



OUUF Weekly Update An Inclusive Community

1033 N. Barr Road
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Carlsborg, WA 98324
360-417-2665

November 28- December 5, 2021

Circulation: 267

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November 28, 2021
SUNDAY SERVICE SPEAKER
Via Zoom 11 a.m.
Joseph Bednarik



SERMON TOPIC: Choose to Have a Great Day!

DESCRIPTION: As Laurel said to Hardy, "Good news! This tire is only flat on the bottom!" Each and every day we are presented with multiple opportunities to make choices about how to "read" events, how to respond, and how to best move forward with our lives. This thirsty sermon stares hard at a 16-ounce tumbler holding eight ounces of delicious water and wonders which half we see.

BIO: Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com or call 360-417-2665

MAILING ADDRESS FOR DONATIONS:

OUUF
P O BOX 576
CARLSBORG, WA 98324

Thank you for your donation

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OOUF EVENT CALENDAR

Link to complete OOUF calendar
Event updates, additions and changes will appear as a post in the newsletter.

Groups meet under the Washington State Covid-19 guidelines. Please contact Elinor Tennyson at admin@olympicuuf.com if you have questions or would like clarification.

OPEN EVENTS FOR November 28 – December 5, 2021

Tuesday 11-23	TED Talks 1-3pm Sanctuary	Contact: Vivian Mulligan 360-670-7679 or vivian.mulligan@gmail.com
Saturday 11-27	Adopt-A-Highway TRASH TIME ! 9:30am Meet on southside of River Road.	Contact: Kitty Hawkes call or text 206-755-2832
Sunday 11-28	Sunday Service 11am – Zoom Viewing at Fellowship sanctuary doors open 10:30am	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
Wednesday 12-1	Fellowship open Noon-12:30pm	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OOUF Women’s Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men’s Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477

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Upcoming Speakers

December 5	Bruce Bode	December 19	Bob Nuffer
December 12	Lynn Ungar	December 24	Candlelight Service
		December 26	Joseph Bednarik

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CHILDREN’S RELIGIOUS EDUCATION PROGRAM: Sunday November 21st Service

By Julia Buggy

Today I am grateful for our UU principles which guide us on our journey together.
 Today I am grateful for a free and responsible search for truth which is grounded in care for the interdependent web of life.

We joined on a tour of American History which has shaped where we are today. In true UU fashion we asked lots of questions with an open mind: Where did the Thanksgiving Holiday originate? Who are the Wampanoag people? What is their story and how does it connect with us? How do you and your family practice gratitude? What are we grateful for in our community? We gathered in song, to ask questions, and to look at history with open minds and draw strength from our community to learn from the past and create a bountiful future for everyone.

Email rutterhj@gmail.com or juliafbuggy@gmail.com for the Zoom invite.

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ZOOM SUNDAY SERVICES AT OUUF



Arrangement by Ken Nielsen

MASKS ARE REQUIRED FOR ALL INDOOR EVENTS

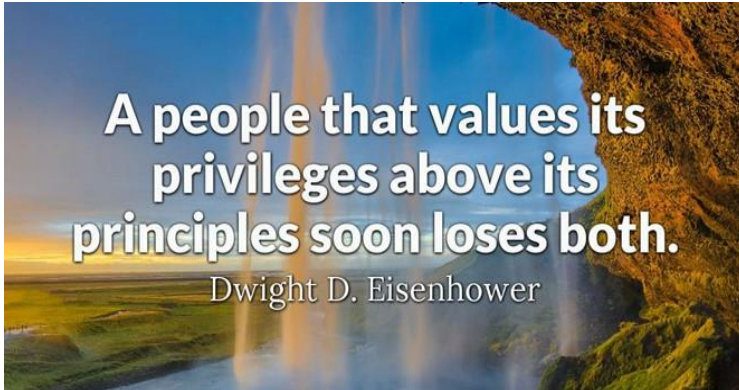
We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.

Face masks covering nose and mouth must be worn during the service itself and no one should remove their masks to eat or drink. Persons participating in an after-service discussion have a choice to remove their masks to eat and drink.

OUUF follows the Washington State DOH guidelines and Clallam County Health Dept Covid-19 mandates. Our primary concern is the safety and well-being of all persons meeting at the Fellowship. If you have any questions, feel free to contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.

NOTICE: Washington State DOH Phase 3 guidelines requires all persons attending the Fellowship as guests or workers to self-screen for signs and symptoms of Covid-19 before arriving. Any individual or member of their household with a temperature of 100.4F or more will not be permitted to attend the service or attend work at the Fellowship.
Attendees will be asked to log in and specify if fully Covid-19 vaccinated

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Words to Live by

Shared by George Will

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CONGREGATIONAL MEETING

Sunday December 5th our Congregational Meeting will be held immediately following the Sunday service. At this meeting we will elect the Board of Trustees for 2022, as well as members of the Endowment Committee and the Nominating Committee and approve the 2022 Budget. We will also vote on proposed changes to the OUUF Bylaws regarding filling the roles of Vice President and President.

An email containing the 2022 ballot will be sent to OUUF members November 12th. If you are an OUUF member and do **NOT** receive the email, please contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.

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2022 OUUF SLATE OF CANDIDATES

By Catharine Covert

2022 NOMINEE BIO'S

The Fellowship board has joyfully accepted the slate of 2022 candidates:

Thank you all for volunteering your time and talent for the coming year.

2021 Nominating Committee, thank you for doing a terrific job recruiting candidates for the year ahead Ren Garypie, Sarah Whelchel, George Will, Vickie Sensiba and Rose Prestipino.

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2022 Pledge Drive Continues!

By Joan Cotta

Each year we ask that you or your family fill out a new Pledge Form. We operate the Fellowship on your pledged giving and donations.

We need your pledges NOW to plan our budget and programs for next year.

If you have not yet pledged,

- *Please click the link below,
- *Fill out the Form and
- *Scan and attach to an email to and email it to Elinor at admin@olympicuuf.com
- *Or, Complete and mail the form to OUUF at PO BOX 576, CARLSBORG, WA 98324

Thank you! 2022 Pledge Committee: Joan Cotta, Peggy Toppenberg and Dianne Whittaker

LINK: [2022 PLEDGE FORM](#)



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CHALICE LIGHTERS

Submitted by Dianne Whitaker

Thanks to all of you who contributed to Chalice Lighters this year. Your gifts for the last fiscal year set a record, exceeding those of the previous year by 26%. A record \$23,889 grant of the proceeds from the Spring Call went to the newest PNWD emerging congregation, the Inland Northwest UU Community.



This is your Winter Call for the 2021-2022 church year: Please help equip the Eastrose Fellowship Unitarian Universalist in Portland to provide hybrid church services. As congregations decide when to reopen, interest in “hybrid” in-person services, that can simultaneously be attended virtually by congregants in their homes, has mounted. This capability is especially valuable to serve those whose immune systems are compromised or who cannot or choose not to attend indoor worship services. Eastrose has planned a comprehensive professional turn-key solution to the problem and is willing to share their equipment list and operating experience with other UU congregations.

Please be generous! Donations for this call will be accepted through February 28, 2022.

Questions? Please contact pnwdchalicelighters@pwruiu.org.

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ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for content, length and grammar
Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

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UPCOMING EVENTS

OUUF HOLIDAY CHOIR

Harmony Rutter has been singing Holiday Music with other folks as a cherished yearly tradition for her whole life and is so excited to share the love of music with all of you this Holiday Season.

The next recording session will be **December 3rd at 2:45pm** on the Fellowship porch. There will be a heater on the porch but dress warmly and join us for this gathering of musical enthusiasts!

There will be more sessions and if interested in joining, contact Harmony at rutterhj@gmail.com

Harmony Rutter, Dan Parrish, LeRoy Davidson, Dianne Whitaker, Cynthia Green and Rose Prestipino gathered on the Fellowship porch this past Friday. It was a bit cold and windy but with the help of a few heaters and a lot of enthusiasm they recorded some holiday songs. If you don't consider yourself a singer, come anyway and listen. It is a fun way to begin the holidays.



Harmony Rutter – Singer, Director, and all that and more



LeRoy Davidson – ready to go!



Our cool and brave singers, Dianne Whitaker, Cynthia Green and Rose Prestipino

Bring on those Holiday songs.



The Music Team – Dan Parrish in the background putting everything together (he thinks he may be invisible but we see him!)



LeRoy – Our patient keyboardologist,

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TED Talks
Tuesday, November 23
OUUF Sanctuary
1:00 pm – 3:00 pm

Contact: Vivian Mulligan at 360-670-7679 or vivian..mulligan@gmail.com

Topic: How to Focus on What Really Matters

Three or four Ted Talk videos will be shown, followed by discussion for each one.

BRENÉ BROWN VULNERABILITY RESEARCHER, STORYTELLER
The power of vulnerability

Brené Brown studies human connection – our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity.

ISABEL ALLENDE WRITER
How to live passionately—no matter your

Author Isabel Allende is 71. Yes, she has a few wrinkles—but she has incredible perspective too. In this candid talk, meant for viewers of all ages, she talks about her fears as she gets older and shares how she plans to keep on living passionately.

GUY WINCH PSYCHOLOGIST, AUTHOR
Why we all need to practice emotional first aid

Why don't we see a health professional when we feel emotional pain: guilt, loss, loneliness? Too many of us deal with common psychological-health issues on our own, says Guy Winch. He makes a compelling case to practice emotional hygiene — taking care of our emotions, our minds, with the same diligence we take care of our bodies.

CARL HONORE' WRITER, ACTIVIST
In praise of slowness

Journalist Carl Honoré believes the Western world's emphasis on speed erodes health, productivity and quality of life. But there's a backlash brewing, as everyday people start putting the brakes on their all-too-modern lives

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ADOPT-A-HIGHWAY **TRASH TIME!**
Saturday 11-27 9:30am.
Meet on the southside of River Road.
Join Kitty's litter crew.
(OUUF participates in Adopt-A-Highway program.)



Expect good pickings...turkey carcasses, candy wrappers, pumpkin spice latte cups, tyrofoam, and a penny. We love trash! Kitty, call or text 206-755-2832

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Holiday Gifts for Children in Foster Care

By Florence Bucierka

Would you like to be a Christmas Elf or an OUUF Angel?

The last ten years OUUF has participated in the campaign for Holiday Gifts for Children in Foster Care. It is organized by the local Foster Parent Association. Last year members of OUUF donated either designated gifts or gave money for gifts to be purchased for a particular child. Our congregational members were very generous. Even in the midst of the Covid outbreak, we helped give a happier holiday to 21 children ages 6 months to 17 years old.

Tags with a child's needs and wants listed are available. If you wish to have someone else do the shopping, you may donate money. Questions or to get a tag call 360- 683-4315 or e-mail me at florenceb@wavecable.com I will be happy to discuss how you can help.

Unwrapped gifts must be returned to the church in a bag/box with the tag attached by Wednesday, December 8th. The earlier you are able to bring items to the church the better. Elinor is at the church on Wednesdays from noon-12:30pm; Sundays from 10:30am to noon. If you need other drop off times, please let me or Elinor know. Thank you!!

COMMITTEE AND OTHER NEWS UPDATES

HEARING SURVEY

By Sandy Goodwick

Help your Tech Team to know what you may need to be able to hear well during worship services in the Sanctuary.

This is a survey for everyone to fill out - whether you have hearing loss or not. Will keep this open for a few weeks... will start to share survey results next week! Contact: Sgoodwick@aol.com



Hearing Survey

GREEN SANCTUARY COMMITTEE

By Jolie Will

We welcome your input!



If you have ideas to share, please email Pat Dusel: patdusel@hotmail.com, George Will: georgeandjolie@yahoo.com Jolie Will: jolieandgeorge@gmail.com

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IT TAKES A VILLAGE (OR A FELLOWSHIP)

By Vicki Sensiba

.... To make a Little Free Pantry a long-term success! Business is booming, and we need your help: We need:

- Cash Donations
- Food Donations
- Your Time (You won't regret it!)



Success comes with a cost – literally! Right now our bank account is not keeping up with costs. We need your help to continue providing a healthy array of food! If you prefer to donate food rather than cash, we particularly need:

- Shelf Stable Milk or Soy Milk
- Canned Fruit
- Canned Chili
- Cooking Oil
- Coffee (instant is best)
- Pudding and Gelatin (individual servings or boxes)

Dollar stores are great places to get many of these items – and they deliver on-line orders to their stores for free!

We are also looking for PLASTIC BAGS! If you have a “stash” sitting in a closet or garage, we will be delighted to take them off your hands – to include pick-up!



If you want to make a more personal contribution, we also would love some of your time! You are welcome to join the committee, but full membership is not necessary. **We would love to welcome you to the circle of people who help to make the Little Free Pantry a success – even if you can only give a couple of hours a month.** Your contribution will be so appreciated – and what you receive in return will be immeasurable!

If you have questions or would like to volunteer to contribute your time, contact Vicki Sensiba at sensibag@hotmail.com or at 360-683-8914.

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CARE TEAM AND CARE CARDS:

If you or someone you care about needs a listening ear or a helping hand, please contact our Team Leader: Jean Stratton Pastoral Care Team Leader (360) 452-6719 email jeanmstratton@gmail.com

If you know of anyone who would appreciate a beautiful handmade card, contact Cynthia Green at cynthiagreen@gmail.com

For more information click

[CARE TEAM AND CARE CARD INFORMATION](#)



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ONGOING EVENTS



COMMUNITY DRUM CIRCLE UPDATE:

The Community Drum Circle gathers on the 3rd Tuesdays on the month. Beginning October 19th, as it is too cool out, higher chance of rain, and sunsets before we finish drumming, we will meet in the OUUF sanctuary at 6pm. We request everyone to be masked and be socially distanced during these gatherings at least until such time as Covid incidence has decreased enough for restrictions to be lifted.

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REFLECTIONS

Women's Group

By Cynthia Green Contact: cynthiagreen@outlook.com



Looking for some inspiration? Try the Reflections Women's Group...

We meet in-person at OUUF on the SECOND and FOURTH Thursday of each month at 1:00 pm. As long as the weather allows, we are meeting outside in the friendship garden. The purpose of our group is to uplift each other, enjoy our time together, laugh, have fun and also discuss some substantive topics!

Our goal is to leave the meeting feeling refreshed and uplifted.

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COMMUNITY BULLETIN BOARD

LET'S GO CAROLING !

Submitted by Kelly Sanderbeck

I'd love a caroling event Dec 10th or 12th.
Do you have a neighborhood we can sing to?
I have song books and the willingness to sing.
Will anyone join me and let your neighbors know we'll be coming around?

Contact me at ksanderbeck@gmail.com



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SEEKING RENTAL: Woman 52 seeking small rental (studio or one bedroom). Also open to a housemate situation in a lovely rural setting. I am a lover of nature and the outdoors. I have a Bachelor's degree in art (formerly an art teacher), am a certified caregiver, self- employed. I don't own a pet and am non-smoking and drinking. Seeking a harmonious, pleasant living arrangement with communicative, mature folks. I have several professional and personal references available upon request, as well as landlord references. I can be through email violaswamp8@gmail.com or phone 206-696-2177

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REFERRALS OF CONTRACTORS AND/OR HANDYMEN These are for-hire sources, not volunteers

[OUUF TRADE REFERRAL LIST](#)

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SUNDAY SERVICE

NOVEMBER 21, 2021

COPY OF SERMON IS ATTACHED