



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
Agnew, WA
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February 13 – 20, 2022

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SUNDAY SERVICE

February 13, 2022
Via Zoom 11 a.m.

Jamal Rahman



Speaker: Jamal Rahman

Sermon Topic: The Qur'an and Sufi mystics

Description: Jamal will reflect on verses of beauty and wisdom in the Qur'an that have inspired and guided the writings and teachings of Sufi mystics.

Biography: Jamal Rahman is a popular speaker on Islam, Sufi spirituality, and interfaith relations. Along with his Interfaith Amigos, he has been featured in the New York Times, CBS News, BBC, and various NPR programs. He is a former co-host of Interfaith Talk Radio and travels nationally and internationally, presenting at retreats and workshops.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. **If you do not receive the email please contact Elinor Tennyson** at admin@olympicuuf.com or call 360-417-2665

MAILING ADDRESS FOR DONATIONS:

OUUF
P O BOX 576
CARLSBORG, WA 98324

Thank you for your donation

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NEW!

Many thanks to Sandy Goodwick for putting together a brief ANNOUNCEMENTS video. The video is used for the Sunday service and is posted on the OUUF website

Check it out [link to Annoucements on OUUF website](#)

OUUF EVENT CALENDAR

Groups meet under the Washington State Covid-19 guidelines Effective immediately anyone entering for OUUF events must have all shots they are eligible for including boosters for entry to facility. (Board motion 12/19/2021)

OPEN EVENTS FOR February 13 - 20, 2022

Sunday 2-13	Children's R.E. Sunday Service 10:00am – Zoom	Contact: Julia Buggy at juliafbuggy@gmail.com or Harmony Rutter at rutterhj@gmail.com
	Sunday Service 11am on Zoom viewing at Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson admin@olympicuuf.com or call (360) 417-2665
Monday 2-14	Dance exercise seated aerobics 9:30-10:30 am	Contact: Marsha Melnick (360) 683-4712 marsha@neuroclin2.com
Tuesday 2-15	Reading for Fun ! 1 st and 3 rd Tuesdays 1:00pm Meet in Member's Home	Contact: Kitty Hawks call, text, email 206-755-2832 alettehawks@yahoo.com .
Wednesday 2-16	Fellowship open Noon-12:30pm	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OUUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477

Link to [UPCOMING SPEAKERS](#)

Words to live by

Shared by George will

The winners move about on their asses sitting in machines.
The losers travel atop their bones - they walk.
All along the global trail you meet many of the latter category-
the invisible ones - refugees, outcasts, the displaced, the jobless,
homeless and stateless. These are the forced migrants.
Remember them the next time you sit down to excess.

Paul Salopek (walking the path of early man, our ancestors, out of Africa)

Profound words that coincide with Climate Justice and our efforts
toward a Green Sanctuary.

Amen, George

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CHILDREN'S RELIGIOUS EDUCATION PROGRAM

February 6, 2020

By Teacher Harmony Rutter



Sundays we take a of Word Religions! One week I loved learning about Chinese New Year with all of you and the Year of the Water Tiger.

We continued learning about Chinese culture through Confucianism. This philosophy is 2,500 years old and is still practiced today. It was founded by the Chinese philosopher named Confucius who emphasized the importance of relationships and that striving to become a better person makes the world a better place

We had a great lesson and enjoyed a beautiful coloring page featuring a quote from Confucius for our passport book.

*It does not matter how slowly you go,
as long as you do not stop*
Confucius

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SUNDAY SERVICES AT OUUF

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.



Display by anonymous

Face masks covering nose and mouth must be worn during the service itself and no one should remove their masks to eat or drink. Persons participating in an after-service discussion have a choice to remove their masks to eat and drink.



Arrangement by Ken Nielsen

OUUF follows the Washington State DOH guidelines and Clallam County Health Dept Covid-19 mandates. Our primary concern is the safety and well-being of all persons meeting at the Fellowship. If you have any questions, feel free to contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.

Zoom Rooms

Let's discuss the sermon and ??? on Zoom!

We start after Sharing with Bob Nuffer.

Take a "Seventh inning stretch" (2 to 3 minutes) to warm your coffee or move around.

Sandy Goodwick will create rooms for the Sunday Services Committee meeting and Zoom Rooms. After our stretch, we will start!

This week we discovered that transcription cannot be used in the breakout rooms. Therefore Sandy will ask if anyone wants to use the transcription ability and they can stay in the main area, which will become a breakout room.

Catharine Covert and Geoff Rimositis

[More information for joining in person Sunday service](#)

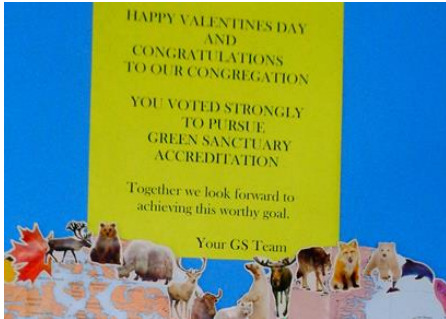
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TAX TIME !

OUIF MONETARY DONATION LETTER

If you need a 2021 monetary donation letter from the Fellowship, please contact Greg Sensiba at sensibag@hotmail.com or Seri Mylchreest at serena@mylchreest.com

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GREEN SANCTUARY 2030
Submitted by Co-chair Pat Dusel

A presentation was given to the congregation after the Sunday Service 1/30/22 explaining the Green Sanctuary Process for Accreditation. An email vote was sent out to all 76 OUIF members to vote yes or no on whether or not to accept this challenge. There were 52 yes votes and 1 no vote.

Moving forward, the GS committee is currently working on Step 1 on the process which is writing a charter, writing a congregational profile and exploring educational opportunities.

During the Q and A following the presentation, there was a suggestion from a congregant to put environmental friendly tips in the newsletter. These tips count towards accreditation.



Environmental Tips:

1. Use environmentally friendly sustainable bamboo toilet paper instead of the usual commercial brands and use cloth towels instead of paper ones which have to go in the trash.
2. Here are sources for sustainable paper and cleaning supplies

[Who Gives A Crap Website](#)

and

[Grove - Paper and Cleaning Supplies](#)

Please send your tips to patdusel@hotmail.com

For more information on the Green Sanctuary 2030 project click this link

[OUIF Website - Green Sanctuary](#)

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Emma's Revolution and UU Ministry for Earth



**Join Friday, February 11
5pm
on Zoom!
5**

"Emma's Revolution invokes Woody Guthrie and the revolutionary^[SEP] mind on 'Revolution Now', a rocking new album brimming^[SEP] with songs that inspire, enlighten and unify."

Register today by clicking this link: [Emmas Revolution](#)

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ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for content, length and grammar
Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

EVENTS, COMMITTEES AND OTHER NEWS



ART ANYONE....

Submitted by Rose Prestipino
Contact: Roseprestipino@gmail.com

The third Wednesday of the month, **FEBRUARY 16th**, we will have a sketching class with Tom Massey. He is a new member who happens to be an accomplished painter! It will also be at noon and there will be no charge. Yes, bring a sketch pad and pencils/charcoal if you can.

We will continue this art activity on the first and third Wednesdays of the month at noon if there is sufficient interest. **COME AND BE REFRESHED!!**

R.S.V.P. appreciated but not necessary roseprestipino@hotmail.com

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Get Trash!

Adopt-A-Highway

By: Kitty Hawks

Feb 26 / 9:30am

Meet on southside River Road (just beyond on-off ramps).

Volunteer an hour collecting thrown away Valentines, broken hearts, dead red roses, and other significant trash.

Contact: Kitty Hawks email at alettehawks@yahoo.com or call or text 206-755-2832



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Reflections Women's Group

Zoom Meetings

Contact: Cynthia Green at cynthiagreen@outlook.com

We meet by Zoom on the **SECOND** and **FOURTH** Thursday of each month at 1:00 pm. The purpose of our group is to uplift each other, enjoy our time together, laugh, have fun and also discuss some substantive topics!

Our goal is to leave the meeting feeling refreshed and uplifted.



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OOUF CARE CARDS

Cynthia Green mails cards, sometimes cards she has created herself, as her role on the OOUF Care Team. Contact: cynthiagreen@outlook.com

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COMMUNITY DRUM CIRCLE

By Penny Burdick

The Community Drum Circle gathers on the 3rd Tuesdays on the month and meet in the OUUF sanctuary. Many of our drummers do not like to drive at night. To accommodate them and encourage more attendance for this special drum circle, the meeting time will be **3:00 PM - 4:30** People attending must be fully vaccinated as eligible including booster/s.

Contact: Penny Burdick at mandalaht@gmail.com



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FOUND:

2 OUUF members clearly not worrying about keeping a snow shovel close by.



Jack and Elaine Webber out-of-country!

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COMMUNITY BULLETIN BOARD

Submitted by Florence Bucierka

YOU'RE INVITED! FREE ONLINE CLASSES!

Up Your Parenting Game: Support Yourself and Your Family
Session 1 (Age 0-10): Wednesdays, 6:30pm-7:30pm: Feb 16, 23, March 2, 9

Rachel Hardies is a mental health counselor at New Growth Counseling Services and a mental strength coach with Head in the Game Consulting. She has been supporting families and youth in our area since 2009. Outside of work, Rachel has many places she enjoys putting her time. High on her list is: running or walking outside near the water or in the forests and spending time with her family and friends. She's most inspired by being able to share what she's learned with others.

TOPICS COVERED

- Gain an understanding of how your nervous system works
- Learn how to use that knowledge to help your child
- Gain an understanding about youth development
- Learn an attentive play process called Being N.E.A.R.R to improve your relationship with your child
- Explore ways to respond to typical child behaviors such as aggression, whining, not doing what you've asked, and helping with transitions
- Plus! Door Prizes, Food Coupons, and More!

ONLINE CLASS REGISTRATION: <https://www.eventbrite.com/e/up-your-parenting-game-support-yourself-and-your-family-tickets-255526886797> OR Visit <http://www.pw4kids.org> for Flyer and Registration Link.

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Submitted by Kelly Sanderbeck



I have an extra [Green Cone Solar Digester](#) for food waste. Is anyone interested?

I'm in Port Angeles. Kelly at 206.854.4302 or ksanderbeck@gmail.com

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Free Tax Preparation

AARP Foundation Tax-Aide provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Due to Covid pandemic, appointments are required. To make an appointment, call:

- Port Angeles – (360) 207-4130
- Sequim – (360) 683-6806

If you have any questions about this service, please contact Greg Sensiba [(360) 683-8914; sensibaq@hotmail.com].

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Philips Sonicare Toothbrush with Charger searching for a good mouth.

Used **once** but tickling sensation was such that I have to part with it. Don't worry, the brush was sterilized OR buy your own brush(es).

Call George Will for particulars or email. 360-683-037 georgeandjolie@yahoo.com.

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SUNDAY
2-6-2022

Rev. Dr. Lynn Ungar
"Reverence for Life"

COPY OF SERMON ATTACHED