



OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP (OUUF) WEEKLY NEWSLETTER

Circulation: 293

July 10-17, 2022

7 Principles of Unitarian

Universalism

Affirm & Promote:

The inherent worth and dignity of every person;

Justice, equity and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth in our congregations;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process within our congregations and in society at large;

The goal of world community with peace, liberty, and justice for all;

Respect for the interdependent web of all existence of which we are a part.

Meet the OUUF Board by clicking this link:

[BOARD OF TRUSTEE BIO'S](#)

Meet our staff by clicking this link:

[OUR STAFF](#)

Contact Information:

1033 N. Barr Road
Port Angeles, WA

Mailing address:

P O Box 576.
Carlsborg, WA 98324

SUNDAY SERVICE

July 10, 2022

11am

We invite you to join us at the Fellowship for a hybrid service (Zoom and in-person). If you are unable to attend in person, an email with the Zoom link is sent. If you don't receive the link, please email admin@olympicuuf.com or call 360-417-2665



Guest Speaker: Rev. Dr. Lynn Ungar

Sermon Title & Description:

Dances With Dogs
People talk about going where the spirit leads you, but what if the spirit takes you well off the beaten path--and maybe some distance off into the weeds?

Biographical Data on Guest Speaker: Our speaker, Rev. Dr. Lynn Ungar is a poet, a freelance UU minister offering supply preaching, and a dog trainer. She lives in Vancouver, Washington, with her two Australian Shepherds. Her work is included in the anthology What We Share. Lynn's website has links to her books of poetry. Her latest books are "Breathe" and "These Days."

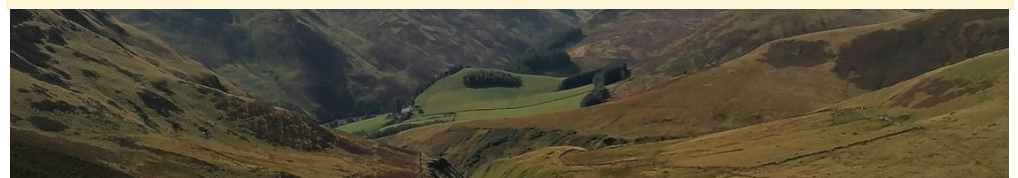
Stay after the service for a lively and interesting discussion

WORDS TO LIVE BY

Submitted by George Will

"I have been rich, and I've been poor.
And rich is better."
Mark Twain

"I have walked uphill, and I've walked downhill.
And downhill is better"
George Will



GENERAL INFORMATION AND NOTICES

UU WEEKLY INSPIRATION - BRAVER/WISER LOVING WITH A BROKEN HEART

By Abbey Tennis
June 29, 2022

“There is nothing more whole than a broken heart.”
—Rabbi Menachem Mendel of Kotzk

My friend Rev. Debra Haffner shares with people that when she read fairy tales to her children as they grew up, she would skip the “happily ever after” part. When the epic love-at-first sight between the princess and prince finally overcame whatever witches and thorny forests got in their way, Debra would say, “And it was a lot of work. The end.”

Read full article – click this link

LIVING WITH A BROKEN HEART

SUNDAY GREETERS NEEDED

By Jean Stratton

On Sundays now that we have a hybrid service with some people in the sanctuary and some on Zoom, we are in need of friendly individuals to volunteer to greet people.

Please contact Jean Stratton, a member of the membership committee.

Email: jeanmstratton@gmail.com, or sign up on the clipboard in the foyer



UUA GENERAL ASSEMBLY
MULTIPLATFORM / PORTLAND • 2022

By Vivian Mulligan

This year's General Assembly was held in Portland, OR, June 22 – June 26. Representing OUUF, Vivian Mulligan attended virtually and so did Sandy Goodwick. Sandy was scheduled to attend in person, but Covid-19 issues prevented that. Geoff Rimositis had delegate status as Minister Emeritus from his San Jose, CA congregation. He also attended virtually.

Some people in our congregation have asked if they can still see the GA Sunday Worship Service. Yes, the worship service is part of the [On-Demand Library](#). It is #501 and is only one of the many videos which are available or will be available soon. Another must see is the Ware Lecture #415. Please check back if a video is not yet uploaded.

TECH VOLUNTEERS NEEDED

We need a few people to join a team to help put on the hybrid Sunday service.

Here is our newest volunteer, Felicity, who appears to know exactly what button to push and when! If this bright young lady can help, there may be hope for this team. Felicity will help train you.

Contact Joan Cotta at jcottafish@gmail.com



Tech Assistant Felicity Parrish

EVENTS, COMMITTEE NEWS, ANNOUNCEMENTS and THINGS OF INTEREST

We reserve the right to edit your submission for content, length and grammar
Lengthy posts may appear as a link
Announcements need to be submitted **by 5pm MONDAY** to admin@olympicuuf.com

UPCOMING EVENTS



.....ANYONE?
By Edie Davis

Friday, July 15th
11:30am at the Fellowship

Ready to make some art on the right side of the brain?

Abstract oil pastel watercolor resist painting/drawing. No experience necessary, all ages welcome.

“Genius is nothing more nor less than childhood recaptured”- Charles Baudelaire.

Questions can be directed to
Edie Davis violaswamp8@gmail.com
206-696-2177



HOLD THE DATE: AUGUST 6th
4:00- 7:00 ish.

PLEASE JOIN US TO CELEBRATE
Summer birthdays!
New members !
Summer !

COME ONE, COME ALL!

Emily is teaming up with (Ranger) Phil Z. of the Membership Committee to host a party at Emily's house/garden/lawn.

We will feature an “island time theme” and highlight summer's bounty: peach everything, fresh corn on the cob, whatever else people want to bring. We'll sing along karaoke style with Ranger Phil and dance by the light of the moon (if there is a moon). If you have a summer birthday, you'll get a lei and be invited to dance the hula. (Just kidd'ng about the hula).

RSVP for directions and details
Contact: Emily Beals at ejbn@aol.com

PAST EVENTS

Art Anyone? June 25th Photo class
by Phil Zenner



Phil Zenner, teach extraordinaire

By Rose Prestipino

Kudos to our fine instructors Ken Nielson, Jolie Wills, Tom Massey, Phil Zenner and Edie Davis. Edie is on for our next class, Phil is back for more next month, Tom is teaching in September and Jolie teaches in the fall. Ken has many ideas waiting to come out and play.



Rose Prestipino tried a new perspective for taking a photo. Lou Foldoe is thinking of how to get Rose off the ground



Ken Nielsen and Edie Davis hitting all the right buttons?



Catharine Covert and Rose seriously paying attention



Kitty Hawks, Lou and Jolie Will concentrating and attempting to find those grids. What grids?

ONGOING EVENTS

OUTDOOR FUN!

By Cynthia Green
cynthiagreen@aol.com

Come join in for bocci ball and shuffleboard at Carrie Blake park.

WHEN: Mondays 2:00 pm

WHERE: at the Carrie Blake Park courts located beside the exit road leading out to N. Rhoderfer Road (enter at the entrance to the Water Reuse Demonstration Park to the north of the main entrance to Carrie Blake Park)



COMMUNITY DRUM CIRCLE

By Penny Burdick

COMMUNITY DRUM CIRCLE,

The Community Drum Circle gathers on the 3rd Tuesday of each month. For the summer months, through September, we meet at Pam's labyrinth, 186 Deer Ridge Lane, off Hooker Road west of Sequim.

For more information, contact: Penny Burdick at mandalaht@gmail.com



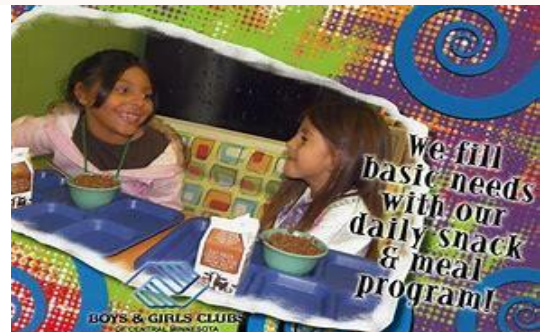
COMMUNITY VOLUNTEER OPPORTUNITIES

Boys & Girls Club Summer Lunch Program

We need volunteers for the week of August 8-12

For further information click on this link: :
[Summer Lunch Program Details](#)

If you are interested or have any questions, please contact Greg Sensiba (360 683-8914; or sensibaq@hotmail.com)



COMMITTEE AND TEAM POSTS

Olympic Unitarian Universalist Fellowship Membership Team

By Phil Zenner

OUUF Wear!

To take advantage of the potential presented by our mobile, question-answering membership, I will be ordering many kinds of OUUF wear, including a) sweatshirts, b) jackets and c) cloth grocery bags. The initial order will be for sweatshirts. Please email me at philzenner2002@yahoo.com to let me know which of these three kinds of items you're interested in wearing to spread the word about OUUF.

In addition, if sweatshirts is one of the categories you are interested in, please provide a size (sweatshirt available sizes are shown to the right.) Kids are included! We'll have sizes available for jackets soon.

I'll be giving all of these categories of items as gifts to anyone who agrees to use them publicly and frequently, and who provides a size when applicable!



[Sweatshirt Sizing Chart](#)

Olympic Unitarian Universalist Fellowship Green Sanctuary Committee

By Emily Beals

Reminder to all members and friends of our fellowship. Beginning next Sunday July 10, after the worship service sharing, we will meet via zoom and in the sanctuary, to begin choosing our Action Plans beginning with the first of five focus area - EDUCATION. If you suggested one of the items in this category, we especially hope you will join us to tell us more about what you have in mind. **EVERYONE WITH AN INTEREST IN THIS CATEGORY SHOULD PLAN TO ATTEND.**

For the full article, click this link;
[Green Sanctuary Article 7-5-2022](#)

(An email will also be sent with this info.)

Olympic Unitarian Universalist Fellowship Care Team

By Patty Eaton

The Fellowship's Care Team supports members and friends during times of need. If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert, Covert@Olympus.net or text: 360-461-9991 or Cynthia Green, cynthiagreen@outlook.com or text: 360-460-6596 (email or text preferred).

Please click on this link for more information, including updates on members needing assistance and how you can help:



Care Team Update

[Care-Team-Update-7-4-2022](#)



Little Free Library

By Seri Mylchreest

Thanks for the donations of books for the Little Free Library! If you would like to help stock the library you can contact Serena (serena@mylchreest.com) or feel free to put books in anytime you see that the library is running low.

Sometimes we get books which are not popular. In that case they are donated to Friends of the library groups. We could use help transporting those books occasionally.

Care Team Cards

The team coordinates personal visits, phone calls, meals, transportation, referrals to services, and personalized greeting cards (courtesy of Cynthia Green).



Olympic Unitarian Universalist Care Team Looking for Warm Hearts and Homes

Occasionally, a fellowship member or friend may need to leave their furry friend behind for a visit to a hospital or care facility. Are you able and willing to provide short-term care for dogs and/or cats? Please contact Patty Eaton, pattyjeaton@gmail.com, text: 408-712-4041, for inclusion on a list of prospective pet caretakers. Thank you!

MEMBERS AND FRIENDS BULLETIN BOARD

OUUF Trade Referrals:

Click this link [TRADE REFERRAL LIST](#)

Resources to help folks with phishing

<https://support.google.com/mail/answer/8253?hl=en>

CURRENT CLALLAM COUNTY HEALTH DEPARTMENT COVID RISK.
HIGH RISK: (> 200) –Strongly recommend masking in indoor settings for everyone, including vaccinated individuals.

LINK TO [CLALLAM COUNTY CORONAVIRUS INDEX](#)

**EVENT CALENDAR –
on and off site events
July 10-17, 2022**

Website [Event Calendar](#)

DATE	TIME	GROUP	LOCATION	VIA	CONTACT
Sunday 7-10	11am	Sunday Service	Fellowship Sanctuary	In person and Zoom	Contact: admin@olympicuuf.com or (360) 417-2665
Monday 7-11	9am – 1pm	Exercise Class	Fellowship Sanctuary	In person and Zoom	Contact: Marsha Melnick at 360-808-3109. Contact: Peggy Scheideler 760-518-4181.
	2pm	Bocce Ball	Carrie Blake Park	In person	Contact: Cynthia Green at cynthiagreen@outlook.com
Wednesday 7-13	9am – 12:15	Exercise Class	Fellowship Sanctuary	In person and Zoom	Contact: Marsha Melnick at 360-808-3109. Contact: Peggy Scheideler 760-518-4181.
	6-7pm	OOUF Women's Meeting	Member Home	Zoom	Contact: Jean Stratton jeanmstratton@gmail.com
	7-9pm	The Evening Men's Group	member Home	Zoom	Contact: George Stratton (360) 808-4477
Friday 7-15	11:30am	Art Anyone?	Fellowship Sanctuary	In person	Contact: Rose Prestipino at roseprestipino@gmail.com
Friday 7-15	2pm	Sunday Music Recording	Fellowship Sanctuary	CLOSED	
	6pm	NA Meeting	Fellowship Sanctuary	CLOSED	

**SUNDAY SERVICE SERMON NOTES AND QUOTES –
7-3-2022**

SERVICE LEADER: BOB NUFFER

copy attached to this newsletter and posted to the OOUF website

Link:

[Compassion in Crisis](#)

Attached are music lyrics
(from Harmony Rutter, Music Crew Director)