

OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP (OUUF)

WEEKLY NEWSLETTER | OCTOBER 30-NOVEMBER 6, 2022



7 Principles of Unitarian Universalism

Affirm & Promote:

The inherent worth and
dignity of every person;

Justice, equity and
compassion in human
relations;

Acceptance of one
another and
encouragement to
spiritual growth in our
congregations;

A free and responsible
search for truth and
meaning;

The right of conscience
and the use of the
democratic process
within our congregations
and in society at large;

The goal of world
community with peace,
liberty, and justice for all;

Respect for the
interdependent web of all
existence of which we are
a part.

[Board of Trustees Bios](#)

[BOD Minutes and Notes](#)

[Our Staff Bios](#)

Fellowship Hall Location:

1033 N. Barr Road
Port Angeles, WA 98362

Mailing address:

P O Box 576, Carlsborg, WA 98324

Contact Information:

(360) 417-2665

admin@olympicuuf.com

Upcoming Sunday Service

OCTOBER 30, 2022

11AM

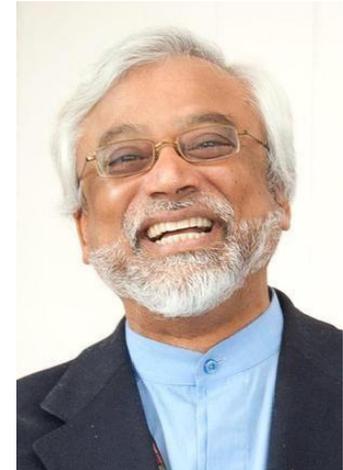
IN-PERSON AND ON ZOOM*

GUEST SPEAKER:

Jamal Rahman

SERMON:

***Sacred poetry and teaching
stories for self-development***



SERMON DESCRIPTION:

Jamal will talk about insights and practices gleaned from poetry and stories that have helped him grow spiritually on the mysterious journey of life.

GUEST SPEAKER BIO:

Jamal Rahman is a popular speaker on Islam, Sufi spirituality, and interfaith relations. Along with his Interfaith Amigos, he has been featured in the New York Times, CBS News, BBC, and various NPR programs. He is a former co-host of Interfaith Talk Radio and travels nationally and internationally, presenting at retreats and workshops.

**We invite you to join us at the Fellowship Hall for our hybrid service (in-person and online via Zoom). If you are unable to attend in person, please join us via Zoom. For the link, please contact John Huffstetler at admin@olympicuuf.com or call (360) 417-2665.*

Come Whoever You Are

UUA Worship Web

By [Marilyn Falkowski](#)

We welcome you.

We know you come here for different reasons—to find community, to seek your spiritual and personal truths, to question, to nurture your heart and soul, to be nurtured, to explore new ideas, to find comfort, and perhaps to find the answers to some of your bigger questions.

We welcome you.

We know you come from different places, different religions, different beliefs and different backgrounds. We hope you will find comfort, connection, challenge, and love here. We hope you will find ways to provide outreach to others in our [congregation], in our local community, and in our world community.



Announcements, Events, Committee News, and Things of Interest

VOLUNTEER



By Dianne Whitaker

Want to contribute to OUUF by volunteering?

Click below to view all the possibilities and the people to contact to volunteer.

[OUUF Committees](#)



Olympic Unitarian Universalist Fellowship Care Team

The Fellowship's Care Team supports members and friends during times of need.

If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert (Covert@Olympus.net or text 360-461-9991) or Cynthia Green (cynthiagreen@outlook.com or text: 360-460-6596). Email or text preferred.

Please click below for more information, including updates on:

- ❖ Don Hatler
- ❖ Joyce Estep
- ❖ Dani Casey
- ❖ Azella

[10/24/22 Care Team Update](#)

Stories from the Little Free Pantry

By Vicki Sensiba

Business is still booming at the Pantry, especially with inflation bringing rising food prices. Most of our users come and go in anonymity. But Dianne Whitaker recently met some people who told her their stories, which Dianne has shared:

I met Bridget today when I was stocking the pantry. She has been homeless in the past but has a small apartment now. She goes to the food bank and supplements with the Pantry. She took dish detergent, raisins, a microwavable lentil dish, one small cereal, and a head of lettuce. We had a wonderful discussion, and she is very grateful for the Pantry and the Little Free Library.

A day or two later, Dianne said:

A middle-aged man named Dave came on his bike because he said he can't afford gas right now...

Previous Sunday Service



10/23/22

Attendance info

On Zoom:	28
In-person:	35
Children:	8
TOTAL:	71

Sermon:

Joseph Bednarik

"Searching for Signs"

*A copy of the sermon is attached to the Weekly Newsletter email and the website.

Weekly Newsletter



Entries for the following week are due **NO LATER THAN 5pm Monday**

We reserve the right to edit your submission for clarity and brevity (including altering its content, length, and grammar). Lengthy posts may appear as a link to the OUUF website.

Email all entries to

admin@olympicuuf.com

Please indicate "Newsletter" in the subject line.

Stories from the Little Free Pantry (cont'd)

By Vicki Sensiba

...He asked me if he could help and said he had volunteered at the food bank in the past. He carried all the heavy cans and helped me stock them. He commented that we had "quality items." Then a couple out walking came by. They said how much they appreciated what we are doing and that they donate items frequently. Dave took about 6 small items that would fit into the pack on his bike.

Meeting these people reinforces, for all of us on the committee why we do this work. It makes a difference to our community. And it brings us untold and unexpected rewards.

If you're interested in volunteering and would like to know more about our work, please contact Vicki Sensiba at sensibag@hotmail.com or at (360) 683-8914.

Announcements, Events, Committee News, and Things of Interest (cont'd)

Community Drum Circle



The Community Drum Circle gathers on the **3rd Tuesday** of each month. Beginning with the October meeting, we will meet in the Fellowship sanctuary at **6pm**.

For more information contact:
Penny Burdick
mandalaht@gmail.com

Outdoor opportunities with the new OOUF Adventure Group!

By Phil Zenner and Emily Beals

Next adventure **Friday, October 28**

What: Kayaking
Where: Lake Crescent
When: Meet at 10am



Next hike is Nov. 11, along the Elwha River, an easy 4.6m round trip. Email ejbn@aol.com to sign up or get more info about either adventure.

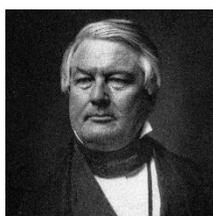


Unitarians in the White House (Part 1 of 3)

By Vivian Mulligan

Part 1: Unitarian Presidents

It is generally conceded that there have been four Unitarian Presidents of the United States: John Adams, John Quincy Adams, William Howard Taft, and Millard Fillmore, respectively our second, sixth, thirteenth and twenty seventh Presidents.



(From left: Adam, Quincy Adams, Taft, and Fillmore)

Outdoor Fun!

Come join in for bocce ball and shuffleboard.



WHEN: Mondays, 2pm
WHERE: Carrie Blake Park

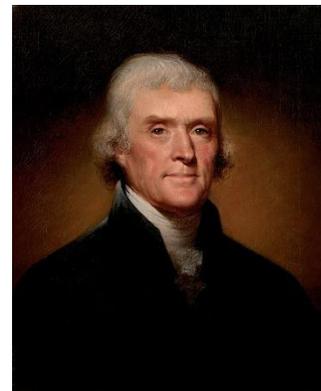
The last day of bocce ball and shuffleboard will be **Monday Oct. 31st** at 2:00 pm. Have a fun Halloween with our last outdoor game day for the year! 🎃

For more information contact:
Cynthia Green
cynthiagreen@aol.com

Unitarians in the White House (Part 1 of 3 cont'd)

Some historians would add to that list our third President, Thomas Jefferson. Indeed, his is one of the first names that come to mind when we refer to UU's being among the founding forefathers of our country. Whether he considered himself a Unitarian depends on the source. In one letter he says, "I am of a sect by myself, as far as I know." In another he says

"The population of my neighborhood is too slender and is too much divided into other sects to maintain any one preacher well. I must therefore be contented with being a Unitarian by myself."



With Jefferson, there's a question as to whether UU's really want to claim him at all. Rev. Forrest Church, UU minister and editor of the Jefferson Bible, observed that "Jefferson's personal pursuit of painlessness led him to anesthetize his conscience (tragically so with respect to slavery) whenever it caused him discomfort."

Announcements, Events, Committee News, and Things of Interest (cont'd)

Public Service Announcement

By Edie Davis

Recycling Styrofoam

Fort Worden-Battery Putnam drop off location at Port Townsend 229 Alexanders Loop (near Alexanders castle)

StyroCyclers

1st Tuesday and 3rd Saturday
10am-noon

*Clean Styrofoam (tape and labels removed)

*Bag packing peanuts separately (white only)

*Stay in car until in front of bunker

*No wheels on grass/dirt please

Green Sanctuary 2030

By Emily Beals

Green Sanctuary Team will begin introducing our **11 Action Plans** with details on November 6, after the worship sharing.

Eleven months of planning has brought us to this moment, so let's climb aboard and launch this endeavor together. This planetary mission needs all hands on deck!



You will be receiving our Action Plan email within the next 10 days.

Green Sanctuary 2030: Compost

By Emily Beals and Rose Prestipino



Come join us in the Fellowship Halloween graveyard on Sunday, October 30th after the worship service for a walk-about and compost orientation. See our new state-of-the-art composting facility and learn how to build your own back yard compost pile.



It's Halloween Eve, you could find yourself in a ghoulish place but be brave, bring your plant food kitchen waste and learn how to turn it into gardener's gold—it's magic!



All are invited. Join us and bring a bag of plant-based scraps!



Get Your Own OUUF Jacket!

Stay warm, look suave, and perhaps start up a conversation about OUUF.

Cost: \$10

Optional: Additional contribution of your choice up to the actual cost of \$80 (as you are able).

To order your jacket, just send your size to philzenner2002@yahoo.com

[Click here for more information including size notes with pictures.](#)



...Anyone?

By Rose Prestipino

The art class had a good time making dioramas mostly in the fall theme. The 12 people who attended came away with a three-dimensional art piece. The next event will be **November 4 at 11:30 AM**. Jolie Will has promised to teach us how to do large letter calligraphy. After that, we will have some holiday making items with Ken Nielsen. That will be on **November 18** at the same time. **December 2** we will be making holiday brooches with Edie Davis. After that we will make holiday decorations with glass balls taught to us by Dani Casey.

That finishes out the art classes for 2022.

***The class is open to all ages and, as always, there is no charge.**

Member & Friends Bulletin Board

OOUF Trade Referrals

A list of contractor and handyperson referrals (for hire only – not volunteer). Click [here](#).

Re-homing Market Place

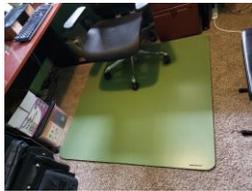
Submitted by Dianne Whitaker

Do you have items in your home that are taking up space and gathering dust, because you no longer use them?



Re-homing means you find another home for them with someone who can use them. I recently re-homed a freezer, a paella pan, and a fire pit, among other items. What do you have to rehome? Send your name, the name of the item, and your contact information to me at diannewhit@aol.com, and I will submit the items to the Weekly each Monday.

One beige recliner in good condition.
Call Tommie Schwent at (360) 460-9448



Eco Chair Mats

Looking for an alternative to that plastic office chair mat you're using? You know, the one that only lasts a year or so if you're lucky and that has to then go into the landfill?

Be an eco-angel: consider making your own **Ecochairmat** or have Brian Berardo make one for you. See ecochairmat.com

Strawberry Plants!

By Susan Harris

We have strawberry plants to give away. Just call me at (509-671-2147) or Dave (408-710-8041) to arrange a mutually convenient time to dig them out. We have shovels here but few boxes, so containers are necessary for transport. They're happy here but grew beyond my capacity to handle the amazing volume.



Forwarded by Florence Bucierka

Invitation to the International Indigenous Salmon Seas Symposium - October 28th & 30th



"We are the salmon people, our spirit and soul would be crushed if we have no salmon."

~Jay Julius, Member, Lummi Nation and President, Se'Si'Le

We invite all members of the public to join us on the livestream for a day of ceremony, storytelling and knowledge sharing. Register [here](#).

October 28, 2022 • 9:00am-4:30 pm

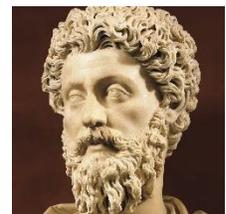
October 30, 2022 • 6:00 - 8:00 pm

Quote

Submitted by George Will

Here is a words-to-live-by quote that fits in with UU values:

"Very little is needed to make a happy life. It is all within yourself. It is your way of thinking."
Marcus Aurelius, Roman Emperor (121-180CE)



Event Calendar

October 30-November 6, 2022

OOUF is following Clallam County guidelines regarding the ongoing COVID-19 pandemic.
We recommend full vaccination for attending in-person services.

DATE	TIME	TITLE	LOCATION	ATTENDANCE	CONTACT
Sunday 10/30	11am-12pm	Sunday Service	Fellowship Sanctuary	In-person and on Zoom	Contact: admin@olympicuuf.com or (360) 417-2665
	12pm-1pm	Compost Demonstration	Fellowship Sanctuary	In-person	Contact: Emily Beals at mailto:ejbn@aol.com
Monday 10/31 	9am-12:15pm	Exercise Classes	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	2pm	Bocce Ball	Carrie Blake Park	In-person	Contact: Cynthia Green at cynthiagreen@outlook.com
Tuesday 11/1	10am-11:30pm	Clallam County Threshold Choir (CCTC)	Fellowship Sanctuary	In-person	Contact: Penny Burdick at mandalaht@gmail.com
	1pm-3pm	Reading for the Fun of It!	Member Home	In-person	Contact: Kitty Hawks at 206-755-2832 or alettehawks@yahoo.com
Wednesday 11/2	9am-12:15pm	Exercise Classes	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	6pm-7pm	OOUF Women's Meeting	Member Home	Zoom	Contact: Jean Stratton jeanmstratton@gmail.com
	7pm-9pm	The Evening Men's Group	Member Home	Zoom	Contact: George Stratton (360) 808-4477
Thursday 11/3	<i>*Currently no events</i>				
Friday 11/4	11:30am-1:30pm	Art Session	Fellowship Sanctuary	In-person	Contact: roseprestipino@gmail.com
	6pm-7:30pm	NA Meeting	Fellowship Sanctuary	CLOSED	
Saturday 11/5	9am-2pm	North Olympic Shuttle and Spindle Guild	Fellowship Sanctuary	CLOSED	