)

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# IT TAKES A VILLAGE (OR A FELLOWSHIP) ....

By Vicki Sensiba

.... To make a Little Free Pantry a long-term success! Business is booming, and we need your help:  
We need:

- Cash Donations
- Food Donations
- Your Time (You won't regret it!)

Success comes with a cost – literally! Right now our bank account is not keeping up with costs. We need your help to continue providing a healthy array of food! If you prefer to donate food rather than cash, we particularly need:



- Shelf Stable Milk or Soy Milk
- Canned Fruit
- Canned Chili
- Cooking Oil
- Coffee (instant is best)
- Pudding and Gelatin (individual servings or boxes)

Dollar stores are great places to get many of these items – and they deliver on-line orders to their stores for free!

We are also looking for PLASTIC BAGS! If you have a “stash” sitting in a closet or garage, we will be delighted to take them off your hands – to include pick-up!



If you want to make a more personal contribution, we also would love some of your time! You are welcome to join the committee, but full membership is not necessary. **We would love to welcome you to the circle of people who help to make the Little Free Pantry a success – even if you can only give a couple of hours a month.** Your contribution will be so appreciated – and what you receive in return will be immeasurable!

If you have questions or would like to volunteer to contribute your time, contact Vicki Sensiba at [sensibaq@hotmail.com](mailto:sensibaq@hotmail.com) or at 360-683-8914.

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## CARE TEAM AND CARE CARDS:

If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader: Jean Stratton Pastoral Care Team Leader (360) 452-6719 email [jeanmstratton@gmail.com](mailto:jeanmstratton@gmail.com)



If you know of anyone who would appreciate a beautiful handmade card, contact Cynthia Green at [cynthiagreen@gmail.com](mailto:cynthiagreen@gmail.com)  
For more information click [CARE TEAM AND CARE CARD INFORMATION](#)

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**ONGOING EVENTS**



**COMMUNITY DRUM CIRCLE UPDATE:**

The Community Drum Circle gathers on the 3<sup>rd</sup> Tuesdays on the month. Beginning October 19th, as it is too cool out, higher chance of rain, and sunsets before we finish drumming, we will meet in the OUUF sanctuary at 6pm. We request everyone to be masked and be socially distanced during these gatherings at least until such time as

Covid incidence has decreased enough for restrictions to be lifted.

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**REFLECTIONS**

Women's Group  
By Cynthia Green      Contact: [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com)



**Looking for some inspiration? Try the Reflections Women's Group...**

We meet in-person at OUUF on the SECOND and FOURTH Thursday of each month at 1:00 pm. As long as the weather allows, we are meeting outside in the friendship garden. The purpose of our group is to uplift each other, enjoy our time together, laugh, have fun and also discuss some substantive topics!

**Our goal is to leave the meeting feeling refreshed and uplifted.**

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**COMMUNITY BULLETIN BOARD**

**HELP NEEDED – ROOF LEAK!**

By Vivian Mulligan

Before my insurance company can deal with roof leak, need to have spot covered with tarp. The roof is at a very sharp incline. If you are willing and able to handle this task, please contact me at [vivian.mulligan@gmail.com](mailto:vivian.mulligan@gmail.com)      Thanks!

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**Free Stuff:** I have a 19" Visio HDTV, DVD player and stand, all in working condition for anyone who might be able to use them. I also have plastic pots of different sizes for starter potting. Call 360-683-4945 if you are interested. Submitted by Dianne Whitaker.

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**SEEKING RENTAL:** Woman 52 seeking small rental (studio or one bedroom). Also open to a housemate situation in a lovely rural setting. I am a lover of nature and the outdoors. I have a Bachelor's degree in art (formerly an art teacher), am a certified caregiver, self-employed. I don't own a pet and am non-smoking and drinking. Seeking a harmonious, pleasant living arrangement with communicative, mature folks. I have several professional and personal references available upon request, as well as landlord references. I can be through email [violaswamp8@gmail.com](mailto:violaswamp8@gmail.com) or phone 206-696-2177

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**SUNDAY SERVICE**

**NOVEMBER 14, 2021**

**COPY OF SERMON IS NOT AVAILABLE**