

# OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP (OUUF)

WEEKLY NEWSLETTER | JANUARY 1-8, 2023



## 7 Principles of Unitarian Universalism

### Affirm & Promote:

The inherent worth and  
dignity of every person;

Justice, equity and  
compassion in human  
relations;

Acceptance of one  
another and  
encouragement to  
spiritual growth in our  
congregations;

A free and responsible  
search for truth and  
meaning;

The right of conscience  
and the use of the  
democratic process  
within our congregations  
and in society at large;

The goal of world  
community with peace,  
liberty, and justice for all;

Respect for the  
interdependent web of all  
existence of which we are  
a part.

[Board Bios](#)

[Board Minutes and Notes](#)

[Staff Bios](#)

[Committees](#)

## Upcoming Sunday Service

JANUARY 1, 2023

11AM

ATTEND IN-PERSON OR ON ZOOM\*

SERVICE LEADER: IN-PERSON

**DIANNE WHITAKER**

SERVICE:

**Luminescence**



### SERVICE DESCRIPTION:

It has become our tradition to hold a Luminescence service on the first Sunday in January. The flaming chalice reminds us of the values, principles, and ideals that make Unitarian Universalism our home. This Sunday, the flame will also symbolically kindle the five candles of Luminescence, each representing an affirmation of our faith. At the end of the service, the flame from this chalice will be symbolically shared among every person at the sanctuary, reminding us to rejoice. If you are on Zoom, you are invited to have a candle or chalice to light with us at the end of the service.

*\*We invite you to join us at the Fellowship Hall for our hybrid service (in-person and online via Zoom). If you are unable to attend in person, please join us via Zoom. For the link, please contact John Huffstetler at [admin@olympicuuf.com](mailto:admin@olympicuuf.com) or call (360) 417-2665.*

### **Come Whoever You Are**

UUA Worship Web

By [Marilyn Falkowski](#)

We welcome you. We know you come here for different reasons—to find community, to seek your spiritual and personal truths, to question, to nurture your heart and soul, to be nurtured, to explore new ideas, to find comfort, and perhaps to find the answers to some of your bigger questions.



We welcome you. We know you come from different places, different religions, different beliefs and different backgrounds. We hope you will find comfort, connection, challenge, and love here. We hope you will find ways to provide outreach to others in our [congregation], in our local community, and in our world community.

### Fellowship Hall Location:

1033 N. Barr Road  
Port Angeles, WA 98362

### Mailing address:

P O Box 576, Carlsborg, WA 98324

### Contact Information:

(360) 417-2665

[admin@olympicuuf.com](mailto:admin@olympicuuf.com)

# Announcements, Events, Committee News, and Things of Interest

## Potluck Sunday

By Edie Davis

Due to weather our December potluck was postponed and will now be this Sunday, **January 1**, immediately following the service. A sign up sheet can be found in the fellowship hall foyer. Whether you have something to bring or not, please join us!



Email Edie Davis at [violaswamp8@gmail.com](mailto:violaswamp8@gmail.com) with any questions.



## Olympic Unitarian Universalist Fellowship Care Team

The Fellowship's Care Team supports members and friends during times of need.

If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert (Covert@Olympus.net or text 360-461-9991) or Cynthia Green (cynthiagreen@outlook.com or text: 360-460-6596). Email or text preferred.

Please click below for more information, including updates on:

- ❖ Joyce Estep
- ❖ Dani Casey
- ❖ Azella

[12/26/22 Care Team Update](#)

## Adopt-A-Highway: 101 Cleanup

By Peggy Toppenberg

*Start the New Year with service to our community!*

Join the GRRRR gang (Great River Road Rubbage Rangers) to clean our section of Highway 101 at River Road.

**WHEN:** Sat., Jan. 7

**TIME:** 9:30-11:00am

**WHERE:** Junction of River Road and Hwy. 101



Park and meet on the northeast side of River Rd and Highway 101. Bring safety vests and grabbers if you have them, but we will also have them available. Contact Peggy Toppenberg (360-582-6427) or John Toppenberg (360-775-9387).

## Previous Sunday Service



**12/25/22**

Attendance info

On Zoom:	<b>24</b>
In-person:	<b>3</b>
Children:	<b>3</b>
<b>TOTAL:</b>	<b>30</b>

**Sermon:**

**Joseph Bednarik**

**The Gift**

*\*When available a copy of the sermon is attached to the Weekly Newsletter email and the website.*

## Weekly Newsletter



Entries for the following week are due **NO LATER THAN 5pm Monday**

We reserve the right to edit your submission for clarity and brevity (including altering its content, length, and grammar). Lengthy posts may appear as a link to the OUUF website.

Email all entries to [admin@olympicuuf.com](mailto:admin@olympicuuf.com)  
Please indicate "Newsletter" in the subject line.

## Green Sanctuary 2030: Action Plans

By Emily Beals

Last week our congregation launched our multi-faceted climate change Action Plan endeavour with enthusiasm and purpose. Action Plan Teams are meeting on a regular or as needed basis and moving our work forward.



Forums are rescheduled to be held the 1st Sunday of the month and will begin in February. We welcome your participation and urge you to consider joining one of our Action Teams at a level that is right for you if you have not yet done so.

**This challenge needs all of us using the power of "we" to get the job done.**



[Here](#) are the persons to contact for information and AP sign-up.



And [here](#) is the full Action Plan document.

## Announcements, Events, Committee News, and Things of Interest (cont'd)



### ...Anyone?

By Rose Prestipino

Our art group will be meeting again on **January 6th at 11:30am** as usual. Jolie Will plans to take us through the fascinating process of making art cards. There is much enthusiasm for our group endeavors.

We are going to **once a month classes** due to our busy schedules. Class convenes on the **first Friday** of the month.

**\*We want to emphasize that all are welcome, including young people. There is never a charge.**



### Green Sanctuary Action Plan 3 (Make Healthy Food Choices)

By Jolie Will

When you hear the words "healthy food choices," what comes to your mind? For us, this has changed over time. From attending the lectures of Dr. Leslie Van Romer in Sequim, to exploring Indian culture through learning to cook their food, to working on Nash's Organic Farm, George and I have been on a journey that has changed our understanding of food—from its production to its distribution to its consumption.

To make good choices:

- 1) Buy less
- 2) Buy local and in season
- 3) Reduce meat consumption
- 4) Shop "green" brands
- 5) Choose biodegradable packaging
- 6) Bring your own shopping bags

Figuring out which goods to buy, grow, and eat is not a single destination. It's a journey and lasts a lifetime. How COOL it is that our fellowship is embarking on the Green Sanctuary process, and that thoughtfully engaging in healthy food choices is one of our areas of focus and learning!

Please contact Jolie Will ([jolieandgeorge@gmail.com](mailto:jolieandgeorge@gmail.com)) if you want to be involved or have ideas!

Read Jolie's full message [here](#).

Here are a couple of links for more information:

- [Nutrition for Optimal Health](#)
- [The Nutrition Source at the Harvard T.H. Chan School of Public Health](#)

### Lunch, Pool, & Darts

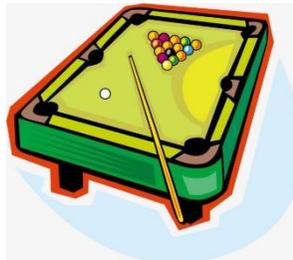
By Cynthia Green

The outdoor bocci ball & shuffleboard games are stopped and will resume next spring. To replace them, we will have Monday afternoon pool and darts following lunch at the Oasis family bar and grill. Meet for lunch followed by playing pool and darts (about an hour and a half).

**DAY:** Mondays

**TIME:** 1pm

**PLACE:** 301 E. Washington Street, Sequim (In the shopping area just west of Pioneer Park. Look for the "Moon Palace" restaurant sign. It is in that shopping center.)



For more information contact:

Cynthia Green | [cynthiagreen@aol.com](mailto:cynthiagreen@aol.com)

### Green Sanctuary Action Plans 5 & 8 (Forestry and Native Plants)

By Brian Berardo

The window is **OPEN** for ordering your native trees and plants from the Clallam County Conservation District. **NOWHERE** will you find better deals on purchasing these wonderful trees and plants. Plants must be pre-ordered by January 23, 2023. All plants are sold on a first-come, first-served basis. See [here](#) for details.



**NOTE:** Please advise George Will (Native Plants ([georgeandjolie@yahoo.com](mailto:georgeandjolie@yahoo.com))) or Brian Berardo (Forestry ([brian.berardo@gmail.com](mailto:brian.berardo@gmail.com))) of any purchases you make, so the OUUF can receive credit for ACTING on these plans to help grow our GS accreditation.

## Announcements, Events, Committee News, and Things of Interest (cont'd)

### Eat Local First

By Harmony Rutter



Would you like to reduce your carbon footprint and support local food producers in Clallam County? Please check out the Washington Farm and Food Finder tool on the Eat Local First website. The Eat Local First Collaborative, is made up of regional partner organizations from around the state that are working together to merge different online farm finder tools into one single easy-to-use platform. The Eat Local First Washington Collaborative includes Pierce County Fresh, Seattle Good Business Network, Sustainable Connections, The Local Food Trust, Tilth Alliance, Washington State University Food Systems Program, and Washington State University Regional Small Farms Program serving Clallam, Jefferson, and Kitsap.

<https://eatlocalfirst.org/>

For more info please visit WSU Clallam County Extension online at:

<http://clallam.wsu.edu>

## Member & Friends Bulletin Board

### OOUF Trade Referrals

A list of contractor and handyperson referrals (for hire only – not volunteer). Click [here](#).

### Re-homing Market Place

Submitted by Dianne Whitaker

Re-homing means you find another home for them with someone who can use them. I recently re-homed a freezer, a paella pan, and a fire pit, among other items. What do you have to rehome? Send your name, the name of the item, and your contact information to me at [dianne Whitaker@aol.com](mailto:dianne Whitaker@aol.com), and I will submit the items to the Weekly each Monday.

*Do you have items  
in your home that  
are taking up space  
and gathering dust,  
because you no longer  
use them?*



**Brown, sturdy, comfy chair with spacious seat, arm rests at height to easily get out of chair – looking for new home. Contact Barbara Wieseman's daughter Katherine, (360) 775-6373.**



To good home: rug, as pictured. Approximate size is 7 ½ X 11 '. In very good condition. If interested, call Vicki Sensiba at 571-224-8525 or via email at [sensibag@hotmail.com](mailto:sensibag@hotmail.com)



Vizio (NOT SMART) 42 inch TV with the original booklet and instructions. Comes with ROKU Premiere 4K & HDR streaming unit. The TV is 14 years old and 100% functional. The Roku unit was purchased in 2020. Please call Michael Bucierka (360) 683-4315.

### Rides for Sunday Potluck

Two of our member are looking for rides for the potluck this Sunday, 1/1:

- Azella | From Crestwood Rehabilitation Center in Port Angeles | Please call 425-480-2293
- Lou Inlay | Please call 360-477-3939

### Found in Fellowship Sanctuary

Jacket with "Avalanche Rescue Squad" logo. If not claimed by December 31<sup>st</sup> it will be donated to the warming center.

Contact Elinor Tennyson  
(605-920-9821 or [elinor1020@yahoo.com](mailto:elinor1020@yahoo.com))



### Words to Live By

By George Will

Here are some words to live by that will resonate with many of our brothers and sisters in the Fellowship:

"The mind is everything. What you think, you become."  
Buddha (563-483 BCE)

Or to put in the vernacular:  
"Where the mind goes the behind follows."



# Event Calendar

January 1-8, 2023

OUUF is following Clallam County guidelines regarding the ongoing COVID-19 pandemic.  
We recommend full vaccination for attending in-person services.

DATE	TIME	TITLE	LOCATION	ATTENDANCE	CONTACT
<b>Sunday</b> 1/1	11am-12pm	Sunday Service	Fellowship Sanctuary	In-person and on Zoom	Contact: <a href="mailto:admin@olympicuuf.com">admin@olympicuuf.com</a> or (360) 417-2665
	12-2pm	Potluck	Fellowship Sanctuary	In-person	
<b>Monday</b> 1/2	<del>9am-12:15pm</del>	<del>Exercise Classes</del> CANCELLED until 1/9	<del>Fellowship Sanctuary</del>	<del>In-person and on Zoom</del>	<del>Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181</del>
	1pm	Lunch, Pool, & Darts	Oasis Bar & Grill	In-person	Contact: Cynthia Green at <a href="mailto:cynthiagreen@outlook.com">cynthiagreen@outlook.com</a>
<b>Tuesday</b> 1/3	10am-11:30pm	Clallam County Threshold Choir (CCTC)	Fellowship Sanctuary	In-person	Contact: Penny Burdick at <a href="mailto:mandalaht@gmail.com">mandalaht@gmail.com</a>
	1-3pm	Reading for the Fun of It!	Member Home	In-person	Contact: Kitty Hawks at 206-755-2832 or <a href="mailto:alettehawks@yahoo.com">alettehawks@yahoo.com</a>
	6-7pm	OUUF Women's Meeting	Member Home	Zoom	Contact: Jean Stratton <a href="mailto:jeanmstratton@gmail.com">jeanmstratton@gmail.com</a>
<b>Wednesday</b> 1/4	<del>9am-12:15pm</del>	<del>Exercise Classes</del> CANCELLED until 1/9	<del>Fellowship Sanctuary</del>	<del>In-person and on Zoom</del>	<del>Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181</del>
	7-9pm	The Evening Men's Group	Member Home	Zoom	Contact: George Stratton (360) 808-4477
<b>Thursday</b> 1/5	<i>*Currently no events</i>				
<b>Friday</b> 1/6	11:30am-1:30pm	Art Session	Fellowship Sanctuary	In-person	Contact: Rose Prestipino <a href="mailto:roseprestipino@gmail.com">roseprestipino@gmail.com</a>
	6-7:30pm	NA Meeting	Fellowship Sanctuary	CLOSED	
<b>Saturday</b> 1/7	9am-2pm	North Olympic Shuttle and Spindle Guild	Fellowship Sanctuary	CLOSED	