



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
Agnew, WA
Mailing address:
P O Box 576
Carlsborg, WA 98324
360-417-2665

Circulation: 290

March 27 - April 3, 2022

OUUF BOARD OF TRUSTEES

President:

Dianne Whitaker
diannewhit@aol.com

Vice President:

Rose Prestipino
roseprestipino@gmail.com

Finance Director

Greg Sensiba

Trustees-at-Large

Brian Berardo
Vivian Mulligan
Peggy Toppenberg
Phil Zenner

Board of Trustees Meeting Minutes

OUUF STAFF

Elinor Tennyson
Administrative Coordinator
admin@olympicuuf.com

Children's Religious Education Staff

Julia Buggy
Juliafbuggy@gmail.com

Harmony Rutter
rutterhj@gmail.com

Care Team Chair:
Catharine Covert
(360) 461-9991

Care Team Info Link

Webmaster
Jack Webber
webmaster@OlympicUUF.com

SUNDAY SERVICE

March 27, 2022
Joseph Bednarik
Via Zoom



Sermon Title: Absolutely Nothing!

Description: War! huuunh.... What is it good for? Absolutely nothing!
This Sunday we join billions of people from around our fragile planet to call forth humanity's better angels.

(Homework: Prior to the service, please listen to Edwin Starr's powerful song "War," which is readily available online.)

Biographical Data on Guest Speaker Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region.

+++++

An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com or call 360-417-2665

+++++

MAILING ADDRESS FOR DONATIONS:

OUUF
P O BOX 576
CARLSBORG, WA 98324

Thank you for your donation

+++++



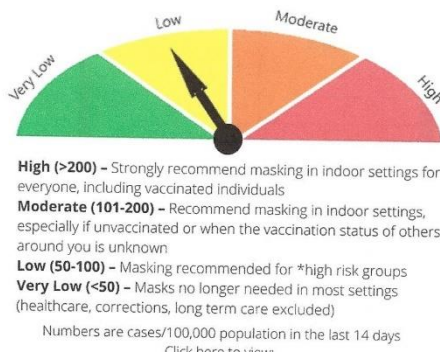
GRAND REOPENING:
Submitted by Dianne Whitaker



Here's what many of you have been waiting for, the reopening of our sanctuary on Sunday, April 17th.

Zoom services will continue to be available for those who prefer to participate from home. We will be following the Clallam County guidelines for that week as to mask wearing and vaccination status. Our tradition of wearing a hat on Easter Sunday will continue. Reopening is contingent on no new outbreak of Covid-19.

CURRENT CLALLAM COUNTY HEALTH DEPT. GUIDELINES WILL BE POSTED IN THE NEWSLETTER AND THE OUUF WEBSITE.



DATE: MARCH 22, 2022

LINK TO

CLALLAM COUNTY CORONAVIRUS INDEX



EVENT CALENDAR

REMINDER Tuesday 3-22	TED Talks – Loneliness and Social Isolation 1:00 pm – 3:00 pm Fellowship Sanctuary	Contact: Vivian Mulligan at vivian.mulligan@gmail.com
Sunday 3-27	Children’s R.E. Sunday Service 10:00am – Zoom	Contact: Julia Buggy at juliafbuggy@gmail.com or Harmony Rutter at rutterhj@gmail.com
	Sunday Service 11am on Zoom viewing at Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson admin@olympicuuf.com or call (360) 417-2665
Wednesday 3-30	Fellowship open Noon-12:30pm	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OUUF Women’s Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men’s Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477

link to [UPCOMING SPEAKERS](#)

++++
If you would like information about OUUF or have other questions, click on this link

[OUUF Information Request](#)

++++
SUNDAY SERVICES AT OUUF

We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS. Clallam County Health Dept. Covid guidelines are followed.

If you have any questions, feel free to contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.



Please think of our brothers and sisters in Ukraine. Artwork by Iranian Artist Alireza Karimi Moghaddam

**Words to live by
Shared by George will**

"No man is an island,
Entire of itself;
Every man is a piece of the continent,
A part of the main.

Any man's death diminishes me,
Because I am involved in mankind.
And therefore never send to know
for whom the bell tolls;
It tolls for thee."

John Donne (abbreviated)

++++
CHILDREN'S RELIGIOUS EDUCATION PROGRAM

By Teacher Harmony Rutter



Spring is springing!! We joined on the day of the Equinox as we learn about how this holiday is celebrated in other parts of the world in a festival called Nowruz. The week also brought us St Patrick's Day, a day to honor and celebrate Irish culture and food. We channeled some luck of the Irish with a fun craft that references the popular story of a pot of gold at the end of the rainbow!

Here is how to make an end of the rainbow twirler,

Links to YouTube videos on last page of this newsletter.

++++

+++++

SPRING EQUINOX

Submitted by Dianne Whitaker

On Sunday night there was a beautiful and inspiring celebration of the spring equinox at OUUF. Not only members of our congregation, but also, many members of the community attended. The sanctuary looked radiant bathed in candlelight. The music and readings stimulated our minds and warmed our hearts. Thank you to all who coordinated and participated in this event (in alphabetical order): Penny Burdick, Edie Davis, Patty Eaton, Ken Nielsen, Geoff Rimositis, and Kelly Sanderbeck. I'm looking forward to Summer Solstice.



*Dianne Whitaker,
Ken Nielsen,
Geoff Rimositis,
Rose Prestipino*



Rose Prestipino, Rachel Johnson



The Community Centerpiece

*OF COURSE, DÉCOR BY KEN NEILSEN
AND GROUP !!*

~~~~~

### ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for content, length and grammar

**\*\*\*A post longer than a paragraph may appear as a link\*\*\***

~~~~~

EMERGENCY SHELTER VOLUNTEERS NEEDED



The Fellowship recently entered into an Agreement with Clallam County Emergency Services that included providing an emergency shelter if needed. We are now tasked with creating a team of volunteers.



Training will be provided, and this will not be a time intensive volunteer team. We just need to be available if needed.

If you can help, please contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665

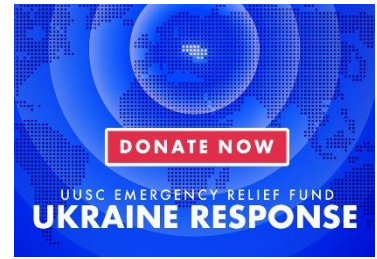
+++++

+++++

OUUF CONTRIBUTES TO EMERGENCY RELIEF FUND

Submitted by Vivian Mulligan

The seventh Unitarian Universalist Principle calls for *Respect for the interdependent web of all existence of which we are a part.* Ukrainian President Zelensky is calling for recognition that the Ukrainian crisis, is actually a world crisis. We, as UU's, can acknowledge that this is, indeed, part of the interdependent web of all existence.



When there is a crisis, people and organizations pop up to take advantage of our desire to by offering fraudulent solutions. A trustworthy fund to receive our donations is The UUSC Emergency Relief Fund <https://www.uusc.org> The UUSC (Unitarian Universalist Service Committee) is named in the UUA (Unitarian Universalist Association) bylaws as an Associate Member Organization. It is a nonprofit, nonsectarian organization advancing human rights together with an international community of grassroots partners and advocates. Charity Navigator <https://www.charitynavigator.org> gives it a four-star rating.

The OUUF Board of Trustees has approved a \$500 donation from our Fellowship to the UUSC Emergency Relief Fund. We encourage donations by individual members and friends, as well.

+++++



UUA GENERAL ASSEMBLY
MULTIPLATFORM / PORTLAND • 2022

GENERAL ASSEMBLY IN PORTLAND
OREGON JUNE 22 -26:

Submitted by Dianne Whitaker @ diannewhit@aol.com

OUUF is entitled to two delegates each year at GA. If you would like to be a delegate either in person or via Zoom, please let me know. The Board of Trustees voted to pay for any delegates registration fee.

+++++

TED Talks – Loneliness and Social Isolation



Tuesday, March 22nd
1:00 pm – 3:00 pm
Fellowship Sanctuary

Three or four TED Talk videos will be shown, followed by discussion for each. Groups meet under the Washington State Covid-19 guidelines in effect at the time. For more information, please call [\(360\) 417-2665](tel:3604172665)

Contact: Vivian Mulligan at vivian.mulligan@gmail.com

The lies our culture tells us about what matters -- and a better way to live

DAVID BROOKS – TED2019 – April 2019 – 15 minutes

Our society is in the midst of a social crisis, says op-ed columnist and author David Brooks: we're trapped in a valley of isolation and fragmentation. How do we find our way out? Based on his travels across the United States -- and his meetings with a range of exceptional people known as "weavers" -- Brooks lays out his vision for a cultural revolution that empowers us all to lead lives of greater meaning, purpose and joy.

The secret to living longer may be your social life

SUSAN PINKER – TED2017 – April 2017 – 16 minutes

The Italian island of Sardinia has more than six times as many centenarians as the mainland and ten times as many as North America. Why? According to psychologist Susan Pinker, it's not a sunny disposition or a low-fat, gluten-free diet that keeps the islanders healthy -- it's their emphasis on close personal relationships and face-to-face interactions. Pinker explains what it takes to live to 100 and beyond.

How cohousing can make us happier and live longer

GRACE KIM – TED2017 – April 2017 – 10 minutes

Loneliness doesn't always stem from being alone. For architect Grace Kim, loneliness is a function of how socially connected we feel to the people around us -- and it's often the result of the homes we live in. She shares an age-old antidote to isolation: cohousing, a way of living where people choose to share space with their neighbors, get to know them, and look after them. Rethink your home and how you live in it with this eye-opening talk

You are not alone in your loneliness

JONNY SUN - TED2019 – April 2019 – 10 minutes

Being open and vulnerable with your loneliness, sadness and fear can help you find comfort and feel less alone, says writer and artist Jonny Sun. Sun shares how telling stories about feeling like an outsider helped him tap into an unexpected community and find a tiny sliver of light in the darkness.

+++++



**Draw and Dye
Art Fun Event
April 6 / Noon / Fellowship Hall**



Draw a still life. Dye eggs for Easter. Eat chocolate bunnies. Materials provided and/or bring your favorite drawing tools. Hosted by Kitty Hawks and Rose Prestipino

Contact: Rose Prestipino at roseprestipino@gmail.com

PICTURES FROM ZEN DOODLE SESSION



Jolie Will



Phil Zenner



Ken Nielsen, Kitty Hawks. George Will, John Toppenberg



+++++

OUFF CARE TEAM

OUFF CARE TEAM OUFF CARE TEAM MISSION STATEMENT:

The OUFF Care Team strives to support fellowship friends and members during special times of need or just when someone might need someone to talk to.

SOME SERVICES WE PROVIDE:

Care support is offered in a variety of ways including personal visits, phone calls, e-mails and cards, providing meals, transportation and referrals to other available community resources as needed. All communication is considered confidential. Covid safety protocols may limit some service availability such as visitation to hospitals, etc.

Please contact Catharine Covert, OUFF Care Team Coordinator at Covert@Olympus.net or cell/text: 360 461-9991, Elinor our administrative coordinator (360) 417-2665 or any of these team members:Clare Hatler, Ren Garypie, Sandy Goodwick, Jane Erickson or Cynthia Green

+++++

+++++

REFLECTIONS WOMEN'S GROUP

Zoom Meetings

Contact: Cynthia Green at cynthiagreen@outlook.com

We meet by Zoom on the SECOND and FOURTH Thursday of each month at 1:00 pm. The purpose of our group is to uplift each other, enjoy our time together, laugh, have fun and also discuss some substantive topics!

Our goal is to leave the meeting feeling refreshed and uplifted.



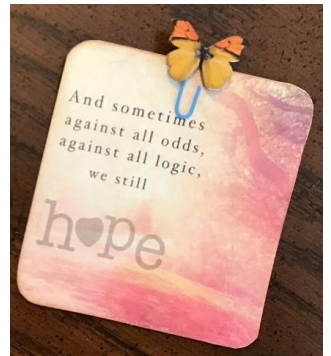
+++++



OUUF CARE CARDS

Cynthia Green mails cards, sometimes cards she has created, as her role on the OUUF Care Team.

Contact: cynthiagreen@outlook.com



+++++

FROM AZELLA:

Many thanks to my OUUF spiritual family, especially to Ren Garypie, Margot Hewitt and Kelly Sanderberg. Also to Cynthia Green who has sent beautiful cards.

You all are my rock and anchor and I appreciate everything you do for me.



+++++

COMMUNITY DRUM CIRCLE

By Penny Burdick



The Community Drum Circle gathers on the 3rd Tuesdays on the month and meet in the OUUF sanctuary. Many of our drummers do not like to drive at night. To accommodate them and encourage more attendance for this special drum circle, the meeting time will be **3:00 PM - 4:30**. People attending must be fully vaccinated as eligible including booster/s.

Contact: Penny Burdick at mandalaht@gmail.com

+++++

+++++



GREEN SANCTUARY 2030

Contact: Emily Beals Chair at ejbn@aol.com

Our Stage II assessment conversations with the Children’s Religious Education, Sunday Services Committee and the Board of Trustees have concluded. We thank them for their cooperation in helping us gather information about what they are currently doing to address climate change.

Our next focus will be to converse with members and friend of our Fellowship via a zoom conversation asking us to discuss together the following questions:

- 1) How would you describe the level and awareness of your congregation’s members and friends as a whole to climate change action? Does it pervade the culture of the congregation at this point or is it mostly a smaller group of dedicated people?
- 2) Describe any ongoing environmentally-oriented committees or activities in the past two years. Who is working on which issues?
- 3) What other social justice programs are ongoing in your congregation? Do you see a connection between social justice work and climate action?
- 4) What are the best avenues for increasing awareness and commitment to action on the part of our fellowship? What are the biggest challenges we face in implementing?

Climate change has been and continues to be addressed by our fellowship. The GS Team needs to gather as clear a picture as possible as to what we have accomplished to date. With your input we can do this in the near future and then move to the Action Plan of Stage III.

For more information click this link [OUUF Website – Greensanctuary](#)

+++++

COMMUNITY BULLETIN BOARD

OUUF Trade Referrals: click this link [TRADE REFERRAL LIST](#)

New referral:
Submitted by George and Jolie Will

Blue Sky Cleaning 360-516-7139. John and Laura Sams do more than cleaning. They are a hard working Jack-of-all trades couple. They are inexpensive and friendly. You won't regret having them do work for you. Mention George & Jolie. They have done several jobs for us.

+++++

HELP NEEDED:

OUUF member Barbara Wieseman is looking for someone to do lawncare (mowing, weedwhacking) this year. Daughter Katherine is full up with all the other property projects and taking care of Barbara. This is paid.

Please contact Katherine at 360-775-6373 or kwieseman@gmail.com. Many thanks!!

+++++

Free Tax Preparation

AARP Foundation Tax-Aide provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Due to Covid pandemic, appointments are required. To make an appointment, call:

- Port Angeles – (360) 207-4130
- Sequim – (360) 683-6806

If you have any questions about this service, please contact Greg Sensiba [(360) 683-8914; sensibaq@hotmail.com].

412

+++++

SUNDAY SERVICE SERMON - not available

Children's R.E. Service links:

About the Persian Festival of Nowruz

<https://youtu.be/QQNGsgQ31ck>

A great video explaining the science of the Equinox

https://youtu.be/umPBE_sUvSc

And here is Pete the Cat and The Great Leprechaun Chase

<https://youtu.be/aUiAnNXvHc>