

OLYMPIC UNITARIAN UNIVERSALIST FELLOWSHIP (OUUF)

WEEKLY NEWSLETTER | MAY 21-28, 2023



7 Principles of Unitarian Universalism

Affirm & Promote:

The inherent worth and
dignity of every person;

Justice, equity and
compassion in human
relations;

Acceptance of one
another and
encouragement to
spiritual growth in our
congregations;

A free and responsible
search for truth and
meaning;

The right of conscience
and the use of the
democratic process
within our congregations
and in society at large;

The goal of world
community with peace,
liberty, and justice for all;

Respect for the
interdependent web of all
existence of which we are
a part.

[Board Bios](#)

[Board Minutes and Notes](#)

[Staff Bios](#)

[Committees](#)

Fellowship Hall Location:

1033 N. Barr Road
Port Angeles, WA 98362

Mailing address:

P O Box 576, Carlsborg, WA 98324

Contact Information:

(360) 417-2665

admin@olympicuuf.com

Upcoming Sunday Service

MAY 21, 2023

11AM

ATTEND IN-PERSON OR ON ZOOM*

SPEAKER: in person

Rev. Dr. Lynn Ungar

SERMON:

The House at Pooh Corner



SERMON DESCRIPTION:

Unitarian Universalists have many sacred texts. One of my sacred texts would be A. A. Milne's stories of Winnie the Pooh and the other denizens of the Hundred Acre Woods. I can explain.

GUEST SPEAKER BIO:

Rev. Dr. Lynn Ungar is a poet, a freelance UU minister offering supply preaching, and a dog trainer. She lives in Vancouver, Washington with her three Australian Shepherds. Her work is included in the anthology *What We Share*. Lynn's website has links to her books of poetry. Her latest books are "Breathe" and "These Days."

**We invite you to join us at the Fellowship Hall for our hybrid service (in-person and online via Zoom). If you are unable to attend in person, please join us via Zoom. For the link, please contact John Huffstetler at admin@olympicuuf.com or call (360) 417-2665.*

"Friendship Sunday" on May 21st

By Phil Zenner

Sunday, May 21st is our very first official "Friendship Sunday," when we give friends a taste of what we love about OUUF! To make it especially easy to invite your friends to Friendship Sunday, you'll find **free colorful stamped envelopes** on the table in the foyer containing invitation cards and a slip of paper with brief sample invitation text.

Just rephrase this brief note in your own writing, address them to your friends, and drop them in the mailbox. Or call or tell your friends face-to-face! Whichever way, you'll be giving them the important gift of the same chance that you had to discover OUUF for themselves!



Announcements, Events, Committee News, and Things of Interest

Previous Sunday Service



5/14/23

Attendance info

On Zoom:	14
In-person:	26
Children:	4
TOTAL:	44

Sermon:

Terry Barrett

I Love You, Mom

**When available a copy of the sermon is attached to the Weekly Newsletter email and the website.*



Olympic Unitarian Universalist Fellowship Care Team

The Fellowship's Care Team supports members and friends during times of need.

If you or someone you know needs support, contact the Care Team Coordinator: Catharine Covert (Covert@Olympus.net or text 360-461-9991) or Cynthia Green (cynthiagreen@outlook.com or text: 360-460-6596). Email or text preferred.

Please click below for more information, including updates on:

- ❖ Joyce Estep
- ❖ Dani Casey
- ❖ Azella

Latest [Care Team Update](#)

Sunday Potluck

By Rose Prestipino

Just a reminder that our regularly scheduled third Sunday potluck is coming up on **May 21st**. This is a great time to become better acquainted with each other and to make newer people feel more at home. As before, please bring your own table service and take it home for washing. Paper plates will also be available if needed. This is making a great deal of difference in the clean-up detail.



We do need help in the kitchen though, before and afterward the meal. Taking home what remains of your food contribution makes it much easier to wrap things up. If you have not been part of the clean-up crew, would you be willing to join us this Sunday? Some of our regulars need a break.

See you Sunday!

VOLUNTEER



Want to contribute to OUUF by volunteering?

We are always in need of new volunteers. Click below to view all the possibilities and the people to contact to volunteer.

[OUUF Committees](#)

Weekly Newsletter



Entries for the following week are due **by 5pm Monday**

We reserve the right to edit your submission for clarity and brevity (including altering its content, length, and grammar). Lengthy posts may appear as a link to the OUUF website.

Email all entries to admin@olympicuuf.com

Please indicate "Newsletter" in the subject line.

Bocci Ball & Shuffleboard Returns

By Cynthia Green

As weather allows, we will begin meeting at 1pm on Mondays at Carrie Blake Park for bocci ball and shuffleboard and **will no longer be meeting at the Oasis** for lunch and pool unless it is bad weather.

DAY: Mondays

TIME: 1pm

PLACE: Carrie Blake Park



Check with Cynthia:

Cynthia Green | cynthiagreen@aol.com

Announcements, Events, Committee News, and Things of Interest (cont'd)

Adventurers

By Emily Beals



One part of the bountiful
Butchart Gardens

Adventurers Group has added a 4th Friday and **we're off to Butchart Gardens on May 26**. This is a day trip with the option to stay over for those wishing to do so. **Contact the Black Ball Ferry for a day trip ticket package**. Each person is responsible for securing their own ticket package. Round trip ferry/Butchart admission and round trip shuttle package from downtown Victoria to Butchart and back is \$108.50. Walk-ons must arrive Port Angeles by 7:50am. Return trip, walk-ons must board ferry in Victoria by 7pm. Arrives in Port Angeles at 9pm. A few of us will be spending the day sightseeing in Victoria, but most of us will be visiting the gardens.

Please let Emily (ejbn@aol.com | 360 504-3054) know if you're joining us.
It is the height of the spring garden extravaganza, and Butchart will be beautiful!

Group Healing Session with Himalayan Singing Bowls

By Penny Burdick

Thursday, May 25 from 6-7:30pm. No charge, but donations (shared with OUUF) are welcome.



7 bowls are used, each specific to a particular energy center (chakra) in your body. Penny will tone these in specific sequences to promote deep relaxation. sonic waves create vibrations that help bring the chakras back into alignment, balancing and enhancing your energy flow. Penny trained in Nepal with a 3rd generation Nepali sound healer in the art of Himalayan Singing Bowl energy healing.

Space is limited to 20 attendees, so please email mandalaht@gmail.com to reserve your spot! Dress comfortably, and if you plan to lie on the floor bring a mat or other padding as needed. Chairs available for those who prefer sitting.

Holistic Wellness Fair

By Julia Buggy

Save the date for the Holistic Wellness Fair, including free classes, wellness booths, and a dance party!

When: Saturday, May 20

Time: 9am-8pm

Where: Blue Mountain Yoga
(803 Carlsborg Rd, Sequim, WA 98382)

Contact Julia for a booth
(360) 809-0717 or
juliafbuggy@gmail.com

View the full flyer [here](#).

Know Your Neighbor



Want to share your spiritual story?

Email admin@olmypicuuf.com with the subject line "Know Your Neighbor."



...Anyone?

By Edie

Luminary Art/Craft Class:

Come join Jolie Will and I as we celebrate the approaching summer solstice and the glory of long sunny days. We'll make a vessel for a light or candle and take you through the process step-by-step. This will be a **2-class session**, one in **June** and then completing the project in **July**.

Session 1: Friday, June 2 at 11:30am

All ages and abilities always welcome!



Announcements, Events, Committee News, and Things of Interest (cont'd)

WEEKLY INSPIRATION



Fingernails as Faith Development

By Joanna Fontaine Crawford

We are the hands and feet of love. And sometimes its fingernails, too.

Green Sanctuary AP #5: Learn & Join WA Forest Conservation Efforts

By Emily Beals

Elwha Forest Watershed Timber Sale for TCB23 and Power Plant forests is moving forward and we need to stop it. We only have until the end of May. Emails matter; showing up in person matters even more. Let your County Commissioners hear from you.



Public comment can be directed to the Clerk of the Board at (360) 417-2256 or Loni.Gores@clallamcountywa.gov. Ask our county commissioners to align with the City of Port Angeles's request for the DNR to pause these auctions and seek alternative revenue sources now available to save these important forests.

Attend their meeting in person **every Tuesday in May at 10am.**
County Courthouse | 223 E 4th St. Room 160 (hallway to the left) | Port Angeles
Or you can Zoom online ([link](#)) | Meeting ID: 875 561 7844 | Passcode: 12345
Share why it's important to you! Go to elwhalegacyforests.org

Little Free Library

By Seri Mylchreest

The History of OUUF's Little Free Library

In 2014, my husband and I sold our house in Sequim and planned to buy another house in the area. The sale fell through, and we ended up renting. There was a Little Free Library in our new neighborhood, and I thought I would like to set up a LFL when we bought another house. We soon found a house, and it was located very close to OUUF. But it was the last house on a dead-end street, so it would not be possible to set up a LFL there. I asked the OUUF board if they would consider a LFL on the OUUF property, and they said yes. Don Hatler volunteered to make the LFL, and Penny Burdick painted and decorated it. Penny then registered our new LFL with the international Little Free Library organization, so our library can be found by anyone searching for one in this area. We were in business! Thanks to the OUUF members who have donated so many books over the years and to Penny who has acquired so many children's books for us. I noticed the use of the LFL increased a lot after the Little Free Pantry was created. Our neighbor, Victoria, joined our library team and has been a faithful stocker and caretaker of the LFL. Florence Bucierka has written grants for the Pantry and some grants have included money for us to buy children's books for the Library.

Looking for help with creating a Children's Little Free Library

When we got the pattern for the original LFL we didn't realize that it was not suitable for many of the tall and thin children's books. They don't fit vertically and get covered with other books if they are stored horizontally. **We are hoping that an OUUF member with woodworking skills will help us create an addition to the original LFL which will be devoted to children's books.**

Please call Seri at 360-775-6606 if you can help or have ideas for us.



Summer Food Program

By Greg Sensiba

OUUF once again has the opportunity to support **the Sequim Summer Food Program**. This program provides a healthy lunch for any child (up to the age of 18) who wants it and only takes ~2½ hours out of your day.

Last year, the Boys & Girls Club sent out requests for volunteers a little late, and we were unable to get enough volunteers to participate. Hence, this early request. Sequim schools summer vacation starts **June 23**, so lunches will probably be distributed starting soon after.

The Boys & Girls Club will let us know which weeks are available.

In the past, there have been four locations:

- Carrie Blake Park
- Elk Creek Apartments
- Seabreeze Apartments
- Mountain View Court Apartments

We're looking for at least two volunteers at each site each day. Anyone who would be able to assist should contact Greg Sensiba at sensibag@hotmail.com.

Article II: Proposed Changes to Our Purposes, Principles, & Sources at Unitarian Universalist Association General Assembly 2023

Article II Amendment Discussion Workshops Open to All

At General Assembly 2023, Unitarian Universalists will take an initial vote on proposed changes to Article II of the UUA Bylaws, which includes the current UUA purposes, principles, sources, and clauses on inclusion and freedom of belief.



The following Zoom workshops to discuss amendments to the [Article II Study Commission proposal \(PDF\)](#) are open to all Unitarian Universalists. Whether or not you submitted a suggestion or idea, we encourage you to join us for one or more of these workshops.

Amendment Discussion Workshop #1

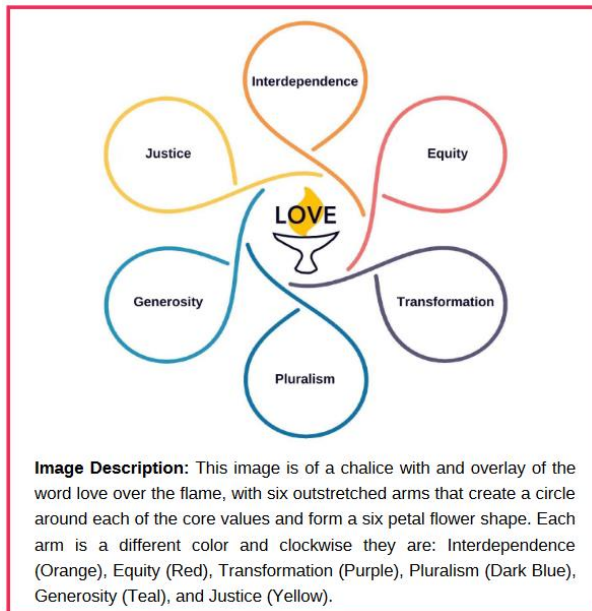
~~Thursday, May 11 4pm PT~~
[Register now for the May 11th workshop](#)

Amendment Discussion Workshop #2

Thursday, May 18 4pm PT
[Register now for the May 18th workshop](#)

Amendment Discussion Workshop #3

Sunday, May 21 1pm PT
[Register now for the May 21st workshop](#)



Want to learn what these (proposed) changes are all about?

A good place to start is to review Bruce's Sermon from March 12. Rev. Bruce A. Bode delivered a detailed and thorough examination of the proposed changes to Article II of the UUA bylaws.

Read Bruce's sermon [here](#).
Read a PDF of the slides [here](#).

Want more in depth info?

Read the Article II Study Report:



Dialogue with
Rev. Dr. Sofia
Betancourt

candidate for UUA President

Saturday May 20
Unitarian Society
of Santa Barbara, CA
1pm Pacific

attend in person or online

Find out more and register:
tinyurl.com/sofia-for-uua



OOUF Article II Discussion
Led by Rose Prestipino and
Dianne Whitaker

Date: Sunday, May 28
Time: 12pm (after service)
Location: Fellowship Hall

Join the discussion beyond OOUF

Read the [UUA forums](#) to see what UUs from all fellowships are saying about the proposed changes.



Member & Friends Bulletin Board

OUUF Trade Referrals

A list of contractor and handyperson referrals (for hire only – not volunteer). Click [here](#).

Re-homing Market Place

Submitted by Dianne Whitaker

Do you have items in your home that are taking up space and gathering dust, because you no longer use them?

Re-homing means you find another home for them with someone who can use them. I recently re-homed a freezer, a paella pan, and a fire pit, among other items. What do you have to rehome? Send your name, the name of the item, and your contact information to me at diannewhit@aol.com, and I will submit the items to the Weekly each Monday.

Seeking Vellum Paper

By Edie

Jolie Will and I will be teaching a luminary class beginning in June and spilling over into July and we are seeking vellum paper donations for our arts and crafts project. If anyone has any vellum paper they'd like to donate, they can contact either myself (violaswamp8@gmail.com) or Jolie (jolieandgeorge@gmail.com), and we'd be very grateful!



Flowers

By Ken Nielsen

For the rest of the growing season, we invite you all to bring flowers from our yards (or neighbors with permission). No need for scheduling or anything. It is a "the more the merrier" idea.



Words to Live By

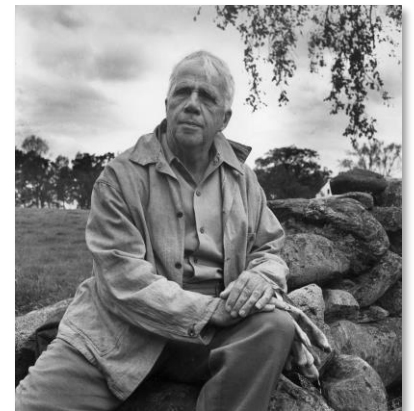
By George Will

Here are some words to live by:

"The best way out is always through."

-Robert Frost (1874-1963)
American poet

I am reminded that when we are beset with adversity, it is best to "feel" the pain and go through it. Maybe this practice led to the expression, "What doesn't kill me, will makes me stronger." However you might remember this truism: it is the **action** that counts.



Event Calendar

May 21-28, 2023

OOUF is following Clallam County guidelines regarding the ongoing COVID-19 pandemic.
We recommend full vaccination for attending in-person services.

DATE	TIME	TITLE	LOCATION	ATTENDANCE	CONTACT
Sunday 5/21	11am-12pm	Sunday Service	Fellowship Sanctuary	In-person and on Zoom	Contact: admin@olympicuuf.com or 360-417-2665
	12-1pm	Potluck	Fellowship Sanctuary	In-person	
	1:15-3pm	Board of Trustees Meeting	Fellowship Sanctuary	In-person and on Zoom	
Monday 5/22	9am-12:15pm	Dance Exercise and Tai Ji Quan Classes	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	1pm	Bocce Ball & Shuffleboard	Oasis Bar & Grill	In-person	Contact: Cynthia Green at cynthiagreen@outlook.com
Tuesday 5/23	6-7pm	OOUF Women's Meeting	Member Home	Zoom	Contact: Jean Stratton at jeanmstratton@gmail.com
	6-7:30pm	Clallam County Threshold Choir	Fellowship Sanctuary	In-person	Contact: Penny Burdick at mandalaht@gmail.com
Wednesday 5/24	9am-12:15pm	Dance Exercise and Tai Ji Quan Classes	Fellowship Sanctuary	In-person and on Zoom	Contact: Marsha Melnick at 360-808-3109 or Peggy Scheideler at 760-518-4181
	1:30-8:30pm	Red Ribbon Dinner	Fellowship Sanctuary	CLOSED	
	7-9pm	The Evening Men's Group	Member Home	Zoom	Contact: Brian Berardo at brian.berardo@gmail.com
Thursday 5/25	6-7:30pm	Himalayan Bowls group healing session	Fellowship Sanctuary	In-person (Limited to 20 people!)	Contact: Penny Burdick at mandalaht@gmail.com
Friday 5/26	6-7:30pm	NA Meeting	Fellowship Sanctuary	CLOSED	
Saturday 5/27	<i>*Currently no events</i>				