

OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP (OUUF)

WEEKLY NEWSLETTER | DECEMBER 25 2022-JANUARY 1, 2023



7 Principles of Unitarian Universalism

Affirm & Promote:

The inherent worth and
dignity of every person;

Justice, equity and
compassion in human
relations;

Acceptance of one
another and
encouragement to
spiritual growth in our
congregations;

A free and responsible
search for truth and
meaning;

The right of conscience
and the use of the
democratic process
within our congregations
and in society at large;

The goal of world
community with peace,
liberty, and justice for all;

Respect for the
interdependent web of all
existence of which we are
a part.

[Board Bios](#)

[Board Minutes and Notes](#)

[Staff Bios](#)

[Committees](#)

Fellowship Hall Location:

1033 N. Barr Road
Port Angeles, WA 98362

Mailing address:

P O Box 576, Carlsborg, WA 98324

Contact Information:

(360) 417-2665

admin@olympicuuf.com

Upcoming Sunday Service

DECEMBER 25, 2022

11AM

ATTEND IN-PERSON OR ON ZOOM*

GUEST SPEAKER: VIA ZOOM

JOSEPH BEDNARIK

SERMON:

The Gift



SERMON DESCRIPTION:

This Christmas Sunday we reflect on the power of "The Gift," as well as the fine arts of giving and receiving.

GUEST SPEAKER BIO:

Joseph Bednarik serves as the Co-Publisher of Copper Canyon Press, a nonprofit literary publisher dedicated to poetry. He studied philosophy at Haverford College and speaks regularly at Unitarian Universalist congregations in the Puget Sound region.



Also this week:

OUUF Christmas Eve Service

12/24 at 6pm

More information below!



**We invite you to join us at the Fellowship Hall for our hybrid service (in-person and online via Zoom). If you are unable to attend in person, please join us via Zoom. For the link, please contact John Huffstetler at admin@olympicuuf.com or call (360) 417-2665.*

Come Whoever You Are

UUA Worship Web

By [Marilyn Falkowski](#)

We welcome you. We know you come here for different reasons—to find community, to seek your spiritual and personal truths, to question, to nurture your heart and soul, to be nurtured, to explore new ideas, to find comfort, and perhaps to find the answers to some of your bigger questions.



We welcome you. We know you come from different places, different religions, different beliefs and different backgrounds. We hope you will find comfort, connection, challenge, and love here. We hope you will find ways to provide outreach to others in our [congregation], in our local community, and in our world community.

Announcements, Events, Committee News, and Things of Interest

Potluck Sunday

By Edie Davis



Our December Potluck will be on Christmas Day, Sunday **December 25th** immediately following the service. A sign up sheet can be found in the fellowship hall foyer.

Please email Edie Davis at violaswamp8@gmail.com with any questions.



Olympic Unitarian Universalist Fellowship Care Team

The Fellowship's Care Team supports members and friends during times of need.

If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert (Covert@Olympus.net or text 360-461-9991) or Cynthia Green (cynthiagreen@outlook.com or text: 360-460-6596). Email or text preferred.

Please click below for more information, including updates on:

- ❖ Joyce Estep
- ❖ Dani Casey
- ❖ Azella

[12/19/22 Care Team Update](#)

Christmas Eve Service

You are invited to attend a Christmas Eve Service on **Friday, 12/24 at 6pm**. We will be live at the Fellowship Hall and on Zoom for you home viewers. If you are watching on Zoom, bring your own candle for the candle lighting. We will have music, inspirational readings, and the traditional Bible passages for this sacred event. Bob Nuffer will be service leader and speaker, supported by our wonderful OUUF staff and volunteers.



The 12/24 Zoom invite and Order of Service will be sent this week in a separate email.

Previous Sunday Service



12/18/22

Attendance info

On Zoom:	28
In-person:	34
Children:	9
TOTAL:	71

Sermon:

Rev. Dr. Lynn Ungar
By A Different Light

**When available a copy of the sermon is attached to the Weekly Newsletter email and the website.*

Weekly Newsletter



Entries for the following week are due **NO LATER THAN 5pm Monday**

We reserve the right to edit your submission for clarity and brevity (including altering its content, length, and grammar). Lengthy posts may appear as a link to the OUUF website.

Email all entries to admin@olympicuuf.com
Please indicate "Newsletter" in the subject line.

Green Sanctuary 2030: Action Plans

By Emily Beals

Last week our congregation launched our multi-faceted climate change Action Plan endeavour with enthusiasm and purpose. Action Plan Teams are meeting on a regular or as needed basis and moving our work forward.



Forums are rescheduled to be held the 1st Sunday of the month and will begin in February. We welcome your participation and urge you to consider joining one of our Action Teams at a level that is right for you if you have not yet done so.

This challenge needs all of us using the power of "we" to get the job done.



[Here](#) are the persons to contact for information and AP sign-up.



And [here](#) is the full Action Plan document.

Announcements, Events, Committee News, and Things of Interest (cont'd)

Luminescence

By Dianne Whitaker

January 1st, 2023 is a Sunday and less than a month away. We will be having our traditional Luminescence Service that Sunday.

If you would like to take part by reading a brief description for each of our 5 candles (The Source, Recognition of Diversity, Reflection, Refocus and Renewal) please contact me at diannewhit@aol.com.

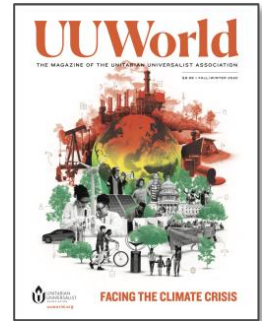
The first five who contact me will be given scripts. Others will be backup in case someone celebrates too hardily on New Year's Eve.



UU World

By John Huffstetler

Want to explore UU World, the official magazine of Unitarian Universalism, online?



Click [here!](#)

Note: UU World is released bi-annually (March and September).

GS 2030: Transportation

By George Will

I am inviting OUUF members and friends to join me in exploring the topic of Transportation in light of consequences from continuing to burn fossil fuels. This is a broad topic and a most interesting one.



Please contact **George Will** at georgeandjolie@yahoo.com or call 360-683-4037.

Adopt-A-Highway: 101 Cleanup

By Peggy Toppenberg

Start the New Year with service to our community!

Join the GRRRR gang (Great River Road Rubbage Rangers) to clean our section of Highway 101 at River Road.

WHEN: Sat., Jan. 7

TIME: 9:30-11:00am

WHERE: Junction of River Road and Hwy. 101

Park and meet on the northeast side of River Rd and Highway 101. Bring safety vests and grabbers if you have them, but we will also have them available.

Contact Peggy Toppenberg (360-582-6427) or John Toppenberg (360-775-9387).



Eat Local First

By Harmony Rutter

EAT LOCAL FIRST

Would you like to reduce your carbon footprint and support local food producers in Clallam County? Please check out the Washington Farm and Food Finder tool on the Eat Local First website. The Eat Local First Collaborative, is made up of regional partner organizations from around the state that are working together to merge different online farm finder tools into one single easy-to-use platform. The Eat Local First Washington Collaborative includes Pierce County Fresh, Seattle Good Business Network, Sustainable Connections, The Local Food Trust, Tilth Alliance, Washington State University Food Systems Program, and Washington State University Regional Small Farms Program serving Clallam, Jefferson, and Kitsap.

<https://eatlocalfirst.org/>

For more info please visit WSU Clallam County Extension online at:

<http://clallam.wsu.edu>

Announcements, Events, Committee News, and Things of Interest (cont'd)



...Anyone?

By Rose Prestipino

Our art group will be meeting again on **January 6th at 11:30am** as usual. Jolie Will plans to take us through the fascinating process of making art cards. She will be sharing details of this class in the newsletter later in December. There is much enthusiasm for our group endeavors.

We are going to **once a month classes** due to our busy schedules. Class convenes on the **first Friday** of the month.

***We want to emphasize again that all are welcome, including young people. There is never a charge.**



Green Sanctuary Action Plan 3 (Make Healthy Food Choices)

By Jolie Will

When you hear the words "healthy food choices," what comes to your mind? For us, this has changed over time. From attending the lectures of Dr. Leslie Van Romer in Sequim, to exploring Indian culture through learning to cook their food, to working on Nash's Organic Farm, George and I have been on a journey that has changed our understanding of food—from its production to its distribution to its consumption.

To make good choices:

- 1) Buy less
- 2) Buy local and in season
- 3) Reduce meat consumption
- 4) Shop "green" brands
- 5) Choose biodegradable packaging
- 6) Bring your own shopping bags

Figuring out which goods to buy, grow, and eat is not a single destination. It's a journey and lasts a lifetime. How COOL it is that our fellowship is embarking on the Green Sanctuary process, and that thoughtfully engaging in healthy food choices is one of our areas of focus and learning!

Please contact Jolie Will
(jolieandgeorge@yahoo.com)
if you want to be involved
or have ideas!

Read Jolie's full message [here](#).

Here are a couple of links for more information:

- [Nutrition for Optimal Health](#)
- [The Nutrition Source at the Harvard T.H. Chan School of Public Health](#)

Lunch, Pool, & Darts

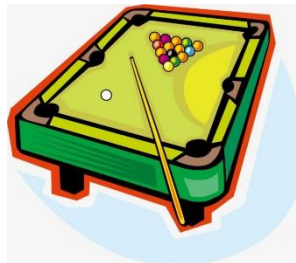
By Cynthia Green

The outdoor bocci ball & shuffleboard games are stopped and will resume next spring. To replace them, we will have Monday afternoon pool and darts following lunch at the Oasis family bar and grill. Meet for lunch followed by playing pool and darts (about an hour and a half).

DAY: Mondays

TIME: 1pm

PLACE: 301 E. Washington Street, Sequim
(in the shopping area just east of Pioneer Park)



For more information contact:

Cynthia Green

cynthiagreen@aol.com

Green Sanctuary Action Plans 5 & 8 (Forestry and Native Plants)

By Brian Berardo

The window is **OPEN** for ordering your native trees and plants from the Clallam County Conservation District. **NOWHERE** will you find better deals on purchasing these wonderful trees and plants. Plants must be pre-ordered by January 23, 2023. All plants are sold on a first-come, first-served basis. See [here](#) for details.



NOTE: Please advise George Will (Native Plants (georgeandjolie@yahoo.com)) or Brian Berardo (Forestry (brian.berardo@gmail.com)) of any purchases you make, so the OOUF can receive credit for ACTING on these plans to help grow our GS accreditation.

Member & Friends Bulletin Board

OUFF Trade Referrals

A list of contractor and handyperson referrals (for hire only – not volunteer). Click [here](#).

Re-homing Market Place

Submitted by Dianne Whitaker

Re-homing means you find another home for them with someone who can use them. I recently re-homed a freezer, a paella pan, and a fire pit, among other items. What do you have to rehome? Send your name, the name of the item, and your contact information to me at diannewhit@aol.com, and I will submit the items to the Weekly each Monday.

*Do you have items
in your home that
are taking up space
and gathering dust,
because you no longer
use them?*



Brown, sturdy, comfy chair with spacious seat, arm rests at height to easily get out of chair – looking for new home. Contact Barbara Wieseman's daughter Katherine, (360) 775-6373.



To good home: rug, as pictured. Approximate size is 7 ½ X 11 '. In very good condition. If interested, call Vicki Sensiba at 571-224-8525 or via email at sensibag@hotmail.com



Vizio (NOT SMART) 42 inch TV with the original booklet and instructions. Comes with ROKU Premiere 4K & HDR streaming unit. The TV is 14 years old and 100% functional. The Roku unit was purchased in 2020. Please call Michael Bucierka (360) 683-4315.

Birthday Party!

By Julia Buggy



I would like to invite everyone at OUUF to my 40th birthday celebration this year!

Date: Monday, Dec 26th

Time: 5-8 pm

Location: Sequim Prairie Grange,
290 Macleay Rd Sequim



View my invitation [here](#).

Families and Friends

Welcome

(Kids Activity/Play Room Available)



Heart of Gold Theme

(you are encouraged but not required to wear something gold, glittery, and/or sparkly)



RSVP to Julia @ 360-809-0717 with the number in your party & cake preference (gluten-free, sinful, vegan, keto/ low carb)

Please **bring your own plate, silverware, and cup** and optional art supplies for prayer flag decoration (fabric will be provided.)

Rides for Sunday Potluck

Two of our member are looking for rides for the Christmas potluck this Sunday, 12/25:

- Azella | From Crestwood Rehabilitation Center in Port Angeles | Please call 425-480-2293
- Lou Inlay | Please call 360-477-3939

Looking

I've been at Crestwood Health and Rehabilitation Center in Port Angeles for several months. I now want a place to stay in Sequim, either a one bedroom or rent a room.

Azella (425) 480-2293

Found in Fellowship Sanctuary

Jacket with "Avalanche Rescue Squad" logo. If not claimed by December 31st it will be donated to the warming center.

Contact Elinor Tennyson
(605-920-9821 or elinor1020@yahoo.com)



Words to Live By

By George Will

Here are some words to live by that will resonate with many of our brothers and sisters in the Fellowship:

"As long as you live, keep learning how to live."
Seneca, Stoic philosopher
(4 BCE-65 CE)



Event Calendar

December 25, 2022-January 1, 2023

OUUF is following Clallam County guidelines regarding the ongoing COVID-19 pandemic. We recommend full vaccination for attending in-person services.					
DATE	TIME	TITLE	LOCATION	ATTENDANCE	CONTACT
Sunday 12/25	11am-12pm	Sunday Service	Fellowship Sanctuary	In-person and on Zoom	Contact: admin@olympicuuf.com or (360) 417-2665
	12-2pm	Christmas Day Potluck	Fellowship Sanctuary	In-person	
Monday 12/26	9am-12:15pm	Exercise Classes CANCELLED until 1/9	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	1pm	Lunch, Pool, & Darts	Oasis Bar & Grill	In-person	Contact: Cynthia Green at cynthiagreen@outlook.com
Tuesday 12/27	6-7pm	OUUF Women's Meeting	Member Home	Zoom	Contact: Jean Stratton jeanmstratton@gmail.com
Wednesday 12/28	9am-12:15pm	Exercise Classes CANCELLED until 1/9	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	1:30-8:30pm	Red Ribbon Dinner	Fellowship Sanctuary	CLOSED	
	7-9pm	The Evening Men's Group	Member Home	Zoom	Contact: George Stratton (360) 808-4477
Thursday 12/29	<i>*Currently no events</i>				
Friday 12/30	6-7:30pm	NA Meeting	Fellowship Sanctuary	CLOSED	
Saturday 12/31	<i>*Currently no events</i>				