



OUUF Weekly Update

An Inclusive Community

1033 N. Barr Road
Agnew, WA
Mailing address:
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Circulation: 286

March 6 - 13, 2022

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diannewhit@aol.com

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Care Team Info Link

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Jack Webber

webmaster@OlympicUUF.com

SUNDAY SERVICE

March 6, 2022

Via Zoom



Speaker: Jamal Rahman

Sermon Topic: Spiritual insights and practices to heal inner and outer conflicts

Description: Jamal will draw on the Sacred Traditions to help us reconcile the wars inside of us that lead to outer disputes. He will also explore practices to minimize polarization in our communities.

Speaker Biography: Jamal Rahman is a popular speaker on Islam, Sufi spirituality, and interfaith relations. Along with his Interfaith Amigos, he has been featured in the New York Times, CBS News, BBC, and various NPR programs. He is a former co-host of Interfaith Talk Radio and travels nationally and internationally, presenting at retreats and workshops.

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An email with the Sunday regular service Zoom information will be sent on Saturdays with the order of service. ***If you do not receive the email please contact Elinor Tennyson*** at admin@olympicuuf.com or call 360-417-2665

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MAILING ADDRESS FOR DONATIONS:

OUUF
P O BOX 576
CARLSBORG, WA 98324

Thank you for your donation

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Words to live by



Shared by George will

"There are as many nights as days.
The one is just as long as the other in the year's course.
Even a happy life cannot be without a measure of darkness.
The word 'happy' would lose its meaning if it were
not balanced by sadness."

Karl Gustav Jung

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OUUF EVENT CALENDAR

Groups meet under the Clallam County and Washington State Covid-19 guidelines Effective immediately anyone attending an inside OUUF event must have all shots they are eligible for including boosters, sign in and wear a face mask.

OPEN EVENTS FOR March 6 - 13, 2022

REMINDER Tuesday 3-1	Reading for Fun ! 1:00pm Meet in Member's Home	Contact: Kitty Hawks call, text, email 206-755-2832 alettehawks@yahoo.com .
REMINDER Wednesday 3-2	ART ANYONE ? Noon OUUF Sanctuary	Contact: Rose Prestipino at roseprestipinio@gmail.com
Sunday 3-6	Children's R.E. Sunday Service 10:00am – Zoom	Contact: Julia Buggy at juliafbuggy@gmail.com or Harmony Rutter at rutterhj@gmail.com
	Sunday Service 11am on Zoom viewing at Fellowship sanctuary – doors open 10:30am	Contact: Elinor Tennyson admin@olympicuuf.com or call (360) 417-2665
Monday 3-7	Dance exercise seated aerobics 9:30- 12:15 am	Contact: Marsha Melnick (360) 683-4712 marsha@neuroclin2.com
Wednesday 3-9	Fellowship open Noon-12:30pm	Contact: Elinor Tennyson (360) 417-2665 or admin@olympicuuf.com
	OUUF Women's Meeting – Zoom 6-7pm	Contact: Jean Stratton jeanmstratton@gmail.com
	The Evening Men's Group - Zoom 7-9pm	Contact: George Stratton (360) 808-4477
Thursday 3-10	Reflections Women's Group 1:00pm Zoom	Contact: Cynthia Green at cynthiagreen@outlook.com

Link to [UPCOMING SPEAKERS](#)

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HERE'S HOW YOU CAN HELP THE PEOPLE OF UKRAINE

Submitted by Emily Beals



After weeks of mounting tensions, Russia launched a wide-ranging attack on Ukraine Thursday as civilians tried to flee. The U.N. refugee agency USA for UNHCR predicts nearly 3 million people in the country will require humanitarian assistance this year. Here are a few ways to help.

[Seattle Times Here's how Washington Residents Can Help the People of Ukraine](#)

Submitted by Florence Bucierka:

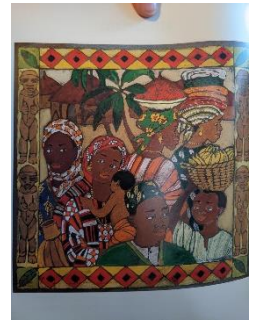
Here is a link to check any charity you may be considering supporting [CHARITY NAVIGATOR SITE](#)

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CHILDREN'S RELIGIOUS EDUCATION PROGRAM

By Teacher Julia Buggy

We are still touring our passport of World Religions as we learn more about the diversity of cultures and beliefs of people from around the world. Sunday we followed up the African American History Month lesson from last week learning about the Yoruba. We will also have time to talk about feelings in case any children have heard about the current situation in the Ukraine and how UU's throughout history have dedicated their lives to peace and we can continue that work today starting in our our hearts.



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SUNDAY SERVICES AT OUUF



We invite and welcome persons who would like to join our Zoom Sunday service at the Fellowship. The Zoom meeting will be projected onto the large TV screen for viewing with CLOSED CAPTIONS.

Face masks covering nose and mouth must be worn during the service itself and no one should remove their masks to eat or drink. Persons participating in an after-service discussion have a choice to remove their masks to eat and drink. If you have any questions, feel free to contact Elinor Tennyson at admin@olympicuuf.com or call (360) 417-2665.

[More information for joining in person Sunday service](#)

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A MESSAGE FROM THE BOARD OF TRUSTEES:

Submitted by Dianne Whitaker, Board President

On Sunday your Board of Trustees voted to finalize an agreement with Clallam County Emergency Management (CCEM) for the use of our main sanctuary and circular drive for:

- Training sessions for professionals and volunteer emergency workers.
- Shelter to be used as a resting period site (rehabilitation site) to be used by Emergency Responders during disasters.
- Distribution of emergency supplies to the public during the entire duration of any actual emergency declared by the county.
- Emergency management activities during the entire duration of any actual emergency declared by the county.

Because the high schools in Sequim and Port Angeles have not been retrofitted to withstand a significant earthquake the county is looking to churches to fulfill the possible need. We are proud to be the first church to answer the call.

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ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for content, length and grammar
Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

EVENTS, COMMITTEES AND OTHER NEWS

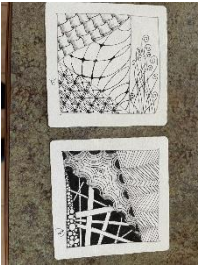
ART ANYONE?

Submitted by Rose Prestipino

Contact: roseprestinion@gmail.com



Come Wednesday, March 2nd, at noon and create a mosaic glass vessel. Edie Davis will show us how to do it. She says, " make a colorful tissue paper decoupage glass vase or votive holder. It will be a springtime delight that looks lovely on the sunny windowsill". Thanks Edie!



For our following ART ANYONE, Jolie Will plans to show us how to make a Zen tangle. That will be on March 16th at noon. The Zen tangle is an easy to learn, relaxing and fun way to create images by drawing structured patterns. Google for more information. Come and enjoy!

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GREEN SANCTUARY 2030

Submitted by Pat Dusel

The GS Team has sent the OUUF Congregational Profile required in stage 1 of the GS2030 Accreditation Process to uua.org for approval and are waiting for a response.

The GS Team is starting on stage 2 of the Accreditation Process- to conduct an assessment of where congregants are now regarding current environmental practices and context (Opportunity Assessment). More information to follow



Please send your tips to patdusel@hotmail.com

Source citations highly recommended but we cannot warrant their completeness ,reliability or accuracy.

For more information on the Green Sanctuary 2030 project click this link

[OUUF Website – Greensanctuary](#)

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REFLECTIONS WOMEN’S GROUP

Zoom Meetings

Contact: Cynthia Green at cynthiagreen@outlook.com

We meet by Zoom on the SECOND and FOURTH Thursday of each month at 1:00 pm. The purpose of our group is to uplift each other, enjoy our time together, laugh, have fun and also discuss some substantive topics!

Our goal is to leave the meeting feeling refreshed and uplifted.



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OOUF CARE CARDS

Cynthia Green mails cards, sometimes cards she has created, as her role on the OOUF Care Team. Contact: cynthiagreen@outlook.com

REQUEST TO OOUF FRIENDS AND MEMBERS:

Azella has moved and would love to receive cards, letters, flowers and/or a phone call. Visitors are allowed, just call the Center in advance.

Here is her address:

Azella Azella
c/o Crestwood Convalescent Center
1116 E. Lauridsen Blvd Rm #7
Port Angeles, WA 98362
(844) 334-3818
Azella's cell phone: (425) 480-2293



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Submitted by Elaine Webber

HOW TO NOT HELP A FRIEND IN NEED

Source: The New York Times
By: Tara Parker-Pope, Columnist,

A recent family crisis has taught me a lot about what it means to be a supportive friend

link to article - How-to-NOT-help-a-friend-in-need

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COMMUNITY DRUM CIRCLE

By Penny Burdick

The Community Drum Circle gathers on the 3rd Tuesdays on the month and meet in the OOUF sanctuary. Many of our drummers do not like to drive at night. To accommodate them and encourage more attendance for this special drum circle, the meeting time will be **3:00 PM - 4:30**. People attending must be fully vaccinated as eligible including booster/s.



Contact: Penny Burdick at mandalaht@gmail.com

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COMMUNITY BULLETIN BOARD

COMING SOON!

Submitted by Cynthia Green

WHAT: Community Shredding Event

WHERE: JC Penny's parking lot in Sequim

WHEN: Saturday, March 19. 10:00 am to 1:00 pm

WHY: Have your confidential papers shredded to protect yourself from identity theft. Shredded paper cannot be added to your curbside recycling. If you do that it ends up in the local landfill. The mobile truck shredding company (LeMay Mobile Shredding) has buyers who buy this shredded paper and it absolutely does get recycled!

DONATION: Donations will be accepted for the Five Acre School for this event.

Free Tax Preparation

AARP Foundation Tax-Aide provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Due to Covid pandemic, appointments are required. To make an appointment, call:

- Port Angeles – (360) 207-4130
- Sequim – (360) 683-6806

If you have any questions about this service, please contact Greg Sensiba [(360) 683-8914; sensiba@hotmail.com].

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SUNDAY
2-27-2022
Joseph Bednarik

COPY OF SERMON ATTACHED