

OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP  
(OUUF)  
WEEKLY NEWSLETTER



July 31 – August 7, 2022

7 Principles of Unitarian  
Universalism

Affirm & Promote:

The inherent worth and  
dignity of every person;

Justice, equity and  
compassion in human  
relations;

Acceptance of one  
another and  
encouragement to  
spiritual growth in our  
congregations;

A free and responsible  
search for truth and  
meaning;

The right of conscience  
and the use of the  
democratic process  
within our congregations  
and in society at large;

The goal of world  
community with peace,  
liberty, and justice for all;

Respect for the  
interdependent web of all  
existence of which we are  
a part.

[BOARD OF TRUSTEE BIO'S](#)

[OUR STAFF BIO'S](#)

**Location:**

1033 N. Barr Road  
Port Angeles, WA 98362

**Mailing address:**

P O Box 576  
Carlsborg, WA 98324

**Contact Information:**

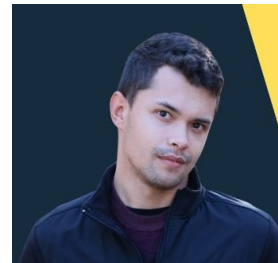
(360) 417-2665  
[admin@olympicuuf.com](mailto:admin@olympicuuf.com)

SUNDAY SERVICE

July 31, 2022

11am

We invite you to join us at the Fellowship for a hybrid service (Zoom and in-person). If you are unable to attend in person, please join us via \*Zoom.



**GUEST SPEAKER: Roddy Biggs**

**Sermon Title:** Make The Wound Whole ([Recorded Video](#))

**Sermon Description:** We often hear the wounded narrative painting over the painful reality hidden in the shadows we dare not look. How are we to heal as a nation and Make the Wounded Whole if we are always running from a dark and shameful past? Can we Make the Wounded Whole? In the words of bell hooks, "How do we hold people accountable for wrongdoing and yet, at the same time, remain in touch with their humanity enough to believe in their capacity to be transformed?" As we "Do Justice" and Love Mercy" -Micah 6:8: Join us Sunday, online or in-person, as rodny bell-shelton biggs, a Queer, bipoc, Nonbinary seminarian, and aspiring Public Theologian, challenges us, invokes us, and leaves us with a powerful call to be a transformed accountable faith.

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**Come Whoever You Are**

UUA Worship Web

By [Marilyn Falkowski](#)



We welcome you.

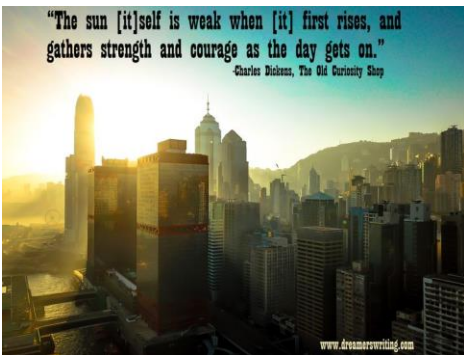
We know you come here for different reasons—to find community, to seek your spiritual and personal truths, to question, to nurture your heart and soul, to be nurtured, to explore new ideas, to find comfort, and perhaps to find the answers to some of your bigger questions.

We welcome you.

We know you come from different places, different religions, different beliefs and different backgrounds. We hope you will find comfort, connection, challenge, and love here. We hope you will find ways to provide outreach to others in our [congregation], in our local community, and in our world community.

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**\*For a Zoom invite to the Sunday service, contact Elinor Tennyson at [olympicuuf.com](http://olympicuuf.com) or call (360) 417-2665**



## WORDS TO LIVE BY

Submitted by George Will



Spirit in Nature Pathway

### Sunday Service

July 24<sup>th</sup>

Guest Speaker: Joseph Bednarik

**Sermon Description:** In Middlebury, Vermont, there is a second-growth forest called "Spirit in Nature," where numerous faith traditions are represented by various blazed trails that wind among the trees and ferns, rocks and creeks. There are paths for Christians and Buddhists, Druids and Bahais, and even a path labelled "Unitarian Universalist." This Sunday—with the Seventh Principle in heart and mind--we follow the blue blaze of the UU trail and reflect on the messages received. **Link to full sermon:** [Sermon - Spirit in Nature](#)

(A print copy is attached to this newsletter)



Harmony Rutter and children listening to Joseph's sermon



The Music Crew - LeRoy Davidson, Tucker and Felicity Parrish and Crew Leader, Harmony Rutter

SUNDAY JULY 24<sup>TH</sup> ATTENDANCE: ZOOM – 38, IN-PERSON 18

### Vivian's Corner

By Vivian Mulligan

After *Spirit in Nature*, Joseph Bednarik's excellent message message this past Sunday, I wanted to know more about the paths included at the Spirit in Nature site. Joseph noted that there are paths for multiple religions, including, among others, Buddhist, Jewish, Moslem, Bahai, Friends (Quaker), Christian, Pagan, and even Unitarian Universalist. Each path includes posted quotes representing that religion.

I googled their web site. <http://www.spiritinnature.org/newsletter>

In some ways their web site is less informative than Joseph's message. To be honest, I was hoping to find the quotes from the various paths. I did not. But I did find some interesting reading.

Included under the About Us/Mission tab, Ron Slabaugh, Pres., SpIN Board, writes a review of *Falter* by Bill McKibben. (McKibben's publisher notes "Thirty years ago Bill McKibben offered one of the earliest warnings about climate change. Now he broadens the warning: the entire human game, he suggests, has begun to play itself out.")

In "An Opening Note on Hope," taking the place of a preface or forward, McKibben writes "A writer doesn't owe a reader hope--the only obligation is honesty--but I want those who pick up this volume to know that its author lives in a state of engagement, not despair. If I didn't, I wouldn't have bothered writing what follows."

### Sunday Greeters Needed

On Sundays now that we have a hybrid service with some people in the sanctuary and some on Zoom, we are in need of friendly individuals to volunteer to greet the new in person folks. We hand them a program, welcome them and ask if they would like to sign the visitors book

Contact Jean Stratton at [jeanmstratton@gmail.com](mailto:jeanmstratton@gmail.com), or sign up on the clipboard on the entryway bulletin board.

**EVENTS, COMMITTEE NEWS,  
ANNOUNCEMENTS and THINGS OF INTEREST**

We reserve the right to edit your submission for content, length and grammar. Lengthy posts may appear as a link  
Announcements need to be submitted **by 5pm MONDAY** to [admin@olympicuuf.com](mailto:admin@olympicuuf.com)

**UPCOMING EVENTS**



**Herding Cats - Paws on the Edge**

Monday  
August 15<sup>th</sup> at noon

Picnic at Hurricane Ridge (Olympic National Park) *Drive to the top. Then go beyond. First picnic area.*

Contact: Kitty  
call or text 206-755-2832 or email  
[alettehawks@yahoo.com](mailto:alettehawks@yahoo.com)



**HOLD THE DATE: AUGUST 6<sup>th</sup>**  
**4:00- 7:00 ish.**

**PLEASE JOIN US TO CELEBRATE  
COME ONE, COME ALL!**

Emily is teaming up with (Ranger) Phil Z. of the Membership Committee to host a party at Emily's house/garden/lawn.

We will feature an "island time theme" and highlight summer's bounty: peach everything, fresh corn on the cob, whatever else people want to bring. We'll sing along karaoke style with Ranger Phil and dance by the light of the moon (if there is a moon). If you have a summer birthday, you'll get a lei and be invited to dance the hula. (Just kidd'ng about the hula).

**RSVP for directions and details** Contact: Emily Beals at [ejbn@aol.com](mailto:ejbn@aol.com)

**ONGOING EVENTS**

**OUTDOOR FUN!**

By Cynthia Green  
[cynthiagreen@aol.com](mailto:cynthiagreen@aol.com)

Come join in for bocci ball and shuffleboard at Carrie Blake park.

**WHEN: Mondays 2:00 pm**

**WHERE: at the Carrie Blake Park** courts located beside the exit road leading out to N. Rhoderfer Road (enter at the entrance to the Water Reuse Demonstration Park to the north of the main entrance to Carrie Blake Park)



**COMMUNITY DRUM CIRCLE**

By Penny Burdick

**COMMUNITY DRUM CIRCLE,**

The Community Drum Circle gathers on the 3<sup>rd</sup> Tuesday of each month. For the summer months, through September, we meet at Pam's labyrinth, 186 Deer Ridge Lane, off Hooker Road west of Sequim.

For more information, contact: Penny Burdick at [mandalaht@gmail.com](mailto:mandalaht@gmail.com)



**.....ANYONE?**  
By Rose Prestipino

Our last art class was led by Edie Davis. We created our own painting using the theme of salmon and a house. We used watercolors on top of crayons. what fun!

**We will not have art classes in August** as people seem to be very busy. We will resume in September so watch for announcements.



Lou Foldoe, Edie Davis, Phil Zenner, Cynthia Green



## COMMITTEE AND TEAM POSTS

### Olympic Unitarian Universalist Fellowship Little Free Pantry

By Florence Burcieka

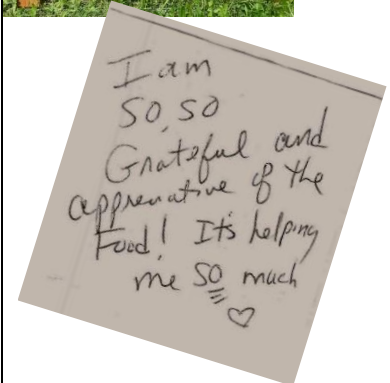
The OUUF Little Free Pantry has been very busy serving those in need of food!! Thanks to the OUUF garden and members' gardens for wonderful fresh produce.

Inflation and a decrease in Sequim Food Bank donations, has meant we have had to purchase more food at higher prices. From Jan. – June 2022, we spent as much as we did for all of 2021. Fortunately our donations from members have kept pace so far. We received a grant of \$2000 from Molina Health Care (see article in the Sequim Gazette on Wednesday).

We know we serve folks who are unhoused - recently when examining our trash can we observed a boxed milk, an entire box of crackers and a snack pack of crackers and tuna had been eaten on site.

Some comments from an anonymous survey done in March of our participants:

- "It's a great way for people who have been laid off from Covid and are on the street cause they can't pay their rents, etc. Thank You!" 😊
- "I ❤️ this pantry. It has really helped me. The veggies-Broccoli, garlic, potatoes, fruit and more, etc. 😊 Thank you soo much. God Bless"
- "We are grateful. Thank You!"
- "You guys are so awesome! Thank you!"



### Olympic Unitarian Universalist Fellowship Green Sanctuary Committee By Emily Beals

We have now completed two out of three congregational conversations focused on action plans that we as a congregation want to develop. The following topics have been selected:

#### USE OF RESOURCES

- 1) Use of Plastic and Recycling: Brian Berardo. Cynthia Green. David Dalton. Bob Nuffer. Sarah Whelchel. and others will work on various aspects of this category.
- 2) Burial/Cremation Options: Pat Tomlin and Penny Burdick will participate in developing this topic.

#### HIGH POLLUTING INDUSTRIES

- 1) Vehicle Transportation: Dave Large. Ingrid Henkel. George Will will work to develop this topic.
- 2) Our Food Choices/Exploring vegetarian/vegan recipes: Rose Prestipino. Brian Berardo, Norma, Jane Erikson will help develop this topic.

Our third and final discussion will be held August 7, following the sharing. It will be live and on zoom.



### ECOSYSTEM RESTORATION AND ORGANIC GARDENING

Suggested topics:

- 1) Backyard/Kitchen Composting
- 2) Projects focused on fish, river and other water bodies restoration
- 3) Working with local native tribes on their ecosystem restoration projects
- 4) Investigating the restoration of oyster farming in Clallam Bay
- 5) Planting native plants and trees at home and elsewhere
- 6) Researching wild edible plants
- 7) Researching Washington's timber industry's current practices
- 8) Developing Fellowship Little Food Pantry Garden

**Olympic Unitarian Universalist Fellowship  
Little Free Library**

Thanks for the donations of books for the Little Free Library!



We also have a bookcase on the Fellowship porch for donations

Contact:  
Seri Mylchreest at [serena@mylchreest.com](mailto:serena@mylchreest.com)

**Olympic Unitarian Universalist Fellowship Care Team**

By Patty Eaton



The Fellowship's Care Team supports members and friends during times of need. If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert, [Covert@Olympus.net](mailto:Covert@Olympus.net) or text: 360-461-9991 or Cynthia Green, [cynthiagreen@outlook.com](mailto:cynthiagreen@outlook.com) or text: 360-460-6596 (email or text preferred).

Please click on this link for more information, including updates on members needing assistance and how you can help: **Care Team Update** [Care-Team-Update-7-25-2022](#)

**MEMBERS AND FRIENDS BULLETIN BOARD**

**OUUF Trade Referrals:** Click this link [TRADE REFERRAL LIST](#)



Come exercise with us on Mondays and Wednesdays from 9:30 - 10:30. Join our SAIL, Stay Active and Independent for Life, evidence-based class to improve your strength and balance and have fun.

Thanks to a grant from the Olympic Area Agency on Aging classes are free for county residents over 60 years of age. Preregistration is required.

Please call Marsha Melnick 360-808-3109 or Peggy Scheideler 760-518-4181.

Classes are in person or on Zoom

**CURRENT CLALLAM COUNTY HEALTH DEPARTMENT COVID RISK.  
Strongly recommend masking in indoor settings for everyone,  
including vaccinated individuals.**

**LINK TO [CLALLAM COUNTY CORONAVIRUS INDEX](#)**

**EVENT CALENDAR**  
**on and of- site events**  
**July 31 – August 7, 2022**

Website [Event Calendar](#)

DATE	TIME	GROUP	LOCATION	VIA	CONTACT
<b>Sunday 7-31</b>	11am	Sunday Service	Fellowship Sanctuary	In person and Zoom	Contact: <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a> or (360) 417-2665
<b>Monday 8-1</b>	9am – 1pm	Exercise Classes CANCELED	Fellowship Sanctuary	In person and Zoom	Contact: Marsha Melnick at 360- 808-3109. Contact: Peggy Scheideler 760-518-4181.
	2pm	Bocce Ball	Carrie Blake Park	In person	Contact: Cynthia Green at <a href="mailto:cynthiagreen@outlook.com">cynthiagreen@outlook.com</a>
<b>Tuesday 8-2</b>	10- 11:30am	Clallam County Threshold Choir	Fellowship Sanctuary	CLOSED	Contact: Penny Burdick at <a href="mailto:mandalaht@gmail.com">mandalaht@gmail.com</a>
	1pm	Reading for the Fun of it !	Member home	In person	Contact: Kitty Hawks 206-755-2832 or <a href="mailto:alettehawks@yahoo.com">alettehawks@yahoo.com</a>
<b>Wednesday 8-3</b>	9am – 12:15	Exercise Classes	Fellowship Sanctuary	In person and Zoom	Contact: Marsha Melnick at 360- 808-3109. Contact: Peggy Scheideler 760-518-4181.
	6-7pm	OOUF Women’s Meeting	Member Home	Zoom	Contact: Jean Stratton <a href="mailto:jeanmstratton@gmail.com">jeanmstratton@gmail.com</a>
	7-9pm	The Evening Men’s Group	member Home	Zoom	Contact: George Stratton (360) 808-4477
<b>Friday 8-5</b>	2pm	Sunday Music Recording	Fellowship Sanctuary	CLOSED	
	6pm	NA Meeting	Fellowship Sanctuary	CLOSED	
<b>Saturday 8-6</b>	10am-2pm	No. Olympic Shuttle & Spindle Guild	Fellowship Sanctuary	CLOSED	Contact: Diane Chung at <a href="mailto:diane_chung@hotmail.com">diane_chung@hotmail.com</a>
	4-7pm	Celebration Party	Member Home	In person	Contact: Emily Beals at <a href="mailto:ejbn@aol.com">ejbn@aol.com</a>

**SUNDAY SERVICE 7-24-2022**  
**SERMON BY Joseph Bednarik**  
**print copy attached to this newsletter**