

# OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP (OUUF)

WEEKLY NEWSLETTER | NOVEMBER 13-20, 2022



## 7 Principles of Unitarian Universalism

### Affirm & Promote:

The inherent worth and  
dignity of every person;

Justice, equity and  
compassion in human  
relations;

Acceptance of one  
another and  
encouragement to  
spiritual growth in our  
congregations;

A free and responsible  
search for truth and  
meaning;

The right of conscience  
and the use of the  
democratic process  
within our congregations  
and in society at large;

The goal of world  
community with peace,  
liberty, and justice for all;

Respect for the  
interdependent web of all  
existence of which we are  
a part.

[Board of Trustees Bios](#)

[BOD Minutes and Notes](#)

[Our Staff Bios](#)

### Fellowship Hall Location:

1033 N. Barr Road  
Port Angeles, WA 98362

### Mailing address:

P O Box 576, Carlsborg, WA 98324

### Contact Information:

(360) 417-2665  
[admin@olympicuuf.com](mailto:admin@olympicuuf.com)

### *Upcoming Sunday Service*

**NOVEMBER 13, 2022**

**11AM**

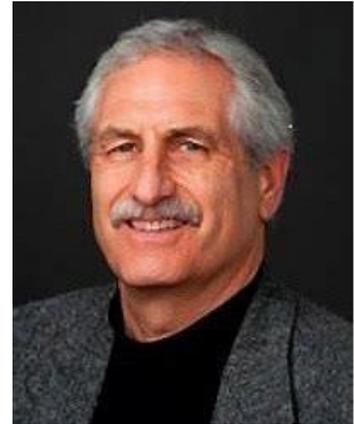
**IN-PERSON AND ON ZOOM\***

**GUEST SPEAKER:**

**Rev. Bruce A. Bode**

**SERMON:**

***The Question of "God":  
Part II, Concepts***



### **SERMON DESCRIPTION:**

Part I of this two-part sermon series on October 9 explored the notion that our little English word "God" points to that which transcends all naming and thinking, or, as hymn writer Jim Reilly puts it, "A core of silence breathes beyond all words." This concluding sermon in this two-part series will explore a variety of concepts of "God" and how they relate us to the deep mystery of our being and all being. We will also hear what Old Turtle has to say on these matters in the concluding part of that story.

*The Question of "God": Part I, Language* can be found [here](#).

### **GUEST SPEAKER BIO:**

Bruce A. Bode is Minister Emeritus at the Quimper Unitarian Universalist Fellowship (QUUF) in Port Townsend, Washington, from which he retired in 2018 as the Senior Minister after serving the congregation for fourteen years (2004-2018).

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*\*We invite you to join us at the Fellowship Hall for our hybrid service (in-person and online via Zoom). If you are unable to attend in person, please join us via Zoom. For the link, please contact John Huffstetler at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) or call (360) 417-2665.*

### **Come Whoever You Are**

UUA Worship Web

By [Marilyn Falkowski](#)

We welcome you. We know you come here for different reasons—to find community, to seek your spiritual and personal truths, to question, to nurture your heart and soul, to be nurtured, to explore new ideas, to find comfort, and perhaps to find the answers to some of your bigger questions.



We welcome you. We know you come from different places, different religions, different beliefs and different backgrounds. We hope you will find comfort, connection, challenge, and love here. We hope you will find ways to provide outreach to others in our [congregation], in our local community, and in our world community.

# Announcements, Events, Committee News, and Things of Interest

## VOLUNTEER



By Dianne Whitaker

### Want to contribute to OUUF by volunteering?

Click below to view all the possibilities and the people to contact to volunteer.

[OUUF Committees](#)



## Olympic Unitarian Universalist Fellowship Care Team

The Fellowship's Care Team supports members and friends during times of need.

If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert (Covert@Olympus.net or text 360-461-9991) or Cynthia Green (cynthiagreen@outlook.com or text: 360-460-6596). Email or text preferred.

Please click below for more information, including updates on:

- ❖ Don Hatler
- ❖ Joyce Estep
- ❖ Dani Casey
- ❖ Azella

[11/7/22 Care Team Update](#)



**Work begins on the new OUUF parking lot**

*Photo courtesy of Seri Mylchreest*

## Previous Sunday Service



**11/6/22**

Attendance info

On Zoom:	<b>25</b>
In-person:	<b>23</b>
Children:	<b>6</b>
<b>TOTAL:</b>	<b>54</b>

**Sermon:**

**Terry Barrett**

"Finding Another Way"

*\*When available a copy of the sermon is attached to the Weekly Newsletter email and the website.*

## Weekly Newsletter



Entries for the following week are due **NO LATER THAN 5pm Monday**

We reserve the right to edit your submission for clarity and brevity (including altering its content, length, and grammar). Lengthy posts may appear as a link to the OUUF website.

Email all entries to

[admin@olympicuuf.com](mailto:admin@olympicuuf.com)

Please indicate "Newsletter" in the subject line.

## Pool & Darts

By Cynthia Green

The outdoor bocci ball & shuffleboard games are stopped and will resume next spring. To replace them, we will have Monday afternoon pool and darts following lunch at the Oasis family bar and grill. Meet for lunch followed by playing pool and darts (about an hour and a half).

**WHERE:** 301 E. Washington Street, Sequim  
(in the shopping area just east of Pioneer Park)

**DAY:** Mondays

**TIME:** 1:00pm

*For more information contact:*

Cynthia Green

[cynthiagreen@aol.com](mailto:cynthiagreen@aol.com)



# Announcements, Events, Committee News, and Things of Interest (cont'd)

## 2023 Pledges

By Greg Sensiba



### **OUUF needs your support!**

Your pledge will support our Sunday speakers, our vibrant Children's RE program, and much, much more.

**Please return your pledge forms as soon as you are able.** If you need another pledge form, please click [here](#).

For more information or questions about pledges please contact Greg Sensiba at [sensibag@hotmail.com](mailto:sensibag@hotmail.com)

## Outdoor opportunities with the new OUUF Adventure Group!

By Phil Zenner and Emily Beals

Next adventure:  
**Friday, November 11**

**What:** Hike (all hikers welcome!)  
**Where:** Olympic Discovery Trail (ODT)  
**Difficulty:** Easy | 4.6 mile  
**When:** Meet at 10am



Email [ejbn@aol.com](mailto:ejbn@aol.com) and let us know you're joining us so we'll be sure to wait for you!

[Click here for directions on getting there.](#)

## Unitarians in the White House (Part 3 of 3)

By Vivian Mulligan

### Part 3: President Obama

Was President Obama, our 44th President, a Unitarian Universalist? No, he was not.



Most of his adult life Barack Obama has worshipped at Trinity United Church of Christ, which is the largest black United Church of Christ (UCC) church in America. He resigned from that church in 2008 on the heels of controversy involving its former minister, Rev. Jeremiah Wright. In the following months, White House aides and friends spent a considerable amount of time investigating potential worship bases for the Obamas. Three years ago, Time magazine prematurely announced that the Obamas had chosen Evergreen Chapel, the nondenominational church at Camp David, for their church home-away-from-home.

## Potluck Sunday

By Dianne Whitaker

Our November Potluck will be on Thanksgiving Day,  
**November 24th at 1:00 PM.**



We still need a coordinator. If you can volunteer, please email Dianne Whitaker at [diannewhit@aol.com](mailto:diannewhit@aol.com).

## Unitarians in the White House (Part 3 of 3 cont'd)

By Vivian Mulligan

Later, in an interview with Matt Lauer of NBC's Today Show, President Obama said that he and Michelle had chosen not to join a single church because they felt their presence was disruptive to services. While President, his family attended several churches in D.C. as well as Evergreen Chapel.



EAST SHORE UNITARIAN CHURCH

One version of a quote attributed to St. Ignatius of Loyola or to St. Francis Xavier is, "Give me the child, and I will mold the man." President Obama's maternal grandmother belonged to the East Shore Unitarian Church in Bellevue, WA, where he lived with her as a child; so, although he is not a Unitarian Universalist, when Obama says he learned his core values from his beloved grandmother, those were UU values. This information is verified, not by *Time* magazine or the Today Show, but by our own Judy Ware, who has a picture of Barack Obama as a child. Her family and his were friends.

# Announcements, Events, Committee News, and Things of Interest (cont'd)

## Green Sanctuary 2030: Make Healthy Food Choices

By Brian Berardo

After watching the documentary *Eating Our Way to Extinction*, I was further motivated to limit my animal protein intake. It's at such times that I'm thankful for [reducetarian.org](http://reducetarian.org) to help me transition toward a whole foods, plant-based diet. The site suggests we don't need to feel guilty if we're not always eating a vegan or vegetarian diet; just try and do our best to reduce our intake of animal protein. It's good for our bodies, good for the animals, and definitely good for the planet.



I grew up eating meat at almost every meal; my father moonlighted as a butcher from his job, so he brought home inexpensive cuts of meat all the time. Making a Bolognese or white pasta sauce without hot Italian sausage is borderline sacrilege to this paesano. We're blessed to have local and other farmers that focus on treating their animals humanely (e.g., pasture-raised, grass-fed and finished, etc.) Now, if we have an occasional meat dish, we make sure it is sustainably raised and not tortured at the hands of animal factories. Country Aire market in Port Angeles and Poulsbo Central Market, to name a few, do a commendable job of sourcing their animals from humane farmers.



...Anyone?

By Rose Prestipino

From Ken:

**Winter Solstice is December 21. Come join the fun!**

We will be doing two projects. The first is somewhat of a secret. But I will tell you, you will be amazed at your creativity! It's something we can ALL do, and we will make something unique!

Secondly, we will be making a card for you to give/send or to display for yourself. **All necessary items will be provided**, but if you have please do bring: small holiday stickers, small 3D holiday decorations, glue (hot or otherwise), scissors, blank cards, colored pencils/ink/watercolor, colored yard/string.



Ken Nielson will be hosting a couple of upcoming art classes. The first is on **Friday, November 18 at 11am.**



**Get Your Own OUUF Jacket!**

Stay warm, look suave, and perhaps start up a conversation about OUUF.

**Cost: \$10**

*Optional:* Additional contribution of your choice up to the actual cost of \$80 (as you are able).

To order your jacket, just send your size to [philzenner2002@yahoo.com](mailto:philzenner2002@yahoo.com)

[Click here for more information including size notes with pictures.](#)

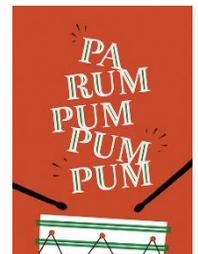


Sample holiday brooch



...Anyone?

Holiday Brooches  
**Friday, December 2**  
Adults: 11:30am  
Children: 3:30pm



Come and make a holiday felt brooch, a wearable piece of art, to signal the festive season. This will be a shortened art class, a "make and take" craft project. Children only from 3:30-4:30pm (close supervision provided with glue guns). Given by Edie Davis.

**\*The class is open to all ages and, as always, there is no charge.**

## Member & Friends Bulletin Board

### OUFF Trade Referrals

A list of contractor and handyperson referrals (for hire only – not volunteer). Click [here](#).

### Re-homing Market Place

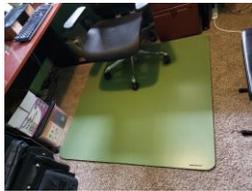
Submitted by Dianne Whitaker

*Do you have items in your home that are taking up space and gathering dust, because you no longer use them?*



Re-homing means you find another home for them with someone who can use them. I recently re-homed a freezer, a paella pan, and a fire pit, among other items. What do you have to rehome? Send your name, the name of the item, and your contact information to me at [diannewhit@aol.com](mailto:diannewhit@aol.com), and I will submit the items to the Weekly each Monday.

One beige recliner in good condition.  
Call Tommie Schwent at (360) 460-9448



### Eco Chair Mats

Looking for an alternative to that plastic office chair mat you're using? You know, the one that only lasts a year or so if you're lucky and that has to then go into the landfill?

Be an eco-angel: consider making your own **Ecochairmat** or have Brian Berardo make one for you. See [ecochairmat.com](http://ecochairmat.com)

### Strawberry Plants!

By Susan Harris

We have strawberry plants to give away. Just call me at (509-671-2147) or Dave (408-710-8041) to arrange a mutually convenient time to dig them out. We have shovels here but few boxes, so containers are necessary for transport. They're happy here but grew beyond my capacity to handle the amazing volume.



### Quote

Submitted by George Will

Here is a words-to-live-by quote that fits in with UU values:

*"In the midst of Winter,  
I discovered that there is in me  
an invincible Summer."*

-Albert Camus  
French philosopher



# Event Calendar

November 13-20, 2022

OOUF is following Clallam County guidelines regarding the ongoing COVID-19 pandemic.  
We recommend full vaccination for attending in-person services.

DATE	TIME	TITLE	LOCATION	ATTENDANCE	CONTACT
<b>Sunday</b> 11/13	11am-12pm	Sunday Service	Fellowship Sanctuary	In-person and on Zoom	Contact: <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a> or (360) 417-2665
<b>Monday</b> 11/14	9am-12:15pm	Exercise Classes	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	1pm	Pool & Darts	Oasis Bar & Grill	In-person	Contact: Cynthia Green at <a href="mailto:cynthiagreen@outlook.com">cynthiagreen@outlook.com</a>
<b>Tuesday</b> 11/15	10am-11:30pm	Clallam County Threshold Choir (CCTC)	Fellowship Sanctuary	In-person	Contact: Penny Burdick at <a href="mailto:mandalaht@gmail.com">mandalaht@gmail.com</a>
	1pm-3pm	Reading for the Fun of It!	Member Home	In-person	Contact: Kitty Hawks at 206-755-2832 or <a href="mailto:alettehawks@yahoo.com">alettehawks@yahoo.com</a>
<b>Wednesday</b> 11/16	9am-12:15pm	Exercise Classes	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	12:30pm-2:30pm	Master Gardener's Monthly Meeting	Fellowship Sanctuary	CLOSED	
	6pm-7pm	OOUF Women's Meeting	Member Home	Zoom	Contact: Jean Stratton <a href="mailto:jeanmstratton@gmail.com">jeanmstratton@gmail.com</a>
	7pm-9pm	The Evening Men's Group	Member Home	Zoom	Contact: George Stratton (360) 808-4477
<b>Thursday</b> 11/17	<i>*Currently no events</i>				
<b>Friday</b> 11/18	11:30am-1:30pm	Art Session	Fellowship Sanctuary	In-person	Contact: Rose Prestipino <a href="mailto:roseprestipino@gmail.com">roseprestipino@gmail.com</a>
	3pm-4pm	Piano tuning	Fellowship Sanctuary	CLOSED	
	6pm-7:30pm	NA Meeting	Fellowship Sanctuary	CLOSED	
<b>Saturday</b> 11/19	<i>*Currently no events</i>				